Disparities in Receiving Guideline-Concordant Treatment for Lung

2 Cancer in the United States

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4 Authors

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44	publication.
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Page 4 of 98

61	Abstract
62	
63	Rationale
64	The level of adherence to lung cancer treatment guidelines in the United States is unclear. Also,
65	it is unclear whether previously identified disparities by racial/ethnic group and by age persist
66	across all clinical subgroups.
67	
68	Objectives
69	To assess the level of adherence to the minimal lung cancer treatment recommended by the
70	National Comprehensive Cancer Network guidelines (guideline-concordant treatment) in the
71	United States, and to assess the persistence of disparities by racial/ethnic group and by age
72	across all clinical subgroups.
73	
74	Methods
75	We evaluated whether 441,812 lung cancer cases in the National Cancer Database diagnosed
76	between 2010-2014 received guideline-concordant treatment. Multivariable logistic regression
77	models were used to assess possible disparities in receiving guideline-concordant treatment by
78	racial/ethnic group and by age across all clinical subgroups, and whether these persist after
79	adjusting for patient, tumor, and health care provider characteristics.

80

81 Results

82	Overall, 62.1% of subjects received guideline-concordant treatment (range across clinical
83	subgroups: 50.4%-76.3%). However, 21.6% received no treatment (range: 10.3%-31.4%) and
84	16.3% received less intensive treatment than recommended (range: 6.4%-21.6%). Among the
85	most common less intensive treatments for all subgroups was conventionally fractionated
86	radiotherapy only (range: 2.5%-16.0%), as was chemotherapy only for non-metastatic
87	subgroups (range: 1.2% to 13.7%), and conventionally fractionated radiotherapy &
88	chemotherapy for localized non-small cell lung cancer (5.9%). Guideline-concordant treatment
89	was less likely with increasing age despite adjusting for relevant covariates (age ≥80 compared
90	to <50: adjusted odds ratio [aOR]=0.12, 95% confidence interval [95%CI]=0.12-0.13). This
91	disparity was present in all clinical subgroups. Also, non-Hispanic Blacks were less likely to
92	receive guideline-concordant treatment than non-Hispanic Whites (aOR=0.78, 95%CI=0.76-
93	0.80). This disparity was present in all clinical subgroups, although statistically non-significant
94	for extensive disease small cell lung cancer.
95	
96	Conclusions
97	Between 2010-2014, many lung cancer patients in the United States received no treatment or
98	less intensive treatment than recommended. Particularly, elderly lung cancer patients and non-
99	Hispanic Blacks are less likely to receive guideline-concordant treatment. Patterns of care
100	among those receiving less intensive treatment than recommended suggest room for improved
101	uptake of treatments such as Stereotactic Body Radiation Therapy among localized non-small
102	cell lung cancer.
103	

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Page 7 of 98

109	Introduction
110	An estimated 142,670 persons will die of lung cancer in the United States in 2019, making it the
111	leading cause of cancer-related deaths (1). Reflecting the large burden to society, lung cancer
112	treatment is an important topic of medical research. A recent bibliometric analysis identified a
113	total of 32,161 studies published on lung cancer between 2004-2013, of which 36% focused on
114	treatments (2). Clinical practice guidelines, which can be considered the basis for measures of
115	quality of care, compile the available evidence and expert consensus (3).
116	However, literature indicates that the minimal treatment recommended in these
117	guidelines (i.e., guideline-concordant treatment) may not be provided to all lung cancer
118	patients in the United States (4). Furthermore, there is evidence that specific subgroups are less
119	likely than others to receive guideline-concordant treatment. For example, the proportion of
120	cases that receive guideline-concordant treatment is lower for more advanced stages (4). Also,
121	disparities by racial/ethnic group have been described. For example, Black patients are less
122	likely to receive surgical treatment for localized non-small cell lung cancer (L-NSCLC; stages I-II)
123	than White patients (5-10). Additionally, elderly lung cancer patients are less likely to receive
124	guideline-concordant treatment, despite controlling for comorbidity (4, 9, 10). However,
125	comparability and generalizability of the available literature are limited because often only one
126	specific subset of clinical cases is examined (5, 11), relatively small sample sizes are used (8, 10),
127	different methodologies are applied (5, 7), or the data covers different timespans (5, 7). Thus, it
128	is unclear whether disparities in receiving guideline-concordant treatment by racial-ethnic
129	group and by age persist, and whether these are similar across clinical subgroups of lung cancer
130	in the United States.

Page 8 of 98

Therefore, the first aim of this study was to assess the level of adherence to predefined
stage-specific guideline-concordant treatment for each clinical subgroup of lung cancer patients
in a large US dataset. The second aim was to assess whether previously identified disparities in
receiving guideline-concordant treatment by racial/ethnic group and by age persist across all
clinical subgroups of lung cancer. Some of the results of this study have been previously
reported in the form of an abstract (12).

138 Methods

139

140 **Data**

141 We used the US National Cancer Database (NCDB) to extract a cohort of 441,812 patients 142 diagnosed with lung cancer between 2010-2014 (see Figure E1 in the Online Supplement). The 143 NCDB, established in 1989, is a nationwide, facility-based, comprehensive clinical surveillance 144 resource oncology data set that currently captures 70% of all newly diagnosed malignancies in 145 the United States annually, from more than 1,500 affiliated facilities. The NCDB records the first 146 course of treatment, defined as all methods of treatment recorded in the treatment plan and 147 administered to the patient before disease progression or recurrence. Analysis of individual-148 level NCDB data was performed on site at the University of Michigan Medical School. 149 To assess the generalizability of the NCDB data to the general US population, we 150 compared baseline characteristics to a cohort of lung cancer patients from the population-151 based Surveillance, Epidemiology, and End Results (SEER) dataset (13). A detailed version of the 152 methods, including the rationale for case selection, data cleaning, and the analysis of the SEER

153	dataset is available online (see Supplementary Methods and Tables E1 and E2 in the Online
154	Supplement). This study was deemed exempt by the Institutional Review Board of the
155	University of Michigan.
156	
157	Definition of Guideline-Concordant Treatment
158	Two main lung cancer types can be distinguished: non-small cell lung cancer (NSCLC) and small
159	cell lung cancer (SCLC), with the majority presenting as NSCLC. Since SCLC is clinically more
160	aggressive than NSCLC, clinical guidelines provide specific treatment recommendations for
161	clinical subgroups of lung cancer type and stage at diagnosis. For each of these clinical
162	subgroups, we assessed whether guideline-concordant treatment was received, defined as the
163	minimal first course treatment these patients should receive according to the National
164	Comprehensive Cancer Network guidelines (14, 15).
165	While surgery is still recommended as the primary minimal treatment for L-NSCLC
166	(stages I-II), Stereotactic Body Radiation Therapy (SBRT) is now recommended as an alternative
167	treatment to surgery for L-NSCLC patients (14). SBRT delivers high-dose radiation to a specific
168	target in only a few fractions and provides local tumor control rates of up to 90% with
169	moderate toxicity (16, 17). Therefore, both surgery and SBRT were considered guideline-
170	concordant treatment for L-NSCLC. The minimal recommended treatment for locally advanced
171	NSCLC (LA-NSCLC; stage III) and limited disease SCLC (LD-SCLC; stages I-III) depends on
172	operability (14, 15). If operable, the minimal recommendation is surgery combined with
173	chemotherapy. However, the majority of LA-NSCLC and LD-SCLC patients are inoperable, in
174	which case the minimal recommendation is a combination of radiotherapy and chemotherapy.

Page 10 of 98

175	Therefore, both treatment combinations were considered guideline-concordant for LA-NSCLC
176	and LD-SCLC. For advanced NSCLC (A-NSCLC; stage IV) and extensive disease SCLC (ED-SCLC;
177	stage IV), the minimally recommended treatment is chemotherapy (14, 15). As we assessed the
178	minimal recommended treatment for each clinical subgroup, additional treatments were
179	allowed beside guideline-concordant treatment (e.g. radiotherapy for bone metastases beside
180	chemotherapy in A-NSCLC). A summary of the treatment combinations that were considered
181	guideline-concordant for each clinical subgroup can be found in Table E3 in the Online
182	Supplement.
183	Since the most frequently used SBRT schemes in the United States comprise a total dose
184	of 45 Gray or more over 1-5 fractions (18-20) and the US billing code for SBRT includes a
185	maximum of 5 fractions (14), SBRT was defined as thoracic radiotherapy with a total radiation
186	dose of 45 Gray or more delivered in 5 fractions or less. There were no restrictions on radiation
187	dose or fractionation for stages other than L-NSCLC. Chemotherapy included the use of
188	targeted therapies. We were not able to separately assess the use of immunotherapy agents in
189	these data because their use was not recommended in the evaluated time-period (see
190	Supplementary Methods in the Online Supplement).
191	
192	Statistical Analysis
193	For each clinical subgroup, we assessed the proportion of cases that received guideline-
194	concordant treatment, less intensive treatment than recommended (defined as treatment that
195	was not guideline-concordant), and no treatment. We used clinical stage at diagnosis for
196	creating clinical subgroups because pathological stage can only be known after the outcome of

interest (initial treatment) has occurred. For the groups of patients who received guidelineconcordant treatment and less intensive treatment than recommended, we separately
assessed which mutually exclusive combinations of surgery, SBRT, conventionally fractionated
radiotherapy (CRT; defined as all radiotherapy other than SBRT), chemotherapy (including
targeted therapy) and other treatment (including immunotherapy and experimental
treatments) were received.

203 To identify whether previously identified disparities in receiving guideline-concordant 204 treatment by racial/ethnic group and by age persist, we fitted a multivariable logistic regression 205 model with receipt of guideline-concordant treatment as binary outcome and racial/ethnic 206 group and age as independent variables. We further adjusted this model for several covariates 207 that could be associated with racial/ethnic group and age, and also affect receiving guideline-208 concordant treatment. Based on previous literature, we included sex (9), health insurance 209 status (21), Charlson comorbidity score (22), facility type (11), and stage at diagnosis (4). We 210 further included histology because squamous cell carcinomas are often located centrally (23), 211 potentially making them more difficult to surgically resect. Finally, we included hospital volume 212 because it is a well-established indicator of quality of care (24). The derivation and composition 213 of these variables is detailed in the Supplementary Methods in the Online Supplement. 214 To identify whether disparities by racial/ethnic group and by age extend across all 215 clinical subgroups, we also fitted a separate model for each clinical subgroup. For clinical 216 subgroups with multiple guideline-concordant treatment combinations, we fitted a separate

model for each treatment combination. For example, two separate models were fitted for L-

- 218 NSCLC; one with SBRT as binary outcome and one with surgery as binary outcome. These
- 219 models were adjusted for the same covariates as the overall model.
- All analyses were performed using R software version 3.4.1 (25). The base-R glm()
- 221 function was used to fit the logistic regression models. We used multiple imputation to address
- missing data, using three imputations (26). Multicollinearity was assessed by calculating
- 223 generalized variance inflation factors (27).
- 224
- 225 <u>Results</u>
- 226

227 Patient Characteristics

228 Baseline characteristics of the 441,812 included patients are shown in Table 1. When comparing

these with lung cancer cases in the population-based SEER registry, we found only very small

- 230 differences in sex, age, racial/ethnic group, health insurance status, histology, and stage at
- diagnosis (see Table E4 in the Online Supplement).
- 232

233 Adherence to Guideline-Concordant Treatment

234 The proportion of cases that received guideline-concordant treatment within each clinical

subgroup was stable between 2010-2014 (see Figure E2 in the Online Supplement). As shown

- Table 2, 62.1% of all cases diagnosed between 2010-2014 received guideline-concordant
- treatment (range: 50.4% in A-NSCLC to 76.3% in L-NSCLC). However, 16.3% received less
- intensive treatment than recommended (range: 6.4% in ED-SCLC to 21.6% in LA-NSCLC), and
- 239 21.6% received no treatment (range: 10.3% in L-NSCLC to 31.4% in A-NSCLC).

240	
241	Patterns of Care among Patients that Received Guideline-Concordant Treatment
242	Among L-NSCLC cases that received guideline-concordant treatment, surgery only was received
243	most frequently (49.1%), followed by <i>surgery & chemotherapy</i> (11.4%), and SBRT only (10.0%)
244	(Table 3). In every other clinical subgroup, CRT & chemotherapy was most common (range:
245	25.9% in A-NSCLC to 63.5% in LD-SCLC). Among LA-NSCLC and LD-SCLC, surgery & CRT &
246	chemotherapy was also used (7.4% and 2.6%, respectively), as was surgery & chemotherapy
247	(4.4% and 2.4%, respectively). Among A-NSCLC and ED-SCLC, chemotherapy only was common
248	(19.5% and 35.0%, respectively).
249	
250	Patterns of Care among Patients that Received Less Intensive Treatment Than Recommended
_	
251	CRT only was among the most commonly received less-intensive-than-recommended therapies
251 252	<i>CRT only</i> was among the most commonly received less-intensive-than-recommended therapies for each clinical subgroup, as was <i>chemotherapy only</i> for subgroups other than A-NSCLC and
252	for each clinical subgroup, as was chemotherapy only for subgroups other than A-NSCLC and
252 253	for each clinical subgroup, as was <i>chemotherapy only</i> for subgroups other than A-NSCLC and ED-SCLC (see Table 3). Most common among L-NSCLC were <i>CRT only</i> (6.1%), <i>CRT</i> &
252 253 254	for each clinical subgroup, as was <i>chemotherapy only</i> for subgroups other than A-NSCLC and ED-SCLC (see Table 3). Most common among L-NSCLC were <i>CRT only</i> (6.1%), <i>CRT</i> & <i>chemotherapy</i> (5.9%), and <i>chemotherapy only</i> (1.2%). Among LA-NSCLC and LD-SCLC, the most
252 253 254 255	for each clinical subgroup, as was <i>chemotherapy only</i> for subgroups other than A-NSCLC and ED-SCLC (see Table 3). Most common among L-NSCLC were <i>CRT only</i> (6.1%), <i>CRT &</i> <i>chemotherapy</i> (5.9%), and <i>chemotherapy only</i> (1.2%). Among LA-NSCLC and LD-SCLC, the most commonly received less-intensive-than-recommended treatments were <i>CRT only</i> (8.7% and
252 253 254 255 256	for each clinical subgroup, as was <i>chemotherapy only</i> for subgroups other than A-NSCLC and ED-SCLC (see Table 3). Most common among L-NSCLC were <i>CRT only</i> (6.1%), <i>CRT</i> & <i>chemotherapy</i> (5.9%), and <i>chemotherapy only</i> (1.2%). Among LA-NSCLC and LD-SCLC, the most commonly received less-intensive-than-recommended treatments were <i>CRT only</i> (8.7% and 2.5%, respectively) and <i>chemotherapy only</i> (7.9% and 13.7%, respectively). <i>CRT only</i> was the
252 253 254 255 256 257	for each clinical subgroup, as was <i>chemotherapy only</i> for subgroups other than A-NSCLC and ED-SCLC (see Table 3). Most common among L-NSCLC were <i>CRT only</i> (6.1%), <i>CRT</i> & <i>chemotherapy</i> (5.9%), and <i>chemotherapy only</i> (1.2%). Among LA-NSCLC and LD-SCLC, the most commonly received less-intensive-than-recommended treatments were <i>CRT only</i> (8.7% and 2.5%, respectively) and <i>chemotherapy only</i> (7.9% and 13.7%, respectively). <i>CRT only</i> was the
252 253 254 255 256 257 258	for each clinical subgroup, as was <i>chemotherapy only</i> for subgroups other than A-NSCLC and ED-SCLC (see Table 3). Most common among L-NSCLC were <i>CRT only</i> (6.1%), <i>CRT & chemotherapy</i> (5.9%), and <i>chemotherapy only</i> (1.2%). Among LA-NSCLC and LD-SCLC, the most commonly received less-intensive-than-recommended treatments were <i>CRT only</i> (8.7% and 2.5%, respectively) and <i>chemotherapy only</i> (7.9% and 13.7%, respectively). <i>CRT only</i> was the most common among metastatic subgroups A-NSCLC (16.0%) and ED-SCLC (5.8%).

Page 14 of 98

262	confidence interval [95%CI]=0.13-0.14). This association remained present after adjusting for
263	covariates (for those aged \geq 80 compared to those aged <50: adjusted odds ratio[aOR]=0.12,
264	95%CI=0.12-0.13). Also, the association between age and receiving guideline-concordant
265	treatment was consistent across clinical subgroups, with a notable exception in L-NSCLC (see
266	Table E5 in the Online Supplement). In L-NSCLC, advancing age was associated with a decreased
267	odds of receiving surgery (for those aged ≥80 compared to those aged <50: aOR=0.06,
268	95%CI=0.05-0.06). However, the odds of receiving SBRT for L-NSCLC increased with advancing
269	age (for those aged ≥80 compared to those aged <50: aOR=18.39, 95%CI=14.09-23.99).
270	Compared to non-Hispanic Whites, Non-Hispanic Blacks (OR=0.82, 95%CI=0.81-0.84)
271	and Hispanics (OR=0.87, 95%CI=0.84-0.90) were less likely to receive guideline-concordant
272	treatment. This association remained present after adjusting for covariates (non-Hispanic
273	Blacks: aOR=0.78, 95%CI=0.76-0.0.80; Hispanics: aOR=0.94, 95%CI=0.90-0.98). On the other
274	hand, non-Hispanic Asians were more likely to receive guideline-concordant treatment after
275	adjusting for covariates (aOR=1.09, 95%CI=1.04-1.15). However, results for non-Hispanic Asians
276	and Hispanics varied within clinical subgroups (see table E5 in the Online Supplement). For
277	example, within the subgroup of L-NSCLC both non-Hispanic Asians and Hispanics were more
278	likely to receive surgery than non-Hispanic Whites (non-Hispanic Asians: aOR=1.23,
279	95%CI=1.10-1.37; Hispanics: aOR=1.24, 95%CI=1.13-1.36) but less likely to receive SBRT (non-
280	Hispanic Asians: aOR=0.51, 95%CI=0.43-0.62; Hispanics: aOR=0.47, 95%CI=0.40-0.56). Also,
281	non-Hispanic Asians with A-NSCLC were more likely to receive chemotherapy (aOR=1.25,
282	95%CI=1.18-1.34).
283	

284 285 Discussion 286 To our knowledge, this study is the first to investigate adherence to guideline-concordant 287 treatment as well as disparities by racial/ethnic group and by age in a uniform manner for all 288 clinical subgroups of lung cancer including SCLC. 289 290 Adherence to Guideline-Concordant Treatment 291 We show that overall, the level of adherence to guideline-concordant treatment among lung 292 cancer patients in the United States is only 62.1%, and varies across clinical subgroups. The rate 293 of guideline-concordant treatment was highest for L-NSCLC. This makes sense as treatment for 294 L-NSCLC is potentially curative and therefore offers the most obvious benefits. The rate of 295 guideline-concordant treatment was lowest for A-NSCLC. 296 A possible explanation for this finding could be a lack of referral to medical oncologists 297 among A-NSCLC patients. A recent study reported that only 54% of stage IIIB-IV NSCLC cases 298 triaged at the British Columbia Cancer Agency were assessed by a medical oncologist (28). 299 Another study found that one of the most common reasons for not referring patients to a 300 medical oncologist or prescribing chemotherapy was the patient's preference against treatment 301 (29). Some patients with incurable disease fear that chemotherapy side-effects may negatively 302 affect their quality of life (30). Perhaps this could influence their willingness to accept 303 chemotherapy. However, chemotherapy for advanced disease has been shown to improve 304 quality of life, symptom control, and survival compared to best supportive care (31). Therefore,

Page 16 of 98

discussing a patient's possible fears of chemotherapy and the potential health benefits could bean important step towards increasing the uptake of chemotherapy.

Compared to our results, Wang et al. reported even lower rates of guideline-concordant
 treatment among 20,511 NSCLC cases diagnosed between 2003-2008 (4). In their study, the
 proportion that received guideline-concordant treatment was 51% among L-NSCLC, 35% among
 LA-NSCLC, and 27% among A-NSCLC. The difference compared to our study is likely due to
 patient selection, as Wang et al. included only veterans aged ≥65.

312 Within the group that received guideline-concordant treatment, our data show that 313 most L-NSCLC cases received surgery, while SBRT and other modalities were used much less 314 frequently. In contrast, most cases in the potentially operable clinical subgroups LA-NSCLC and 315 LD-SCLC did not receive surgery as guideline-concordant treatment. 16.3% of cases in our data 316 received less intensive treatment than recommended. The patterns of care among these cases 317 provide important clues towards improvements in clinical care. For example, the frequent use 318 of CRT only, CRT & chemotherapy, and chemotherapy only among L-NSCLC suggests that the 319 uptake of SBRT among inoperable cases may still be lagging. Among LA-NSCLC and LD-SCLC the 320 most common forms of less-intensive-than-recommended treatment were CRT only and 321 chemotherapy only. These findings suggest room for improvement in the uptake of 322 multimodality treatments such as CRT & chemotherapy and surgery & chemotherapy for these 323 subgroups. The frequent use of CRT only among A-NSCLC and ED-SCLC suggests room for an 324 increased uptake of chemotherapy among these metastatic subgroups. 325 Finally, 21.6% of cases in our study received no treatment. This is consistent with 326 findings in a smaller study among 6,662 lung cancer cases in the Kaiser Permanente Southern

327 California tumor registry diagnosed between 2008-2013 (22). In that study, rates of non-

328 treatment ranged from 9% among stage 0-II (compared to 10.3% among L-NSCLC in our study)

329 to 34% among stage IV (compared to 31.4% among A-NSCLC in our study).

330

331

Disparities in Receiving Guideline-Concordant Treatment

332 In our study, advancing age was strongly associated with the odds of receiving guideline-333 concordant treatment across all clinical subgroups. These findings are in line with the 334 conclusions of an earlier study (4). This association persisted after adjusting for factors that 335 could influence fitness for surgery, such as comorbidity, histology, and stage, as well as health 336 care provider characteristics. Other studies also reported a lower likelihood of lung cancer 337 surgery among older patients, although these findings cannot be directly compared to ours due 338 to the use of different age groups and methods (9, 10, 32). While we confirm the lower 339 likelihood of receiving surgery for elderly L-NSCLC cases, we also show that the likelihood of 340 receiving SBRT strongly increases with advancing age. These results indicate that SBRT is indeed 341 used as an alternative guideline-concordant treatment for L-NSCLC cases which have 342 contraindications for surgery. However, especially in other clinical subgroups efforts should be 343 made to ensure that elderly patients receive the minimal recommended treatment. 344 Racial/ethnic group was also associated with the odds of receiving guideline-concordant 345 treatment in both the adjusted and unadjusted analyses. Earlier research among US lung cancer 346 patients had already shown that Black patients are less likely to receive surgery for L-NSCLC (5-347 10, 33) and chemotherapy for A-NSCLC (33, 34). Our current study shows that disparities by

348 racial/ethnic group persist and extend to every clinical subgroup of NSCLC. Furthermore, we

Page 18 of 98

349 show that Hispanics are also less likely to receive guideline-concordant treatment in general, 350 but more likely to receive surgery for L-NSCLC. In an earlier study, McCann and colleagues offer 351 a possible explanation for racial disparities (35). They reported that while surgery was offered 352 to Black and White lung cancer patients at the same rate, Black patients declined surgery more 353 often. Their study showed no statistically significant difference in insurance between both 354 groups, and results were corrected for preoperative pulmonary function, tumor stage, and 355 comorbidity. Furthermore, Lin and colleagues reported that negative surgical beliefs, fatalism, 356 and mistrust among racial minorities can partly explain why Black patients are less likely to 357 receive guideline-concordant treatment (36). More research is needed to identify the 358 underlying reasons for such beliefs and mistrust and to test strategies to overcome any barriers 359 to delivery of guideline-concordant treatment.

360

361 Strengths and Limitations

A major strength of this study is the very large sample size, combined with the extensive
treatment data available in the NCDB. The linked SEER-Medicare database, which also contains
detailed treatment variables, may be biased towards older individuals as it mainly includes
patients aged ≥65 years. In contrast, the NCDB data used for our study included lung cancer
patients aged 18 years or older.

There are several potential limitations to our study. The first is the hospital-based nature of the data, which captures only cases diagnosed and treated in Commission on Cancer affiliated hospitals. However, these hospitals together treat 70% of incident cancer cases in the United States. Furthermore, we compared baseline characteristics to a cohort of patients

371 captured by the smaller but population-based SEER database and found only small differences. 372 Therefore, our results are likely generalizable to the US population. 373 Second, our data includes only the first course of treatment. Nevertheless, we were able 374 to define guideline-concordant treatment as the minimal recommended treatment. Although the focus of this manuscript was therefore the issue of receiving "less intensive treatment than 375 376 recommended", we acknowledge that receiving "more intensive treatment than 377 recommended" could potentially also be an issue. However, for most clinical subgroups the 378 NCDB data does not contain sufficient clinical variables to assess whether each possible 379 combination of surgery, radiotherapy, chemotherapy, and other treatment was "more intensive 380 than recommended". For example, radiotherapy is not recommended as a minimal treatment 381 for A-NSCLC, but may still be prescribed as symptomatic treatment for painful bone metastases. 382 Nevertheless, we were able to assess that 10.4% of stage I NSCLC cases received adjuvant or 383 neoadjuvant chemotherapy, which could provide an indication of the extent to which 384 overtreatment occurs. Also, 2.9% of A-NSCLC cases received surgery. Future studies should focus more in depth on the severity and consequences of receiving more intensive treatment 385 386 than recommended for lung cancer. 387 Third, the data did not include several clinical variables which may affect the choice of

treatment. Smoking cessation after the diagnosis of lung cancer has been associated with reduced all-cause mortality (37) and a reduced risk of hospital death and pulmonary complications after surgery (38). Therefore, active smokers may have been less likely to receive surgery. However, guidelines state that surgery should not be denied to patients only due to smoking (14). Pulmonary function and performance score may have also influenced the

Page 20 of 98

393 likelihood of receiving surgery (39). Although our correction for comorbidities may have 394 partially accounted for these factors, the Charlson score is an aggregate measure that does not 395 account for all possible comorbidities. Another factor that we could not fully account for using 396 the NCDB data is socio-economic status, although we were able to include insurance status. We 397 addressed the absence of these clinical variables by assessing multiple guideline-concordant 398 treatments for some clinical subgroups. For instance, both SBRT and surgery were regarded 399 guideline-concordant treatments for L-NSCLC. However, this carries the implicit assumption 400 that when the non-surgical treatment was given, the patient was indeed medically inoperable. 401 Fourth, we used the official cut-off of 5 fractions in our definition of SBRT, while some 402 institutions use schemes with up to 10 fractions (19). However, using a cut-off of 10 fractions 403 would only increase the use of SBRT among L-NSCLC in our dataset from 10.4% to 10.9%. 404 Fifth, hospital-based data such as the NCDB could potentially be clustered by hospital. 405 However, in an exploratory analysis using the data before multiple imputation, incorporating 406 clustering by hospital ID had a negligible effect on the estimates of the overall regression model 407 (data not shown). Given that the effect of clustering by hospital is therefore likely small, we did 408 not incorporate clustering by hospital in our final models. 409 Finally, we were not able to take patient preferences into account. Hence, we cannot

draw firm conclusions on the underlying causes of the identified disparities by racial/ethnic

- 411 group and by age.
- 412

410

413 Conclusions

414	We show that many lung cancer patients in the United States do not receive guideline-
415	concordant treatment. Efforts should be made to decrease the proportion of cases that receive
416	no treatment or less intensive treatment than recommended. Specifically, patterns of care
417	among those receiving less intensive treatment than recommended suggest room for an
418	improved uptake of SBRT among L-NSCLC, multimodality therapy among LA-NSCLC and LD-
419	SCLC, and chemotherapy among metastatic disease (A-NSCLC and ED-SCLC). Furthermore, we
420	show that elderly patients and non-Hispanic Blacks are less likely to receive guideline-
421	concordant treatment across most clinical subgroups of lung cancer despite adjusting for
422	relevant patient, tumor, and health care provider characteristics. This knowledge may be used
423	to target interventions for improving the rate of lung cancer cases that receive guideline-
424	concordant treatment and to reduce disparities.
425	
426	

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Page 23 of 98
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		Overall (N = 441,812)	NSCLC (N = 375,832)	SCLC (N = 65,980)
Patient		(11 11,012)	(11 373,032)	(11 03,500)
characteristics		222 542 (54 7)	406 454 (52.2)	22.005 (42.0)
Sex (%)	Male	228,519 (51.7)	196,454 (52.3)	32,065 (48.6)
	Female	213,293 (48.3)	179,378 (47.7)	33,915 (51.4)
Age at diagnosis (%)	<50	22,328 (5.1)	19,224 (5.1)	3,104 (4.7)
	50-54	33,619 (7.6)	27,968 (7.4)	5,651 (8.6)
	55-59	50,955 (11.5)	42,054 (11.2)	8,901 (13.5)
	60-64	62,839 (14.2)	51,902 (13.8)	10,937 (16.6)
	65-69	75,298 (17.0)	62,838 (16.7)	12,460 (18.9)
	70-74	71,798 (16.3)	60,983 (16.2)	10,815 (16.4)
	75-79	58,053 (13.1)	50,616 (13.5)	7,437 (11.3)
	≥80	66,922 (15.1)	60,247 (16.0)	6,675 (10.1)
Racial/ethnic group (%)	Non-Hispanic White	349,842 (79.2)	294,833 (78.4)	55,009 (83.4)
	Non-Hispanic Black	48,060 (10.9)	42,799 (11.4)	5,261 (8.0)
	Non-Hispanic Asian	9,483 (2.1)	8,741 (2.3)	742 (1.1)
	Hispanic	12,081 (2.7)	10,587 (2.8)	1,494 (2.3)
	Other	2,806 (0.6)	2,441 (0.6)	365 (0.6)
	Unknown	19,540 (4.4)	16,431 (4.4)	3,109 (4.7)
Health insurance status (%)	Private	117,168 (26.5)	99,666 (26.5)	17,502 (26.5)
	Medicare	256,740 (58.1)	219,916 (58.5)	36,824 (55.8)
	Medicaid	34,278 (7.8)	28,118 (7.5)	6,160 (9.3)
	Other government insurance	7,023 (1.6)	5,928 (1.6)	1,095 (1.7)
	No insurance	18,112 (4.1)	15,009 (4.0)	3,103 (4.7)
	Unknown	8,491 (1.9)	7,195 (1.9)	1,296 (2.0)
Charlson comorbidity score (%)	0	24,6887 (55.9)	211,483 (56.3)	35,404 (53.7)
(,,,)	1	130,577 (29.6)	110,304 (29.3)	20,273 (30.7)
	≥2	64,348 (14.6)	54,045 (14.4)	10,303 (15.6)
Health care provider				
Charactoristics				
characteristics Facility type (%)	Academic	140,344 (31.8)	121,914 (32.4)	18,430 (27.9)

Table 1: Characteristics of Patients in the National Cancer Database Diagnosed with Non-Small Cell Lung Cancer or Small Cell Lung Cancer in Years 2010 – 2014

Hospital volume	Unknown Median (IQR)	2,850 (0.6) 524 (302-861)	2,658 (0.7) 533 (304-871)	192 (0.3) 500 (288-837)
Tumor characteristics				
Histology (%)*	Adenocarcinoma	192,943 (43.7)	192,943 (51.3)	-
	Squamous cell	98,848 (22.4)	98,848 (26.3)	-
	Other non-small cell	84,041 (19.0)	84,041 (22.4)	-
	Small cell	65,980 (14.9)	-	65,980 (100.0)
Clinical stage at diagnosis (%)	IA	62,694 (14.2)	61,123 (16.3)	1,571 (2.4)
	IB	26,984 (6.1)	26,049 (6.9)	935 (1.4)
	IIA	17,456 (4.0)	15,898 (4.2)	1,558 (2.4)
	IIB	15,199 (3.4)	14,300 (3.8)	899 (1.4)
	IIIA	57,989 (13.1)	48,881 (13.0)	9,108 (13.8)
	IIIB	34,088 (7.7)	26,941 (7.2)	7,147 (10.8)
	IV	227,402 (51.5)	182,640 (48.6)	44,762 (67.8)

Table legend:

Abbreviations: NSCLC = non-small cell lung cancer; SCLC = small cell lung cancer, IQR = interquartile range. * NSCLC is subdivided into three distinct histology categories, while SCLC is considered a separate disease category.

Clinical Subgroup	n	Guideline- Concordant	Less Intensive Treatment Than	No Treatment
		Treatment*	Recommended [†]	
Overall (%)	441,812	274,338 (62.1)	72,155 (16.3)	95,319 (21.6)
L-NSCLC (%)	117,370	89,503 (76.3)	15,741 (13.4)	12,126 (10.3)
LA-NSCLC (%)	75,822	45,774 (60.4)	16,412 (21.6)	13,636 (18.0)
A-NSCLC (%)	182,640	92,119 (50.4)	33,227 (18.2)	57,294 (31.4)
LD-SCLC (%)	21,218	14,765 (69.6)	3,927 (18.5)	2,526 (11.9)
ED-SCLC (%)	44,762	32,177 (71.9)	2,848 (6.4)	9,737 (21.8)

Table 2: Receipt of Guideline-Concordant Treatment among Lung Cancer Patients byClinical Subgroup

Table legend:

Abbreviations: L-NSCLC = localized non-small cell lung cancer (stages I-II); LA-NSCLC = locally-advanced nonsmall cell lung cancer (stage III); A-NSCLC = advanced non-small cell lung cancer (stage IV); LD-SCLC = limited disease small cell lung cancer (stages I-III); ED-SCLC = extensive disease small cell lung cancer (stage IV). * Guideline-concordant treatment was defined as the minimal treatment patients should receive according to the National Comprehensive Cancer Network guidelines. Hence, additional treatment was allowed beside guideline-concordant treatment. We considered guideline-concordant treatment to be either surgery or Stereotactic Body Radiation Therapy for L-NSCLC; either radiotherapy and chemotherapy or surgery and chemotherapy for LA-NSCLC; chemotherapy for A-NSCLC; either radiotherapy and chemotherapy or surgery and chemotherapy for patients with LD-SCLC; and chemotherapy for patients with ED-SCLC.

⁺ Less intensive treatment than recommended was defined as treatment that was not guideline-concordant.

Clinical Subgroup	Treatment Received*	n (%)
L-NSCLC	Guideline-concordant treatment	
	Surgery only	57,605 (49.1)
	Surgery & chemotherapy	13,359 (11.4)
	SBRT only	11,740 (10.0)
	Surgery & CRT & chemotherapy	4,405 (3.8)
	Surgery & CRT	1,562 (1.3)
	Less intensive treatment than	
	recommended	
	CRT only	7,129 (6.1)
	CRT & chemotherapy	6,953 (5.9)
	Chemotherapy only	1,465 (1.2)
A-NSCLC	Guideline-concordant treatment	
	CRT & chemotherapy	36,108 (47.6)
	Surgery & CRT & chemotherapy	5,580 (7.4)
	Surgery & chemotherapy	3,335 (4.4)
	Less intensive treatment than	
	recommended	
	CRT only	6,577 (8.7)
	Chemotherapy only	6,008 (7.9)
	Surgery only	2,676 (3.5)
A- NSCLC	Guideline-concordant treatment	
	CRT & chemotherapy	47,370 (25.9)
	Chemotherapy only	35,620 (19.5)
	CRT & chemotherapy & other	2,970 (1.6)
	treatment	
	Chemotherapy & other treatment	2,715 (1.5)
	Less intensive treatment than	
	recommended	
	CRT only	29,219 (16.0)
LD-SCLC	Guideline-concordant treatment	
	CRT & chemotherapy	13,477 (63.5)
	Surgery & CRT & chemotherapy	545 (2.6)
	Surgery & chemotherapy	514 (2.4)
	Less intensive treatment than	
	recommended	
	Chemotherapy only	2,917 (13.7)
	CRT only	534 (2.5)
	Surgery only	340 (1.6)
ED-SCLC	Guideline-concordant treatment	
	CRT & chemotherapy	15,671 (35.0)
	Chemotherapy only	15,658 (35.0)
	Less intensive treatment than	
	recommended	
	CRT only	2,597 (5.8)

Table 3: Patterns of Care among Lung Cancer Patients by Clinical Subgroup

Table legend:

Abbreviations: L-NSCLC = localized non-small cell lung cancer (stages I-II); LA-NSCLC = locally-advanced non-small cell lung cancer (stage III); A-NSCLC = advanced non-small cell lung cancer (stage IV); LD-SCLC = limited disease small cell lung cancer (stage I-III); ED-SCLC = extensive disease small cell lung cancer (stage IV); SBRT = Stereotactic Body Radiation Therapy, defined as thoracic radiotherapy with a dose of \geq 45 Gray in \leq 5 fractions; CRT = conventionally fractionated radiotherapy, defined as all radiotherapy other than Stereotactic Body Radiation Therapy.

* All mutually exclusive combinations of treatment modalities (i.e. all combinations of surgery, Stereotactic Body Radiation Therapy, conventionally fractionated radiotherapy, chemotherapy, and other treatment) were assessed. However, for each clinical subgroup only those treatment combinations that were more prevalent than 1% are reported in this table.

Age	<50	50-54	55-59	60-64	65-69	70-74	75-79	≥80
No. of	22,328	33,619	50,955	62,839	75,298	71,798	58,053	66,922
subjects								
No. events	17,710	25,242	36,765	43,702	50,822	44,959	31,977	23,161
Event risk	0.79	0.75	0.72	0.70	0.67	0.63	0.55	0.35
Crude	Reference	0.79	0.68	0.60	0.54	0.44	0.32	0.14
odds ratio (95% CI) *		(0.75-0.82)	(0.65-0.70)	(0.57-0.62)	(0.52-0.56)	(0.42-0.45)	(0.31-0.33)	(0.13-0.14)
Adjusted	Reference	0.76	0.63	0.53	0.48	0.39	0.28	0.12
odds ratio		(0.73-0.79)	(0.60-0.65)	(0.51-0.55)	(0.47-0.50)	(0.37-0.40)	(0.27-0.29)	(0.12-0.13)
(95%Cl) *	NI		N		Oth an			
Racial/eth	Non-	Non-	Non-	Hispanic	Other			
nic group	Hispanic White	Hispanic Black	Hispanic Asian					
No. of				12 692	2.005			
subjects ⁺	365,922	50,256	9,958	12,682	2,995			
No. events ⁺	229,378	29,206	6,344	7,529	1,881			
Event risk $^{+}$	0.63	0.58	0.64	0.59	0.63			
Crude	Reference	0.82	1.04	0.87	1.00			
odds ratio (95% CI) *		(0.81-0.84)	(1.00-1.09)	(0.84-0.90)	(0.93-1.09)			
Adjusted	Reference	0.78	1.09	0.94	0.94			
odds ratio (95%CI) *		(0.76-0.80)	(1.04-1.15)	(0.90-0.98)	(0.86-1.03)			

Table 4: Effect of Age and Racial/Ethnic Group on the Odds of Receiving Guideline-Concordant Treatment for Lung Cancer

Table legend:

Abbreviations: 95% CI = 95% Confidence interval; No. = number.

* The crude and adjusted odds ratios are from the pooled regression model based on all three imputed datasets. Adjusted odds ratios are adjusted for sex, insurance status, Charlson comorbidity score, treating facility type, hospital volume, histology, and clinical stage at diagnosis. Variance inflation factors were ≤2 for all covariates, indicating that multicollinearity was limited.

⁺ The number of subjects, number of events, and event risks for racial/ethnic group are based on the mean values across the three imputed datasets.

1	Disparities in Receiving Standard of CareGuideline-Concordant
2	Treatment for Lung Cancer in the United States
3	
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40

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- 45
- 46 Running head
- 47 Disparities in standard of care for receiving lung cancer treatment
- 48

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- 51

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63	Abstract
64	
65	Rationale
66	The level of adherence to lung cancer treatment guidelines in the United States is unclear. Also,
67	it is unclear whether previously identified disparities by raceracial/ethnic group and by age
68	persist across all clinical subgroups of lung cancer.
69	
70	Objectives
71	To assess the level of adherence to stage-specific standard of care for <u>the minimal</u> lung cancer
72	treatment recommended by the National Comprehensive Cancer Network guidelines
73	(guideline-concordant treatment) in the United States, and to assess the persistence of
74	disparities by raceracial/ethnic group and by age across all clinical subgroups.
75	
76	Methods
77	We evaluated the level of adherence to standard of care according to National Comprehensive
78	Cancer Network guidelines for whether 441,812 lung cancer cases in the National Cancer
79	Database diagnosed between 2010-2014 . received guideline-concordant treatment.
80	Multivariable logistic regression models were used to assess possible disparities in receiving
81	standard of careguideline-concordant treatment by race/ethnicityracial/ethnic group and by
82	age across all clinical subgroups, and whether these persist after adjusting for patient, tumor,
83	and health care provider characteristics.
~ ~	

85	Results
86	Overall, 62.1% of subjects received standard of careguideline-concordant treatment (range
87	across clinical subgroups: 50.4%-76.3%). However, 21.6% received no therapytreatment (range:
88	10.3%-31.4%) and 16.3% received non-standard of careless intensive treatment than
89	recommended (range: 6.4%-21.6%). Among the most common non-standard of care
90	therapiesless intensive treatments for all subgroups was conventionally fractionated
91	radiotherapy only (range: 2.5%-16.0%), as was chemotherapy only for non-metastatic
92	subgroups (range: 1.2% to 13.7%), and conventionally fractionated radiotherapy &
93	<i>chemotherapy</i> for early-stage localized non-small cell lung cancer (5.9%). Standard of
94	careGuideline-concordant treatment was less likely with increasing age despite adjusting for
95	relevant covariates (age ≥80 compared to <50: adjusted odds ratio [aOR]=0.12, 95% confidence
96	interval [95%CI]=0.12-0.13). This disparity was present in all clinical subgroups. Also, non-
97	Hispanic Blacks were less likely to receive standard of careguideline-concordant treatment than
98	non-Hispanic Whites (aOR=0.78, 95%CI=0.76-0.80). This disparity was present in all clinical
99	subgroups, although statistically non-significant for extensive disease small cell lung cancer.
100	
101	Conclusions
102	Between 2010-2014, many lung cancer patients in the United States received no
103	therapytreatment or non-standard of care.less intensive treatment than recommended.
104	Particularly, elderly lung cancer patients and non-Hispanic Blacks are less likely to receive
105	standard of care.guideline-concordant treatment. Patterns of non-standard of carecare among
106	those receiving less intensive treatment than recommended suggest room for improved uptake
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107	of treatments such as Stereotactic Body	v Radiation Therapy	among early-stagelocalized non-
107	of treatments such as stereotaetie bour	y Naulation inclapy	among carry stage localized in

108 small cell lung cancer.

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113 Word count abstract

115 Introduction

116 An estimated 142,670 persons will die of lung cancer in the United States in 2019, making it the 117 leading cause of cancer-related deaths (1). Reflecting the large burden to society, lung cancer 118 treatment is an important topic of medical research. A recent bibliometric analysis identified a 119 total of 32,161 studies published on lung cancer between 2004-2013, of which 36% focused on 120 treatments (2). Clinical practice guidelines compile the available evidence and expert consensus 121 into a standard of care, which can be considered the basis for measures of quality of care (3). 122 compile the available evidence and expert consensus (3). 123 Despite the existence of these clinical practice guidelines However, literature indicates 124 that standard of carethe minimal treatment recommended in these guidelines (i.e., guideline-125 concordant treatment) may not be provided to all lung cancer patients in the United States (4). 126 Furthermore, there is evidence that specific subgroups are less likely than others to receive 127 standard of care.guideline-concordant treatment. For example, the proportion of cases that 128 receive standard of careguideline-concordant treatment is lower for more advanced stages (4). Also, racial disparities by racial/ethnic group have been described. For example, Black patients 129 130 are less likely to receive surgical therapytreatment for early-stagelocalized non-small cell lung 131 cancer (ESL-NSCLC; stages I-II) than White patients (5-10). Additionally, elderly lung cancer 132 patients are less likely to receive standard of careguideline-concordant treatment, despite 133 controlling for comorbidity (4, 9, 10). However, comparability and generalizability of the 134 available literature are limited because often only one specific subset of clinical cases is 135 examined (5, 11), relatively small sample sizes are used (8, 10), different methodologies are applied (5, 7), or the data covers different timespans (5, 7). Thus, it is unclear whether 136

disparities in receiving standard of care by raceguideline-concordant treatment by racial-ethnic
 group and by age persist, and whether these are similar across clinical subgroups of lung cancer
 in the United States.

Therefore, the first aim of this study was to assess the level of adherence to predefined stage-specific standard of careguideline-concordant treatment for each clinical subgroup of lung cancer patients in a large US dataset. The second aim was -to assess whether previously identified disparities in receiving standard of careguideline-concordant treatment by raceracial/ethnic group and by age persist across all clinical subgroups of lung cancer. Some of the results of this study have been previously reported in the form of an abstract (12).

- 147 Methods
- 148
- 149 **Data**

150 We used the US National Cancer Database (NCDB) to extract a cohort of 441,812 patients 151 diagnosed with lung cancer between 2010-2014 (see Figure E1 in the Online Supplement). The 152 NCDB, established in 1989, is a nationwide, facility-based, comprehensive clinical surveillance 153 resource oncology data set that currently captures 70% of all newly diagnosed malignancies in 154 the United States annually, from more than 1,500 affiliated facilities. The NCDB records the first 155 course of therapytreatment, defined as all methods of treatment recorded in the treatment 156 plan and administered to the patient before disease progression or recurrence. Analysis of 157 individual-level NCDB data was performed on site at the University of Michigan Medical School.

Page 44 of 98

158	To assess the generalizability of the NCDB data to the general US population, we
159	compared baseline characteristics to a cohort of lung cancer patients from the population-
160	based Surveillance, Epidemiology, and End Results (SEER) dataset (13). A detailed version of the
161	methods, including the rationale for case selection, data cleaning, and the analysis of the SEER
162	dataset is available online (see Supplementary Methods and Tables E1 and E2 in the Online
163	Supplement). This study was deemed exempt by the Institutional Review Board of the
164	University of Michigan.
165	
166	Definition of -Standard of CareGuideline-Concordant Treatment
167	Two main lung cancer types can be distinguished: non-small cell lung cancer (NSCLC) and small
168	cell lung cancer (SCLC), with the majority presenting as NSCLC. Since SCLC is clinically more
169	aggressive than NSCLC, initial standard of care in clinical guidelines is defined provide specific
170	treatment recommendations for clinical subgroups of lung cancer type and stage at diagnosis.
171	We used the National Comprehensive Cancer Network guidelines (14, 15) to determine
172	standard of care for For each of these clinical subgroups. Standard of care, we assessed whether
173	guideline-concordant treatment was received, defined as the minimal first course treatment
174	these patients should receive. Hence, other treatments could be given beside the standard of
175	care (e.g. radiotherapy for bone metastases beside chemotherapy in advanced NSCLC (A-
176	NSCLC; stage IV)). according to the National Comprehensive Cancer Network guidelines (14,
177	<u>15).</u>
178	While surgical treatment surgery is still recommended as the primary standard of care
179	minimal treatment for ESL-NSCLC (stagestages I-II),- Stereotactic Body Radiation Therapy (SBRT)
1	

180	is now recommended as an alternative standard of care<u>treatment</u> to surgery for <mark>ESL</mark>-NSCLC
181	patients (14). SBRT delivers high-dose radiation to a specific target in only a few fractions and
182	provides local tumor control rates of up to 90% with moderate toxicity (16, 17). Standard of
183	careTherefore, both surgery and SBRT were considered guideline-concordant treatment for L-
184	NSCLC. The minimal recommended treatment for locally advanced NSCLC (LA-NSCLC; stage III)
185	and limited disease SCLC (LD-SCLC; stages I-III) depends on operability (14, 15). If operable,
186	standard of care for LA-NSCLC-the minimal recommendation is surgery combined with
187	chemotherapy. For However, the majority of LA-NSCLC and LD-SCLC patients are inoperable LA-
188	NSCLC, in which case the minimal recommendation is a combination of radiotherapy and
189	chemotherapy is standard of care. For . Therefore, both treatment combinations were
190	considered guideline-concordant for LA-NSCLC and LD-SCLC. For advanced NSCLC (A-NSCLC,
191	chemotherapy is standard of care (14). A small fraction of limited disease SCLC (LD-SCLC; stages
192	I-III) is operable, in which case standard of care is surgery combined with chemotherapy (15).
193	However, concurrent radiotherapy and chemotherapy is standard of care for most LD-SCLC
194	cases, and chemotherapy for; stage IV) and extensive disease SCLC (ED-SCLC; stage IV) (15). We
195	also summarize the therapies), the minimally recommended treatment is chemotherapy (14,
196	15). As we assessed the minimal recommended treatment for each clinical subgroup, additional
197	treatments were allowed beside guideline-concordant treatment (e.g. radiotherapy for bone
198	metastases beside chemotherapy in A-NSCLC). A summary of the treatment combinations that
199	were considered standard of careguideline-concordant for each clinical subgroup <u>can be found</u>
200	in Table E3 in the Online Supplement.

201	Since the most frequently used SBRT schemes in the United States comprise a total dose
202	of 45 Gray or more over 1-5 fractions (18-20) and the US billing code for SBRT includes a
203	maximum of 5 fractions (14), SBRT was defined as thoracic radiotherapy with a total radiation
204	dose of 45 Gray or more delivered in 5 fractions or less. There were no restrictions on radiation
205	dose or fractionation for stages other than ESL-NSCLC. Chemotherapy included the use of
206	targeted therapies. We were not able to separately assess the use of immunotherapy agents as
207	standard of care in these data because their use was not recommended in the evaluated time-
208	period (see Supplementary Methods in the Online Supplement).
209	
210	Statistical Analysis
210 211	Statistical Analysis For each clinical subgroup, we assessed adherence to standard of care as the proportion of
211	For each clinical subgroup, we assessed adherence to standard of care as the proportion of
211 212	For each clinical subgroup, we assessed adherence to standard of care as the proportion of cases that received standard of care, non-standard of careguideline-concordant treatment, less
211 212 213	For each clinical subgroup, we assessed adherence to standard of care as the proportion of cases that received standard of care, non-standard of careguideline-concordant treatment, less intensive treatment than recommended (defined as treatment that was not standard of
211 212 213 214	For each clinical subgroup, we assessed adherence to standard of care as the proportion of cases that received standard of care, non-standard of careguideline-concordant treatment, less intensive treatment than recommended (defined as treatment that was not standard of careguideline-concordant), and no therapytreatment. We used clinical stage at diagnosis for
211 212 213 214 215	For each clinical subgroup, we assessed adherence to standard of care as the proportion of cases that received standard of care, non-standard of careguideline-concordant treatment, less intensive treatment than recommended (defined as treatment that was not standard of careguideline-concordant), and no therapytreatment. We used clinical stage at diagnosis for creating clinical subgroups because pathological stage can only be known after the outcome of

- 219 SBRT, conventionally fractionated radiotherapy (CRT; defined as all radiotherapy other than
- 220 SBRT), chemotherapy (including targeted therapy) and other therapytreatment (including

immunotherapy and experimental treatments) were givenreceived.

222 To identify whether previously identified disparities in receiving standard of 223 careguideline-concordant treatment by raceracial/ethnic group and by age persist, we fitted a 224 multivariable logistic regression model with predefined stage specific standard of carereceipt of 225 guideline-concordant treatment as binary outcome and race/ethnicityracial/ethnic group and 226 age as independent variables. We further adjusted this model withfor several covariates that 227 could be associated with race/ethnicityracial/ethnic group and age, and also affect receiving 228 standard of careguideline-concordant treatment. Based on previous literature, we included sex 229 (9), health insurance status (21), Charlson comorbidity score (22), facility type (11), and stage at 230 diagnosis (4). We further included histology because squamous cell carcinomas are often 231 located centrally (23), potentially making them more difficult to surgically resect. Finally, we 232 included hospital volume because it is a well-established indicator of quality of care (24). The 233 derivation and composition of these variables is detailed in the Supplementary Methods in the Online Supplement. 234 235 To identify whether disparities by raceracial/ethnic group and by age extend across all 236 clinical subgroups, we also -fitted a separate model for each clinical subgroup. For clinical 237 subgroups with more than one multiple guideline-concordant treatment combination as 238 standard of carecombinations, we fitted a separate model for each specific standard of 239 caretreatment combination. For example, two separate models were fitted for ESL-NSCLC; one 240 with SBRT as binary outcome and one with surgery as binary outcome. These models were adjusted for the same covariates as the overall model. 241 All analyses were performed using R software version 3.4.1 (25). The base-R glm() 242

243 function was used to fit the logistic regression models. We used multiple imputation to address

- 244 missing data, using three imputations (26). Multicollinearity was assessed by calculating
- 245 generalized variance inflation factors (27).
- 246
- 247 <u>Results</u>
- 248
- 249 Patient Characteristics
- Baseline characteristics of the 441,812 -included patients are shown in Table 1. When
- comparing these with lung cancer cases in the population-based SEER registry, we found only
- very small differences in sex, age, race/ethnicityracial/ethnic group, health insurance status,
- histology, and stage at diagnosis (see Table E4 in the Online Supplement).
- 254

255 Adherence to Standard of CareGuideline-Concordant Treatment

- 256 The proportion of cases that received standard of careguideline-concordant treatment within
- each clinical subgroup was stable between 2010-2014 (see Figure E2 in the Online Supplement).
- As shown Table 2, 62.1% of all cases diagnosed between 2010-2014 received standard of
- 259 careguideline-concordant treatment (range: 50.4% in A-NSCLC to 76.3% in ESL-NSCLC).
- 260 However, 16.3% received non-standard of careless intensive treatment than recommended
- 261 (range: 6.4% in ED-SCLC to 21.6% in LA-NSCLC), and 21.6% received no therapytreatment
- 262 (range: 10.3% in <u>ESL</u>-NSCLC to 31.4% in A-NSCLC).
- 263
- Patterns of care<u>Care</u> among patients<u>Patients</u> that received standard of care<u>Received</u>
- 265 Guideline-Concordant Treatment

Among ESL-NSCLC cases that received standard of careguideline-concordant treatment, surgery
only was givenreceived most frequently (49.1%), followed by surgery & chemotherapy (11.4%),
and SBRT only (10.0%) (Table 3). In every other clinical subgroup, CRT & chemotherapy was
most common (range: 25.9% in A-NSCLC to 63.5% in LD-SCLC). Among LA-NSCLC and LD-SCLC,
surgery & CRT & chemotherapy was also used (7.4% and 2.6%, respectively), as was surgery &
chemotherapy (4.4% and 2.4%, respectively). Among A-NSCLC and ED-SCLC, chemotherapy only

- was common (19.5% and 35.0%, respectively).
- 273

274 Patterns of careCare among patientsPatients that received non-standard of careReceived Less

275 Intensive Treatment Than Recommended

276 CRT only was among the most common non-standard of carecommonly received less-intensive-

277 <u>than-recommended</u> therapies for each clinical subgroup, as was *chemotherapy only* for

- subgroups other than A-NSCLC and ED-SCLC (see Table 3). The most<u>Most</u> common forms of
- 279 non-standard of care among ESL-NSCLC were CRT only (6.1%), CRT & chemotherapy (5.9%), and
- 280 *chemotherapy only* (1.2%). Among LA-NSCLC and LD-SCLC, the most common non-standard of
- 281 care therapies commonly received less-intensive-than-recommended treatments were CRT only
- 282 (8.7% and 2.5%, respectively) and *chemotherapy only* (7.9% and 13.7%, respectively). *CRT only*
- 283 was the most common form of non-standard of care among metastatic subgroups A-NSCLC
- 284 (16.0%) and ED-SCLC (5.8%).

285

286 Disparities in Receiving Standard of CareGuideline-Concordant Treatment

Page 50 of 98

287	As can be seen in Table 4, the odds of receiving standard of careguideline-concordant
288	treatment decreased with advancing age (for those aged ≥80 compared to those aged <50:
289	odds ratio[OR]=0.14, 95% confidence interval [95%CI]=0.13-0.14). This association remained
290	present after adjusting for covariates (for those aged ≥80 compared to those aged <50:
291	adjusted odds ratio[aOR]=0.12, 95%CI=0.12-0.13). Also, the association between age and
292	receiving standard of careguideline-concordant treatment was consistent across clinical
293	subgroups, with a notable exception in ESL-NSCLC (see Table E5 in the Online Supplement). In
294	ESL-NSCLC, advancing age was associated with a decreased odds of receiving surgery (for those
295	aged ≥80 compared to those aged <50: aOR=0.06, 95%CI=0.05-0.06). However, the odds of
296	receiving SBRT for <mark>ESL</mark> -NSCLC increased with advancing age (for those aged ≥80 compared to
297	those aged <50: aOR=18.39, 95%CI=14.09-23.99).
298	Compared to non-Hispanic Whites, Non-Hispanic Blacks (OR=0.82, 95%CI=0.81-0.84)
299	and Hispanics (OR=0.87, 95%CI=0.84-0.90) were less likely to receive standard of care.guideline-
300	concordant treatment. This association remained present after adjusting for covariates (non-

301 Hispanic Blacks: aOR=0.78, 95%CI=0.76-0.0.80; Hispanics: aOR=0.94, 95%CI=0.90-0.98). On the

302 other hand, non-Hispanic Asians were more likely to receive standard of careguideline-

303 <u>concordant treatment</u> after adjusting for covariates (aOR=1.09, 95%CI=1.04-1.15). However,

304 results for non-Hispanic Asians and Hispanics varied within clinical subgroups (see table E5 in

the Online Supplement). For example, within the subgroup of ESL-NSCLC both non-Hispanic

306 Asians and Hispanics were more likely to receive surgery than non-Hispanic Whites (non-

307 Hispanic Asians: aOR=1.23, 95%CI=1.10-1.37; Hispanics: aOR=1.24, 95%CI=1.13-1.36) but less

308 likely to receive SBRT (non-Hispanic Asians: aOR=0.51, 95%CI=0.43-0.62; Hispanics: aOR=0.47,

309 95%CI=0.40-0.56). Also, non-Hispanic Asians with A-NSCLC were more likely to n	o receive
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310	chemotherapy (aOR=1.25, 95%CI=1.18-1.34)
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313 Discussion

To our knowledge, this study is the first to investigate adherence to standard of care

B15 andguideline-concordant treatment as well as disparities by raceracial/ethnic group and by age

- in a uniform manner for all clinical subgroups of lung cancer including SCLC.
- 317

Adherence to Standard of CareGuideline-Concordant Treatment

B19 We show that overall, the level of adherence to standard of careguideline-concordant

320 <u>treatment</u> among lung cancer patients in the United States is only 62.1%, and varies across

321 clinical subgroups. The rate of <u>standard of care guideline-concordant treatment</u> was highest for

B22 **ESL**-NSCLC. This makes sense as treatment for **ESL**-NSCLC is potentially curative and therefore

323 offers the most obvious benefits. The rate of standard of careguideline-concordant treatment

324 was lowest for A-NSCLC.

A possible explanation for this finding could be a lack of referral to medical oncologists among A-NSCLC patients. A recent study reported that only 54% of stage IIIB-IV NSCLC cases triaged at the British Columbia Cancer Agency were assessed by a medical oncologist (28). Another study found that one of the most common reasons for not referring patients to a medical oncologist or prescribing chemotherapy was the patient's <u>own wishpreference against</u> treatment (29). Some patients with incurable disease fear that chemotherapy side-effects may

Page 52 of 98

negatively affect their quality of life (30). Perhaps this could influence their willingness to
accept chemotherapy. However, chemotherapy for advanced disease has been shown to
improve quality of life, symptom control, and survival compared to best supportive care (31).
Therefore, discussing- a patient's possible fears of chemotherapy and the potential health
benefits could be an important step towards increasing the uptake of chemotherapy.

Compared to our results, Wang et al. reported even lower rates of standard of
careguideline-concordant treatment among 20,511 NSCLC cases diagnosed between 2003-2008
(4). In their study, the proportion that received standard of careguideline-concordant treatment
was 51% among ESL-NSCLC, 35% among LA-NSCLC, and 27% among A-NSCLC. The difference
compared to our study is likely due to patient selection;, as Wang et al. included only veterans
aged ≥65.

342 Within the group that received standard of careguideline-concordant treatment, our 343 data show that most ESL-NSCLC cases received surgery, while SBRT and other modalities were used much less frequently. In contrast, most cases in the potentially operable clinical subgroups 344 345 LA-NSCLC and LD-SCLC did not receive surgery as standard of care.guideline-concordant 346 treatment. 16.3% of cases in our data received non-standard of careless intensive treatment 347 than recommended. The patterns of care among these cases provide important clues towards 348 improvements in clinical care. For example, the frequent use of CRT only, CRT & chemotherapy, 349 and chemotherapy only among ESL-NSCLC suggests that the uptake of SBRT among inoperable 350 cases may still be lagging. Among LA-NSCLC and LD-SCLC the most common forms of non-351 standard of careless-intensive-than-recommended treatment were CRT only and chemotherapy 352 only. These findings suggest that there is room for improvement in the uptake of multimodality

353 therapiestreatments such as CRT & chemotherapy and surgery & chemotherapy for these 354 subgroups. The frequent use of CRT only among A-NSCLC and ED-SCLC suggests room for an 355 increased uptake of chemotherapy among these metastatic subgroups. 356 Finally, 21.6% of cases in our study received no therapytreatment. This is consistent 357 with findings in a smaller study among 6,662 lung cancer cases in the Kaiser Permanente 358 Southern California tumor registry diagnosed between 2008-2013 (22). In that study, rates of 359 non-treatment ranged from 9% among stage 0-II (compared to 10.3% among ESL-NSCLC in our 360 study) to 34% among stage IV (compared to 31.4% among A-NSCLC in our study). 361 362 Disparities in Receiving Standard of Care Guideline-Concordant Treatment 363 In our study, advancing age was strongly associated with the odds of receiving standard of 364 careguideline-concordant treatment across all clinical subgroups. These findings are in line with 365 the conclusions of an earlier study (4). This association persisted after adjusting for factors that 366 could influence fitness for surgery, such as comorbidity, histology, and stage, as well as health care provider characteristics. Other studies also reported a lower likelihood of lung cancer 367 368 surgery among older patients, although these findings cannot be directly compared to ours due 369 to the use of different age groups and methods (9, 10, 32). While we confirm the lower 370 likelihood of receiving surgery for elderly ESL-NSCLC cases, we also show that the likelihood of 371 receiving SBRT strongly increases with advancing age. These results indicate that SBRT is indeed 372 used as an alternative standard of careguideline-concordant treatment for ESL-NSCLC cases 373 which have contraindications for surgery. However, especially in other clinical subgroups efforts

Page 54 of 98

374 should be made to ensure that elderly patients receive the minimal standard of

375 care<u>recommended treatment</u>.

376 Race/ethnicityRacial/ethnic group was also associated with the odds of receiving 377 standard of careguideline-concordant treatment in both the adjusted and unadjusted analyses. 378 Earlier research among US lung cancer patients had already shown that Black patients are less 379 likely to receive surgery for ESL-NSCLC (5-10, 33) and chemotherapy for A-NSCLC (33, 34). Our 380 current study shows that this disparities by racial disparity persists/ethnic group persist and 381 extendsextend to every clinical subgroup of NSCLC. Furthermore, we show that Hispanics are 382 also less likely to receive standard of careguideline-concordant treatment in general, but more 383 likely to receive surgery for ESL-NSCLC. In an earlier study, McCann and colleagues offer a 384 possible explanation for these racial disparities (35). They reported that while surgery was 385 offered to Black and White lung cancer patients at the same rate, Black patients declined 386 surgery more often. Their study showed no statistically significant difference in insurance 387 between both groups, and results were corrected for preoperative pulmonary function, tumor 388 stage, and comorbidity. Furthermore, Lin and colleagues reported that negative surgical beliefs, 389 fatalism, and mistrust among racial minorities can partly explain why Black patients are less 390 likely to receive standard of careguideline-concordant treatment (36). More research is needed 391 to identify the underlying reasons for such beliefs and mistrust and to test strategies to 392 overcome any barriers to delivery of standard of care. guideline-concordant treatment. 393

394 Strengths and Limitations

A major strength of this study is the very large sample size, combined with the extensive
treatment data available in the NCDB. The linked SEER-Medicare database, which also contains
detailed treatment variables, may be biased towards older individuals as it mainly includes
patients aged ≥65 years. In contrast, the NCDB data used for our study included lung cancer
patients aged 18 years or older.

There are five<u>several</u> potential limitations to our study. The first is the hospital-based nature of the data, which captures only cases diagnosed and treated in Commission on Cancer affiliated hospitals. However, these hospitals together treat 70% of incident cancer cases in the United States. Furthermore, we compared baseline characteristics to a cohort of patients captured by the smaller but population-based SEER database and found only small differences. Therefore, our results are likely generalizable to the US population.

406 Second, our data includes only the first course of treatment. Nevertheless, we were able 407 to define standard of care guideline-concordant treatment as the minimal recommended 408 treatment-patients should receive. Although the focus of this manuscript was therefore the issue of undertreatment, receiving "less intensive treatment than recommended", we 409 410 acknowledge that overtreatment receiving "more intensive treatment than recommended" 411 could potentially also be an issue. However, for most clinical subgroups the NCDB data does not 412 contain sufficient clinical variables to assess whether each possible combination of surgery, 413 radiotherapy, chemotherapy, and other treatment was "more intensive than recommended". 414 For example, radiotherapy is not recommended as a minimal treatment for A-NSCLC, but may 415 still be prescribed as symptomatic treatment for painful bone metastases. Nevertheless, we 416 were able to assess that 10.4% of stage I NSCLC cases in our data received adjuvant or

Page 56 of 98

neoadjuvant chemotherapy, which could provide an indication of the extent to which

418 <u>overtreatment occurs</u>. Also, 2.9% of A-NSCLC cases received surgery. Future studies should

focus more in depth on the severity and consequences of overtreatment of receiving more

420 <u>intensive treatment than recommended for</u> lung cancer.

421 Third, the data did not include several clinical variables which may affect the choice of 422 treatment. Smoking cessation after the diagnosis of lung cancer has been associated with 423 reduced all-cause mortality (37) and a reduced risk of hospital death and pulmonary 424 complications after surgery (38). Therefore, active smokers may have been less likely to receive 425 surgery. However, guidelines state that surgery should not be denied to patients only due to 426 smoking (14). Pulmonary function and performance score may have also influenced the 427 likelihood of receiving surgery (39). Although our correction for comorbidities may have 428 partially accounted for these factors, the Charlson score is an aggregate measure that does not 429 account for all possible comorbidities. Another factor that we could not fully account for using 430 the NCDB data is socio-economic status, although we were able to include insurance status. We 431 addressed the absence of these clinical variables by assessing multiple standard of care 432 therapiesguideline-concordant treatments for some clinical subgroups. For instance, both SBRT 433 and surgery were regarded standard of careguideline-concordant treatments for ESL-NSCLC. 434 However, this carries the implicit assumption that when the non-surgical standard of 435 caretreatment was given, the patient was indeed medically inoperable. 436 Fourth, we used the official cut-off of 5 fractions in our definition of SBRT, while some institutions use schemes with up to 10 fractions (19). However, using a cut-off of 10 fractions 437

438 would only increase the use of SBRT among **ESL**-NSCLC in our dataset from 10.4% to 10.9%.

439	Fifth, hospital-based data such as the NCDB could potentially be clustered by hospital.
440	However, in an exploratory analysis using the data before multiple imputation, incorporating
441	clustering by hospital ID had a negligible effect on the estimates of the overall regression model
442	(data not shown). Given that the effect of clustering by hospital is therefore likely small, we did
443	not incorporate clustering by hospital in our final models.
444	Finally, we were not able to take patient preferences into account. Hence, we cannot
445	draw firm conclusions on the underlying causes of the identified disparities by
446	race/ethnicityracial/ethnic group and by age.
447	
448	Conclusions
449	We show that many lung cancer patients in the United States do not receive standard of
450	care.guideline-concordant treatment. Efforts should be made to decrease the proportion of
451	cases that receive non-standard of careno treatment or no therapy.less intensive treatment
452	than recommended. Specifically, patterns of non-standard of carecare among those receiving
453	less intensive treatment than recommended suggest room for an improved uptake of SBRT
454	among ESL-NSCLC, multimodality therapy among LA-NSCLC and LD-SCLC, and- chemotherapy
455	among metastatic disease (A-NSCLC and ED-SCLC). Furthermore, we show that elderly patients
456	and non-Hispanic Blacks are less likely to receive standard of careguideline-concordant
457	treatment across most clinical subgroups of lung cancer despite adjusting for relevant patient,
458	tumor, and health care provider characteristics. This knowledge may be used to target
459	interventions for improving the rate of lung cancer cases that receive standard of careguideline-
460	concordant treatment and to reduce disparities.
I	

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		Overall (N = 441,812)	NSCLC (N = 375,832)	SCLC (N = 65,980)
Patient characteristics				
Sex (%)	Male	228,519 (51.7)	196,454 (52.3)	32,065 (48.6)
	Female	213,293 (48.3)	179,378 (47.7)	33,915 (51.4)
Age at diagnosis (%)	<50	22,328 (5.1)	19,224 (5.1)	3,104 (4.7)
	50-54	33,619 (7.6)	27,968 (7.4)	5,651 (8.6)
	55-59	50,955 (11.5)	42,054 (11.2)	8,901 (13.5)
	60-64	62,839 (14.2)	51,902 (13.8)	10,937 (16.6)
	65-69	75,298 (17.0)	62,838 (16.7)	12,460 (18.9)
	70-74	71,798 (16.3)	60,983 (16.2)	10,815 (16.4)
	75-79	58,053 (13.1)	50,616 (13.5)	7,437 (11.3)
	≥80	66,922 (15.1)	60,247 (16.0)	6,675 (10.1)
Race/ethnicityRac ial/ethnic group (%)	Non-Hispanic White	349,842 (79.2)	294,833 (78.4)	55,009 (83.4)
	Non-Hispanic Black	48,060 (10.9)	42,799 (11.4)	5,261 (8.0)
	Non-Hispanic Asian	9,483 (2.1)	8,741 (2.3)	742 (1.1)
	Hispanic	12,081 (2.7)	10,587 (2.8)	1,494 (2.3)
	Other	2,806 (0.6)	2,441 (0.6)	365 (0.6)
	Unknown	19,540 (4.4)	16,431 (4.4)	3,109 (4.7)
Health insurance status (%)	Private	117,168 (26.5)	99,666 (26.5)	17,502 (26.5)
	Medicare	256,740 (58.1)	219,916 (58.5)	36,824 (55.8)
	Medicaid	34,278 (7.8)	28,118 (7.5)	6,160 (9.3)
	Other government insurance	7,023 (1.6)	5,928 (1.6)	1,095 (1.7)
	No insurance	18,112 (4.1)	15,009 (4.0)	3,103 (4.7)
	Unknown	8,491 (1.9)	7,195 (1.9)	1,296 (2.0)
Charlson comorbidity score (%)	0	24,6887 (55.9)	211,483 (56.3)	35,404 (53.7)
A* 1	1	130,577 (29.6)	110,304 (29.3)	20,273 (30.7)
	≥2	64,348 (14.6)	54,045 (14.4)	10,303 (15.6)
Health care provider characteristics				,
Facility type (%)	Academic	140,344 (31.8)	121,914 (32.4)	18,430 (27.9)

Table 1: Characteristics of Patients in the National Cancer Database Diagnosed with Non-Small Cell Lung Cancer or Small Cell Lung Cancer in Years 2010 – 2014

Hospital volume	Non-academic Unknown Median (IQR)	298,618 (67.6) 2,850 (0.6) 524 (302-861)	251,260 (66.9) 2,658 (0.7) 533 (304-871)	47,358 (71.8) 192 (0.3) 500 (288-837)
Tumor characteristics				
Histology (%)*	Adenocarcinoma	192,943 (43.7)	192,943 (51.3)	-
	Squamous cell	98,848 (22.4)	98,848 (26.3)	-
	Other non-small cell	84,041 (19.0)	84,041 (22.4)	-
	Small cell	65,980 (14.9)	-	65,980 (100.0)
Clinical stage at diagnosis (%)	IA	62,694 (14.2)	61,123 (16.3)	1,571 (2.4)
	IB	26,984 (6.1)	26,049 (6.9)	935 (1.4)
	IIA	17,456 (4.0)	15,898 (4.2)	1,558 (2.4)
	IIB	15,199 (3.4)	14,300 (3.8)	899 (1.4)
	IIIA	57,989 (13.1)	48,881 (13.0)	9,108 (13.8)
	IIIB	34,088 (7.7)	26,941 (7.2)	7,147 (10.8)
	IV	227,402 (51.5)	182,640 (48.6)	44,762 (67.8)

Table legend:

Abbreviations: NSCLC = non-small cell lung cancer; SCLC = small cell lung cancer, IQR = interquartile range. * NSCLC is subdivided into three distinct histology categories, while SCLC is considered a separate disease category.

Table 2: Receipt of Standard of Care Therapy AmongGuideline-Concordant TreatmentamongLung Cancer Patients by Clinical Subgroup

Clinical Subgroup	n	Standard of Care* Guideline- Concordant Treatment*	Non-Standard of Care [‡] Less Intensive Treatment Than <u>Recommended[†]</u>	No Therapy<u>Treatment</u>
Overall (%)	441,812	274,338 (62.1)	72,155 (16.3)	95,319 (21.6)
ESL-NSCLC (%)	117,370	89,503 (76.3)	15,741 (13.4)	12,126 (10.3)
LA-NSCLC (%)	75,822	45,774 (60.4)	16,412 (21.6)	13,636 (18.0)
A-NSCLC (%)	182,640	92,119 (50.4)	33,227 (18.2)	57,294 (31.4)
LD-SCLC (%)	21,218	14,765 (69.6)	3,927 (18.5)	2,526 (11.9)
ED-SCLC (%)	44,762	32,177 (71.9)	2,848 (6.4)	9,737 (21.8)

Table legend:

Abbreviations: ESL-NSCLC = early-stagelocalized non-small cell lung cancer (stages I-II); LA-NSCLC = locallyadvanced non-small cell lung cancer (stage III); A-NSCLC = advanced non-small cell lung cancer (stage IV); LD-SCLC = limited disease small cell lung cancer (stages I-III); ED-SCLC = extensive disease small cell lung cancer (stage IV).

* Standard of care is Guideline-concordant treatment was defined as the minimal treatment patients should receive- according to the National Comprehensive Cancer Network guidelines. Hence, additional treatment could be given was allowed beside the standard of care-guideline-concordant treatment. We considered standard of careguideline-concordant treatment to be either surgery or Stereotactic Body Radiation Therapy for ESL-NSCLC; either radiotherapy and chemotherapy or surgery and chemotherapy for LA-NSCLC; chemotherapy for A-NSCLC;

chemotherapy for A-NSCLC; either radiotherapy and chemotherapy or surgery and chemotherapy for patients with LD-SCLC; and chemotherapy for patients with ED-SCLC.

[†] Non-standard of careLess intensive treatment than recommended was defined as therapytreatment that was not standard of careguideline-concordant.

Clinical Subgroup	TherapyTreatment Received*	n (%)
<mark>SL</mark> -NSCLC	Standard of careGuideline-concordant	
	treatment	
	Surgery only	57,605 (49.1)
	Surgery & chemotherapy	13,359 (11.4)
	SBRT only	11,740 (10.0)
	Surgery & CRT & chemotherapy	4,405 (3.8)
	Surgery & CRT	1,562 (1.3)
	Non-standard of careLess intensive	
	treatment than recommended	
	CRT only	7,129 (6.1)
	CRT & chemotherapy	6,953 (5.9)
	Chemotherapy only	1,465 (1.2)
A-NSCLC	Standard of careGuideline-concordant	
	treatment	
	CRT & chemotherapy	36,108 (47.6)
	Surgery & CRT & chemotherapy	5,580 (7.4)
	Surgery & chemotherapy	3,335 (4.4)
	Non-standard of careLess intensive	
	treatment than recommended	
	CRT only	6,577 (8.7)
	Chemotherapy only	6,008 (7.9)
	Surgery only	2,676 (3.5)
A- NSCLC	Standard of careGuideline-concordant	
	<u>treatment</u>	
	CRT & chemotherapy	47,370 (25.9)
	Chemotherapy only	35,620 (19.5)
	CRT & chemotherapy & other	2,970 (1.6)
	therapytreatment	
	Chemotherapy & other	2,715 (1.5)
	therapytreatment	
	Non-standard of careLess intensive treatment than recommended	
	CRT only	29,219 (16.0)
_D-SCLC	Standard of careGuideline-concordant	23,213 (10.0)
	treatment	
	CRT & chemotherapy	13,477 (63.5)
	Surgery & CRT & chemotherapy	545 (2.6)
	Surgery & chemotherapy	514 (2.4)
	Non-standard of careLess intensive	- ()
	treatment than recommended	
	Chemotherapy only	2,917 (13.7)
	CRT only	534 (2.5)
	Surgery only	340 (1.6)
ED-SCLC	Standard of careGuideline-concordant	/
-	treatment	

Table 3: Patterns of Care Amongamong Lung Cancer Patients by Clinical Subgroup

CRT & chemotherapy	15,671 (35.0)
Chemotherapy only	15,658 (35.0)
Non-standard of careLess intensive	
treatment than recommended	
CRT only	2,597 (5.8)

Table legend:

Abbreviations: ESL-NSCLC = early-stagelocalized non-small cell lung cancer (stages I-II); LA-NSCLC = locallyadvanced non-small cell lung cancer (stage III); A-NSCLC = advanced non-small cell lung cancer (stage IV); LD-SCLC = limited disease small cell lung cancer (stage I-III); ED-SCLC = extensive disease small cell lung cancer (stage IV); SBRT = Stereotactic Body Radiation Therapy, defined as thoracic radiotherapy with a dose of \geq 45 Gray in \leq 5 fractions; CRT = conventionally fractionated radiotherapy, defined as all radiotherapy other than Stereotactic Body Radiation Therapy.

* All mutually exclusive combinations of treatment modalities (i.e. all combinations of surgery, Stereotactic Body Radiation Therapy, conventionally fractionated radiotherapy, chemotherapy, and other <u>therapytreatment</u>) were assessed. However, for each clinical subgroup only those treatment combinations that were more prevalent than 1% are reported in this table.

Standard of Care Guideline-Concordant Treatment for Lung Cancer								
Age	<50	50-54	55-59	60-64	65-69	70-74	75-79	≥80
No. of subjects	22,328	33,619	50,955	62,839	75,298	71,798	58,053	66,922
No. events	17,710	25,242	36,765	43,702	50,822	44,959	31,977	23,161
Event risk	0.79	0.75	0.72	0.70	0.67	0.63	0.55	0.35
Crude	Reference	0.79	0.68	0.60	0.54	0.44	0.32	0.14
odds ratio (95% CI) *		(0.75-0.82)	(0.65-0.70)	(0.57-0.62)	(0.52-0.56)	(0.42-0.45)	(0.31-0.33)	(0.13-0.14)
Adjusted	Reference	0.76	0.63	0.53	0.48	0.39	0.28	0.12
odds ratio (95%CI) *		(0.73-0.79)	(0.60-0.65)	(0.51-0.55)	(0.47-0.50)	(0.37-0.40)	(0.27-0.29)	(0.12-0.13)
Race/ethn icityRacial /ethnic group	Non- Hispanic White	Non- Hispanic Black	Non- Hispanic Asian	Hispanic	Other			
No. of subjects ⁺	365,922	50,256	9,958	12,682	2,995			
No. events [†]	229,378	29,206	6,344	7,529	1,881			
Event risk ⁺	0.63	0.58	0.64	0.59	0.63			
Crude	Reference	0.82	1.04	0.87	1.00			
odds ratio (95% CI) *		(0.81-0.84)	(1.00-1.09)	(0.84-0.90)	(0.93-1.09)			
Adjusted	Reference	0.78	1.09	0.94	0.94			
odds ratio (95%CI) *		(0.76-0.80)	(1.04-1.15)	(0.90-0.98)	(0.86-1.03)			

Table 4: Effect of Age and Race/EthnicityRacial/Ethnic Group Other Other</

Table legend:

Abbreviations: 95% CI = 95% Confidence interval; No. = number.

* The crude and adjusted odds ratios are from the pooled regression model based on all three imputed datasets. Adjusted odds ratios are adjusted for sex, insurance status, Charlson comorbidity score, -treating facility type, hospital volume, histology, and clinical stage at diagnosis. Variance inflation factors were ≤2 for all covariates, indicating that multicollinearity was limited.

⁺ The number of subjects, number of events, and event risks for <u>race/ethnicityracial/ethnic group</u> are based on the mean values across the three imputed datasets.

Disparities in Receiving Guideline-Concordant Treatment for Lung Cancer in the United States

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Online Supplement

Supplementary Methods

<u>Data</u>

We used the National Cancer Database (NCDB) to extract a cohort of patients diagnosed with lung cancer between 2010-2014. The NCDB, established in 1989, is a nationwide, facility-based, comprehensive clinical surveillance resource oncology data set that currently captures 70% of all newly diagnosed malignancies in the United States annually, from more than 1500 affiliated facilities. The NCDB records the first course of treatment, defined as all methods of treatment recorded in the treatment plan and administered to the patient before disease progression or recurrence. Analysis of individual-level NCDB data was performed on site at the University of Michigan Medical School. This study was deemed exempt by the Institutional Review Board of the University of Michigan.

Case selection

Only cases with International Classification of Diseases for Oncology 3rd edition (ICD-0-3) malignant behavior code were selected (E1). Stages 0, occult, and unknown were excluded as guidelines provide no treatment recommendations for these patients. We further removed cases without a known stage subcategory (e.g. stage I rather than IA) because these do not provide sufficient detail. We selected only those cases staged using the American Joint Committee on Cancer (AJCC) 7th edition Cancer Staging Manual, which was effective from 2010-2017 (E2). In accordance with NCDB instructions, we further excluded the following: cases with

a history of multiple primary tumors of which lung cancer wasn't the first; cases with a date of diagnosis before the reporting facility's reference date (i.e. the date from which the facility guarantees the accuracy of data); and cases that did not receive any treatment at the reporting facility. Also, we excluded cases with unknown treatment. Finally, we selected only cases with less than four months (122 days) between diagnosis and onset of therapy because the NCDB uses the principle that initial treatment must begin within four months of the date of initial diagnosis.

Data cleaning

Baseline characteristics

Baseline characteristics of included patients were derived and included sex, age at diagnosis, racial/ethnic group, insurance status, Charlson comorbidity score, tumor histology, clinical stage at diagnosis, treating facility type, and treating hospital volume. The derivation of these variables is detailed below.

Deriving sex

The standard coding of sex was used.

Deriving age at diagnosis

Age at diagnosis was collapsed into categories under 50, 80 or over, and 5-year intervals in between.

Deriving racial/ethnic groups

Available Race codes were recoded to categories White, Black, Asian, Other (and Unknown) using definitions from the Census 2000 Technical Documentation (E3) as shown in Table E1. The variable for Spanish/Hispanic origin was collapsed into categories Non-Hispanic, Hispanic and Unknown. Cases in which the only evidence of the person's Hispanic origin was surname or maiden name were explicitly assigned the category Unknown. Cases with Hispanic origin could be of any Race. Therefore, recoded variables Race and Spanish/Hispanic origin were combined into a new variable with categories non-Hispanic White, non-Hispanic Black, non-Hispanic Asian, Hispanic, Other, and unknown.

Deriving insurance status

The standard coding of insurance status was used. According to the NCDB codebook, the first recorded payer or insurer was used if multiple forms of insurance are recorded on the patient's admission page.

Deriving Charlson comorbidity score

The Charlson comorbidity score is the sum of the scores for each of the comorbid conditions as mapped from the Charlson Comorbidity Score Mapping Table in the online NCDB Data Dictionary (E4). Individual comorbidities were not available in the data. The Charlson score in the NCDB is only available aggregated into scores 0, 1 and 2 or higher. A Charlson score of 0

Page 76 of 98

does not mean that no comorbidities are present, but that none of the comorbidities from the mapping table were present.

Deriving tumor histology

ICD-0-3 morphological codes were assigned to categories adenocarcinoma (including bronchioalveolar carcinoma and large cell carcinoma), squamous cell carcinoma, other nonsmall cell and small cell lung cancer (SCLC), as shown in Table E2. The classification was based on an earlier publication (E5). In accordance with the ICD-0-3 coding manual, morphological codes that were not listed in that classification or that were accompanied by a lung cancerspecific site code despite not being typically associated with lung cancer were not discarded but were assigned the histological category other (E1).

Deriving stage at diagnosis

We used clinical stage at diagnosis because pathological stage is only available after the outcome of interest (initial treatment) has taken place. As is customary in clinical guidelines, clinical stage for SCLC was collapsed to limited disease SCLC (LD-SCLC; stages I-III) and extensive disease SCLC (ED-SCLC; stage IV). For the analysis of NSCLC cases, we collapsed stages IA, IB, and II into localized NSCLC (L-NSCLC), stages IIIA and IIIB into locally advanced NSCLC (LA-NSCLC), and stage IV into advanced NSCLC (A-NSCLC).

Deriving facility type

Treating facility type was derived by combining Commission on Cancer accreditation categories into academic (includes Academic Comprehensive Cancer Programs and National Cancer Institute-designated Comprehensive Cancer Centers) and non-academic (all other reported program types). Commission on Cancer programs categories are based on type of facility, program structure, services provided, and the volume of patients. Key characteristics of the category "Academic Comprehensive Cancer Program" are the annual accession of at least 500 newly diagnosed cancer cases, the availability of a full range of diagnostic and therapeutic services, the participation in research, and the participation in postgraduate medical education in at least four programs including internal medicine and surgery (E6). The category National Cancer Institute-Designated Comprehensive Cancer Center Program only requires the availability of a full range of diagnostic and treatment facilities (E6).

Deriving hospital volume

Hospital volume was calculated by determining how many lung cancer cases (both NSCLC and SCLC) were treated at the reporting (and therefore treating) facility, using the unique facility identifier. Hospital volume was aggregated in quartiles and used as a categorical variable.

Extracting a cohort from the Surveillance, Epidemiology, and End Results dataset

Applying a case selection process similar to that of the studied NCDB cohort, we extracted a cohort from the Surveillance, Epidemiology, and End Results (SEER) 18 Registries Research Data + Hurricane Katrina Impacted Louisiana Cases November 2016 data submission using proprietary SEER*Stat software (E7). First, only cases with ICD-0-3 topography codes for lung

Page 78 of 98

cancer (C340 - C343, C348 and C349) and malignant behavior code were selected. We only selected cases staged using the AJCC 7th Edition Cancer Staging Manual (E2). Stages 0 and occult and cases with unspecified substage (i.e. stage I rather than IA) were excluded. For full comparability of baseline characteristics between the NCDB and the SEER database, we did not exclude cases with an unknown stage in this comparison. Only cases with "one primary only" or "1st of 2 or more primaries" were selected. Finally, only cases with known age diagnosed in years 2010 through 2014 were selected.

To assess the generalizability of NCDB data to the general US population, we compared baseline characteristics of the cohort from the SEER database to the cohort of lung cancer patients from the NCDB database. Where possible, ICD-0-3 morphological codes were assigned to histology categories using the same classification that we used for the NCDB cohort, as shown in Table E2. The following histologies were available in the NCDB cohort, but not in the SEER cohort: 8143, 8572, 8573 (classified as adenocarcinoma); 8005, 8040, 8080, 8090, 8094, 8120, 8154, 8160, 8210, 8211, 8243, 8262, 8280, 8313, 8380, 8401, 8453, 8503, 8510 (classified as other non-small cell). The following histologies were available in the SEER cohort, but not in the NCDB cohort and were classified as follows: 8201, 8571 (adenocarcinoma); 8034, 8300, 8410, 9590, 9591, 9650, 9651, 9663, 9671, 9673, 9680, 9687, 9690, 9699, 9714 (other nonsmall cell). We recoded and categorized racial/ethnic groups in the exact same way as for the NCDB cohort, as described elsewhere in the Supplementary Methods. As the insurance status variable in the SEER database is less granular than in the NCDB, we recoded insurance status in both datasets to categories insured (NCDB: private, Medicare, Medicaid, other government insurance; SEER: insured, insured with no specifics, any Medicaid), uninsured, and unknown.

The treatment facility type variable that we used in the NCDB analysis is NCDB-specific and was therefore unavailable for the SEER database. Finally, the Charlson comorbidity score was also not available in the SEER database.

Constructing treatment variables

The NCDB records the first course of treatment, defined as all methods of treatment recorded in the treatment plan and administered to the patient before disease progression or recurrence. We were not able to distinguish whether multiple therapies were given concurrently or sequentially. Available treatment modalities in the dataset were surgery, radiotherapy, chemotherapy, hormone therapy, immunotherapy and other treatment (including experimental treatments).

The use of each of these modalities was coded in one or several variables. For each modality, crosstables were constructed between the available variables to check the internal consistency of the dataset. If possible based on these crosstables, unknown values were recoded (e.g. for n=43 cases, the variable RX_SUMM_SURG_PRIM_SITE indicated that it was unknown whether surgery was given while the variable REASON_FOR_NO_SURGERY indicated that surgery was not given. These were recoded as not having received surgery). Based on these crosstables, we constructed a set of binary variables to indicate whether surgery, radiotherapy, chemotherapy, hormone therapy, immunotherapy and other treatment were administered.

The names of individual systemic agents are not recorded by the NCDB. The NCDB uses the SEER*Rx Interactive Antineoplastic Drugs Database (E8) to determine whether systemic

Page 80 of 98

agents are to be coded as chemotherapy, hormone therapy, or immunotherapy. We investigated the targeted therapy agents that are most commonly used in lung cancer care (i.e. EGFR-inhibitors erlotinib, afatinib and gefitinib and ALK-inhibitors crizotinib and ceritinib) in the SEER*Rx database and found that these were all coded as chemotherapy. Therefore, we were not able to separately report on the use of targeted agents.

When investigating other novel treatment agents used in lung cancer care in the SEER*Rx database, we found that Vascular Endothelial Growth Factor (VEGF) inhibitor bevacizumab has been coded as immunotherapy for cases diagnosed after January 1st 2013 only. For cases diagnosed prior to that date, bevacizumab had been coded as chemotherapy. Protein Programmed Cell Death 1 (PD-1) inhibitors pembrolizumab, nivolumab and Protein Programmed Cell Death-Ligand 1 (PD-L1) inhibitor atezolizumab were coded as immunotherapy for all cases. The recommendation and clinical use of these agents in lung cancer therapy is very recent though, and is unlikely to be captured in the available dataset with cases diagnosed between 2010-2014. To our knowledge, there are no hormone therapy agents that have an accepted role in the treatment of lung cancer. As a result, hormone therapy and immunotherapy were aggregated with the other treatment category.

Radiotherapy was further divided into Stereotactic Body Radiotherapy (SBRT) and conventionally fractionated radiotherapy (CRT). SBRT delivers high-dose radiation to a specific target in only a few fractions and provides local tumor control rates of up to 90% with moderate toxicity (E9, E10). Since the most frequently used SBRT schemes in the US comprise a total dose of 45 Gray or more over 1-5 fractions (E11-E13) and the US billing code for SBRT includes a maximum of 5 fractions (E14), SBRT was defined as thoracic radiotherapy with a total

radiation dose of 45 Gray or more delivered in 5 fractions or less. CRT was defined as all radiotherapy that was not SBRT.

The remaining treatment variables were: surgery, SBRT, CRT, chemotherapy (including targeted therapies), and other treatment (including experimental treatments and immunotherapy). Cases that received none of these therapies were coded as having received no therapy.

Definition of Guideline-Concordant Treatment

Two main lung cancer types can be distinguished: NSCLC and SCLC, with the majority presenting as NSCLC. Since SCLC is clinically more aggressive than NSCLC, clinical treatment guidelines provide specific recommendations for clinical subgroups of lung cancer type and stage at diagnosis. For each of these clinical subgroups, we assessed whether guideline-concordant treatment was received, defined as the minimal first course treatment these patients should receive according to the National Comprehensive Cancer Network guidelines (E14, E15).

While surgical treatment is still recommended as the primary minimal treatment for L-NSCLC, SBRT is now recommended as an alternative treatment to surgery for L-NSCLC patients (E14). Therefore, both surgery and SBRT were considered guideline-concordant treatment for L-NSCLC. The minimal recommended treatment for LA-NSCLC and LD-SCLC depends on operability (E14, E15). If operable, the minimal recommendation is surgery combined with chemotherapy. However, the majority of LA-NSCLC and LD-SCLC patients are inoperable, in

Page 82 of 98

which case the minimal recommendation is a combination of radiotherapy and chemotherapy. Therefore, both treatment combinations were considered guideline-concordant for LA-NSCLC and LD-SCLC. For A-NSCLC and ED-SCLC, the minimal recommended treatment is chemotherapy (E14, E15). As we assessed the minimal recommended treatment for each clinical subgroup, additional treatments were allowed beside guideline-concordant treatment (e.g. radiotherapy for bone metastases beside chemotherapy in A-NSCLC). There were no restrictions on radiation dose or fractionation for stages other than L-NSCLC. A summary of the treatment combinations that were considered guideline-concordant for each clinical subgroup can be found in Table E3 in the Online Supplement.

Statistical Analysis

For each clinical subgroup, we assessed the proportion of cases that received guidelineconcordant treatment, less treatment than recommended (defined as treatment that was not guideline-concordant), and no treatment. We used clinical stage at diagnosis for creating clinical subgroups because pathological stage can only be known after the outcome of interest (initial treatment) has occurred. For the groups of patients who received guideline-concordant treatment and less intensive treatment than recommended, we separately assessed which mutually exclusive combinations of surgery, SBRT, CRT, chemotherapy (including targeted therapy) and other treatment (including immunotherapy and experimental treatments) were received.

To identify whether previously identified disparities in receiving guideline-concordant treatment by racial/ethnic group and by age persist, we fitted a multivariable logistic regression

model with receipt of guideline-concordant treatment as binary outcome and racial/ethnic group and age as independent variables. We further adjusted this model for several covariates that could be associated with racial/ethnic group and age, and also affect receiving guidelineconcordant treatment. Based on previous literature, we included sex (E16), health insurance status (E17), Charlson comorbidity score (E18), facility type (E19), and stage at diagnosis (E20). We further included histology because squamous cell carcinomas are often located centrally (E21), potentially making them more difficult to surgically resect. Finally, we included hospital volume because it is a well-established indicator of quality of care (E22).

To identify whether disparities by racial/ethnic group and by age extend across all clinical subgroups, we also fitted a separate model for each clinical subgroup. For clinical subgroups with multiple guideline-concordant treatment combinations, we fitted a separate model for each treatment combination. For example, two separate models were fitted for L-NSCLC; one with SBRT as binary outcome and one with surgery as binary outcome. These models were adjusted for the same covariates as the overall model.

All analyses were performed using R software version 3.4.1 (E23). The base-R glm() function was used to fit the logistic regression models. We used multiple imputation (m=3) to address missing data (E24). Multicollinearity was assessed by calculating generalized variance inflation factors (E25).

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Supplementary Tables and Figures

Supplementary Table E1: Recoding Race Categories from the National Cancer Database Participant User File

Recoded race category	Original race categories
White	White
Black	Black
Asian	Chinese; Japanese; Filipino; Hawaiian; Korean; Vietnamese; Laotian; Hmong; Kampuchean (including Khmer and Cambodian); Thai; Asian Indian or Pakistani NOS; Asian Indian; Pakistani; Other Asian (including Asian NOS and Oriental NOS)
Other	American Indian, Aleutian or Eskimo; Micronesian NOS; Chamorran; Guamanian NOS; Polynesian NOS; Tahitian; Samoan; Tongan; Melanesian NOS; Fiji Islander; New Guinean; Pacific Islander NOS; Other

Histology category	ICD-0-3 histological codes included
Adenocarcinoma	
Adenocarcinoma	8140; 8141; 8143; 8200; 8230; 8260; 8310; 8323; 8480; 8481; 8490; 8550; 8570;
	8572; 8573; 8574; 8575; 8576
Bronchioalveolar	8250; 8251; 8252; 8253; 8254; 8255
carcinoma	
Large cell carcinoma	8012; 8013; 8014
Squamous cell carcinoma	
Squamous Cell Carcinoma	8052; 8070; 8071; 8072; 8073; 8074; 8075; 8076; 8083; 8084
Other non-small cell lung	
cancer	
Other	8000; 8001; 8003; 8004; 8005; 8010; 8011; 8020; 8021; 8022; 8030; 8031; 8032;
	8033; 8035; 8040; 8046; 8050; 8051; 8080; 8082; 8090; 8094; 8120; 8123; 8144;
	8154; 8160; 8210; 8211; 8240; 8241; 8243; 8244; 8245; 8246; 8247; 8249; 8262;
	8280; 8290; 8313; 8320; 8333; 8341; 8380; 8401; 8430; 8441; 8453; 8470; 8500;
	8503; 8507; 8510; 8551; 8560; 8562; 8940; 8980
Small cell lung cancer	

Supplementary Table E2: Assigning International Classification of Diseases for Oncology 3rd Edition Histological Codes to Histology Categories

Table legend:

Small cell lung cancer

Abbreviations: ICD-0-3 = International Classification of Diseases for Oncology 3rd Edition.

8002; 8041; 8042; 8043; 8044; 8045

Clinical Subgroup	Guideline-Concordant Treatment*
L-NSCLC (%)	Surgery ± additional treatments AND/OR
	SBRT ± additional treatments
LA-NSCLC (%)	Surgery + chemotherapy ± additional treatments AND/OR
	Radiotherapy (any regimen) + chemotherapy ± additional treatments
A-NSCLC (%)	Chemotherapy ± additional treatments
LD-SCLC (%)	Surgery + chemotherapy ± additional treatments AND/OR
	Radiotherapy (any regimen) + chemotherapy ± additional treatments
ED-SCLC (%)	Chemotherapy ± additional treatments

Supplementary Table E3: Overview of Therapy That Was Considered Guideline-Concordant Treatment for Each Clinical Subgroup

Table legend:

Abbreviations: L-NSCLC = localized non-small cell lung cancer (stages I-II); LA-NSCLC = locally-advanced nonsmall cell lung cancer (stage III); A-NSCLC = advanced non-small cell lung cancer (stage IV); LD-SCLC = limited disease small cell lung cancer (stages I-III); ED-SCLC = extensive disease small cell lung cancer (stage IV); SBRT = Stereotactic Body Radiation Therapy, defined as thoracic radiotherapy with a dose of \geq 45 Gray in \leq 5 fractions. * Guideline-concordant treatment was defined as the minimal treatment patients should receive. Hence, \pm sign indicates that additional treatment was allowed beside the minimal recommended treatment. Available treatment modalities were surgery, radiotherapy (further specified as Stereotactic Body Radiotherapy or conventional radiotherapy), chemotherapy (including targeted therapies), and other treatment (including experimental treatments and immunotherapy). Supplementary Table E4: Comparison of Baseline Characteristics of Non-Small Cell Lung Cancer and Small Cell Lung Cancer Patients Diagnosed Between Years 2010 – 2014 in the National Cancer Database and the Surveillance, Epidemiology, and End Results Database

Database		NCDB	SEER	NCDB	SEER
Lung cancer type		NSCLC (N = 399,682)*	NSCLC (N = 163,141)	SCLC (N = 68,740)	SCLC (N = 23,285)
Patient characteristics					
Sex (%)	Male	208,212 (52.1)	85,944 (52.7)	33,316 (48.5)	11,742 (50.4)
	Female	191,470 (47.9)	77,197 (47.3)	35,424 (51.5)	11,543 (49.6)
Age at diagnosis (%)	< 50	20,455 (5.1)	7,201 (4.4)	3,203 (4.7)	922 (4.0)
	50 - 54	29,459 (7.4)	10,187 (6.2)	5,872 (8.5)	1,771 (7.6)
	55 - 59	44,363 (11.1)	16,236 (10)	9,228 (13.4)	2,902 (12.5)
	60 - 64	54,899 (13.7)	21,446 (13.1)	11,363 (16.5)	3,806 (16.3)
	65 - 69	66,778 (16.7)	26,578 (16.3)	12,973 (18.9)	4,505 (19.3)
	70 - 74	64,950 (16.3)	25,777 (15.8)	11,276 (16.4)	3,817 (16.4)
	75 - 79	54,016 (13.5)	22,870 (14.0)	7,776 (11.3)	2,892 (12.4)
	≥ 80	64,762 (16.2)	32,846 (20.1)	7,049 (10.3)	2,670 (11.5)
Racial/ethnic group (%)	Non-Hispanic White	31,3067 (78.3)	120,577 (73.9)	57,227 (83.3)	19,038 (81.8)
	Non-Hispanic Black	45,403 (11.4)	19,357 (11.9)	5,500 (8.0)	2,124 (9.1)
	Non-Hispanic Asian	9,330 (2.3)	11,072 (6.8)	771 (1.1)	804 (3.5)
	Hispanic	11,523 (2.9)	8,731 (5.4)	1,582 (2.3)	896 (3.8)
	Other	2,645 (0.7)	1,348 (0.8)	376 (0.5)	177 (0.8)
	Unknown	17,714 (4.4)	2,056 (1.3)	3,284 (4.8)	246 (1.1)
Health insurance status (%)	Insured	375,267 (93.9)	146,763 (90.0)	64,075 (93.2)	21,771 (93.5)
	Uninsured	15,778 (3.9)	5,108 (3.1)	3,222 (4.7)	927 (4.0)
	Unknown	8,637 (2.2)	11,270 (6.9)	1,443 (2.1)	587 (2.5)
Tumor characteristics					
Histology (%) [†]	Adenocarcinoma	204,865 (51.3)	79,549 (48.8)	-	-
	Squamous cell carcinoma	104,537 (26.2)	37,549 (23.0)	-	-
	Other non-small cell	90,280 (22.6)	46,043 (28.2)	-	-
Stage at diagnosis (%) [‡]	ΙΑ	61,123 (15.3)	19,091 (11.7)	1,571 (2.3)	420 (1.8)
	IB	26,049 (6.5)	10,967 (6.7)	935 (1.4)	310 (1.3)
	IIA	15,898 (4.0)	6,171 (3.8)	1,558 (2.3)	396 (1.7)
	IIB	14,300 (3.6)	6,437 (3.9)	899 (1.3)	256 (1.1)
	IIIA	48,881 (12.2)	19,212 (11.8)	9,108 (13.2)	2,724 (11.7)
	IIIB	26,941 (6.7)	8,846 (5.4)	7,147 (10.4)	2,239 (9.6)
	IV	18,2640 (45.7)	79,230 (48.6)	44,762 (65.1)	16,304 (70)
	Unknown	23,850 (6.0)	13,187 (8.1)	2,760 (4.0)	636 (2.7)

Table legend:

Abbreviations: NSCLC = non-small cell lung cancer; SCLC = small cell lung cancer; NCDB = National Cancer Database; SEER = Surveillance, Epidemiology, and End Results.

* Other analyses in this study exclude cases with unknown stage. For full comparability of baseline characteristics between the National Cancer Database and the Surveillance, Epidemiology, and End Results database, this table does include unknown stages. Therefore, the total number of cases in this table is different from other tables in the manuscript.

⁺ NSCLC is subdivided into three distinct histology categories, while SCLC is considered a separate disease category.

‡ In our main analysis for the NCDB data, we used clinical stage because pathological stage can only be known after the outcome of interest has taken place (i.e. treatment). Clinical stage is not available in the SEER database. Instead, the SEER database uses an algorithm based on Collaborative Stage variables to derive AJCC 7th edition stages. This algorithm occasionally uses pathological data if available.

	Overall	L-NSCLC		LA-NSCLC	A-NSCLC		LD-SCLC		ED-SCLC
	Guideline-		CDDT		Curranni P			Sungamu 9	
	Concordant Treatment*	Surgery	SBRT	Radiotherapy & Chemotherapy	Surgery & Chemotherapy	Chemotherapy	Radiotherapy & Chemotherapy	Surgery & Chemotherapy	Chemotherapy
Patient									
characteristics Sex									
Male	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference
Female	1.01 (0.99-1.02)	0.97 (0.95-1.00)	1.07 (1.02-1.11)	0.94 (0.91-0.97)	1.05 (1-1.1)	1.04 (1.02-1.06)	1.05 (0.99-1.12)	0.78 (0.68-0.89)	0.98 (0.94-1.02)
Age									
<50	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference
50-54	0.76 (0.73-0.79)	0.49 (0.43-0.55)	2.78 (2.07-3.73)	0.99 (0.9-1.08)	0.78 (0.7-0.87)	0.76 (0.72-0.8)	0.78 (0.64-0.96)	0.65 (0.43-0.98)	0.74 (0.64-0.87)
55-59	0.63 (0.6-0.65)	0.35 (0.32-0.39)	4.57 (3.48-6.01)	0.87 (0.8-0.95)	0.68 (0.62-0.76)	0.63 (0.59-0.66)	0.65 (0.54-0.79)	0.75 (0.52-1.08)	0.61 (0.53-0.7)
60-64	0.53 (0.51-0.55)	0.28 (0.26-0.32)	5.82 (4.46-7.61)	0.75 (0.69-0.82)	0.62 (0.56-0.68)	0.53 (0.5-0.56)	0.53 (0.44-0.64)	0.8 (0.56-1.14)	0.52 (0.45-0.6)
65-69	0.48 (0.47-0.5)	0.27 (0.24-0.30)	6.66 (5.10-8.70)	0.64 (0.59-0.7)	0.58 (0.52-0.65)	0.5 (0.47-0.52)	0.49 (0.4-0.59)	0.86 (0.6-1.24)	0.46 (0.4-0.53)
70-74	0.39 (0.37-0.4)	0.21 (0.19-0.24)	8.55 (6.55-11.16)	0.53 (0.48-0.58)	0.43 (0.38-0.48)	0.39 (0.37-0.42)	0.39 (0.32-0.47)	0.65 (0.45-0.95)	0.35 (0.3-0.41)
75-79	0.28 (0.27-0.29)	0.15 (0.14-0.17)	11.44 (8.76-14.94)	0.37 (0.34-0.4)	0.27 (0.24-0.31)	0.28 (0.27-0.3)	0.25 (0.21-0.31)	0.54 (0.36-0.8)	0.26 (0.23-0.3)
≥80	0.12 (0.12-0.13)	0.06 (0.05-0.06)	18.39 (14.09- 23.99)	0.15 (0.14-0.17)	0.09 (0.08-0.11)	0.12 (0.11-0.13)	0.12 (0.1-0.15)	0.22 (0.14-0.34)	0.12 (0.1-0.14)
Racial/ethnic group									
Non-Hispanic White	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference
Non-Hispanic Black	0.78 (0.76-0.8)	0.62 (0.59-0.64)	1.03 (0.95-1.1)	0.87 (0.83-0.91)	0.62 (0.58-0.68)	0.85 (0.82-0.87)	0.97 (0.87-1.08)	0.6 (0.45-0.79)	0.93 (0.86-1.01)
Non-Hispanic Asian	1.09 (1.04-1.15)	1.23 (1.1-1.37)	0.51 (0.43-0.62)	0.84 (0.75-0.94)	1.12 (0.95-1.32)	1.25 (1.18-1.34)	0.98 (0.75-1.28)	0.75 (0.34-1.67)	1.02 (0.83-1.25
Hispanic	0.94 (0.9-0.98)	1.24 (1.13-1.36)	0.47 (0.4-0.56)	0.81 (0.73-0.89)	0.99 (0.85-1.14)	1.02 (0.96-1.08)	0.67 (0.55-0.83)	0.75 (0.44-1.29)	0.92 (0.8-1.07)
Other	0.94 (0.86-1.03)	0.96 (0.81-1.15)	1.03 (0.79-1.33)	0.72 (0.6-0.87)	0.79 (0.59-1.06)	1.04 (0.91-1.18)	0.79 (0.53-1.17)	0.8 (0.32-2.05)	1.18 (0.88-1.58
Health Insurance status									

Supplementary Table E5: Effect of Patient, Health Care Provider, and Tumor Characteristics on the Odds of Receiving Guideline-Concordant Treatment for Lung Cancer by Clinical Subgroup

Private insurance	Reference	Reference							
Medicare	0.72 (0.7-0.73)	0.63 (0.6-0.65)	1.55 (1.45-1.65)	0.83 (0.8-0.87)	0.67 (0.63-0.72)	0.71 (0.69-0.73)	0.76 (0.7-0.84)	0.79 (0.65-0.95)	0.74 (0.69-0.79)
Medicaid	0.58 (0.56-0.59)	0.42 (0.39-0.45)	1.92 (1.7-2.16)	0.78 (0.73-0.83)	0.55 (0.5-0.6)	0.56 (0.54-0.58)	0.64 (0.57-0.73)	0.54 (0.39-0.74)	0.65 (0.59-0.71)
Other government insurance	0.6 (0.57-0.64)	0.25 (0.23-0.28)	4.46 (3.91-5.08)	1.04 (0.93-1.17)	0.51 (0.42-0.61)	0.51 (0.47-0.56)	0.94 (0.73-1.2)	0.63 (0.36-1.1)	0.71 (0.6-0.86)
No insurance	0.48 (0.46-0.49)	0.43 (0.39-0.47)	1.13 (0.9-1.41)	0.66 (0.61-0.72)	0.42 (0.37-0.48)	0.46 (0.44-0.48)	0.58 (0.49-0.68)	0.53 (0.33-0.85)	0.49 (0.44-0.54)
Charlson comorbidity score									
0	Reference	Reference							
1	0.83 (0.82-0.84)	1.29 (1.25-1.33)	0.77 (0.73-0.8)	0.74 (0.72-0.77)	1.14 (1.09-1.2)	0.73 (0.71-0.74)	0.75 (0.7-0.81)	1.47 (1.27-1.71)	0.85 (0.81-0.89)
≥2	0.59 (0.58-0.6)	0.88 (0.85-0.92)	0.97 (0.92-1.02)	0.55 (0.53-0.58)	0.82 (0.76-0.89)	0.5 (0.49-0.52)	0.61 (0.56-0.66)	1.09 (0.89-1.33))	0.61 (0.58-0.65)
Health care provider characteristics									
Facility type									
Academic	Reference	Reference							
Non-academic	0.91 (0.89-0.92)	0.89 (0.86-0.92)	0.76 (0.72-0.79)	1.1 (1.06-1.14)	0.75 (0.71-0.79)	0.94 (0.92-0.96)	1.11 (1.03-1.2)	0.73 (0.62-0.85)	0.97 (0.92-1.03)
Hospital volume [†]									
861-3596 (Q4)	Reference	Reference							
524-861 (Q3)	0.96 (0.94-0.98)	0.94 (0.9-0.97)	0.98 (0.93-1.03)	1.1 (1.05-1.15)	0.84 (0.79-0.9)	0.93 (0.91-0.96)	1.11 (1.02-1.22)	0.69 (0.57-0.84)	0.96 (0.9-1.02)
302-524 (Q2)	0.86 (0.85-0.88)	0.93 (0.9-0.97)	0.77 (0.73-0.81)	1.04 (0.99-1.08)	0.84 (0.79-0.9)	0.86 (0.84-0.89)	1.01 (0.92-1.1)	0.66 (0.55-0.8)	0.85 (0.79-0.9)
1-302 (Q1)	0.77 (0.76-0.79)	0.89 (0.86-0.93)	0.44 (0.41-0.48)	0.96 (0.92-1.01)	0.76 (0.7-0.81)	0.81 (0.79-0.83)	0.93 (0.85-1.02)	0.62 (0.5-0.76)	0.73 (0.68-0.77)
Tumor characteristics									
Histology [‡]									
Adenocarcinoma	Reference	Reference	Reference	Reference	Reference	Reference	-	-	-
Squamous cell	0.83 (0.81-0.84)	0.51 (0.5-0.53)	1.52 (1.45-1.59)	1.22 (1.17-1.26)	0.58 (0.55-0.61)	0.85 (0.83-0.87)			
Other non-small cell	0.44 (0.43-0.45)	0.26 (0.25-0.27)	1.92 (1.83-2.02)	0.66 (0.63-0.69)	0.39 (0.37-0.43)	0.48 (0.47-0.5)	-	-	-
Small cell	1.61 (1.58-1.65)	-	-	-	-	-	-	-	-

Clinical stage at diagnosis[§]

IA	Reference	Reference	Reference	-	-	-	Reference	Reference	-
IB	0.51 (0.49-0.53)	0.78 (0.75-0.81)	0.64 (0.61-0.68)	-	-	-	1.42 (1.19-1.68)	0.41 (0.33-0.51)	-
IIA	0.25 (0.24-0.26)	0.57 (0.55-0.6)	0.16 (0.14-0.17)	-	-	-	2.7 (2.32-3.15)	0.2 (0.16-0.25)	-
IIB	0.15 (0.15-0.16)	0.35 (0.34-0.37)	0.17 (0.16-0.19)	-	-	-	1.98 (1.66-2.36)	0.17 (0.12-0.22)	-
IIIA	0.22 (0.21-0.23)	-	-	Reference	Reference	-	2.71 (2.42-3.04)	0.04 (0.04-0.05)	-
IIIB	0.19 (0.19-0.2)	-	-	1.13 (1.09-1.16)	0.19 (0.17-0.20)	-	2.33 (2.07-2.62)	0.01 (0.01-0.02)	-
IV	0.15 (0.14-0.15)	-	-	-	-	-	-	-	-

Table legend:

Abbreviations: L-NSCLC = localized non-small cell lung cancer (stages I-II); LA-NSCLC = locally-advanced non-small cell lung cancer (stage III); A-NSCLC = advanced non-small cell lung cancer (stage IV); LD-SCLC = limited disease small cell lung cancer (stages I-III); ED-SCLC = extensive disease small cell lung cancer (stage IV); SBRT = Stereotactic Body Radiotherapy, defined as thoracic radiotherapy with a dose of \geq 45 Gray in \leq 5 fractions.

* A separate multivariable logistic regression model was fitted to a subset of patients for each clinical subgroup. The binary dependent variable in each model was receipt of guideline-concordant treatment for that clinical subgroup, defined as the minimal treatment those patients should receive according to the National Comprehensive Cancer Network guidelines. Hence, additional treatment was allowed beside guideline-concordant treatment. Guideline-concordant treatment was either surgery or SBRT for L-NSCLC; either radiotherapy and chemotherapy or surgery and chemotherapy for LA-NSCLC; chemotherapy for A-NSCLC; either surgery and chemotherapy or radiotherapy and chemotherapy for patients with LD-SCLC; and chemotherapy for patients with ED-SCLC. In clinical subgroups with multiple guideline-concordant treatment combinations, each of these treatment combinations was assessed in a separate model. Results are presented as adjusted odds ratio (95% confidence interval).

[†] Hospital volume (i.e. the number of unique cases treated at the treating facility) was categorized in quartiles (Q1-Q4).

[‡] NSCLC is subdivided into three distinct histology categories, while SCLC is considered a separate disease category.

§ As clinical subgroups are defined by stage and lung cancer type, different stages are used as the reference category across the different models.

Supplementary Figure E1: Selection of Lung Cancer Cases from the National Cancer Database

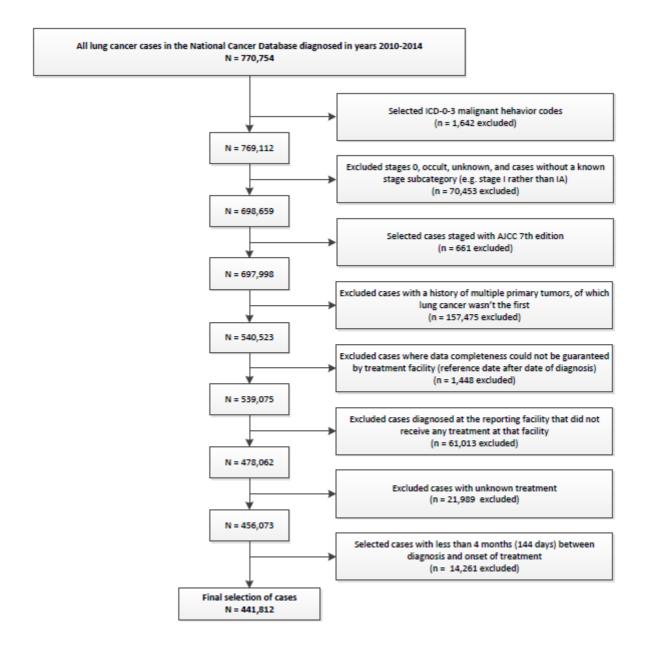
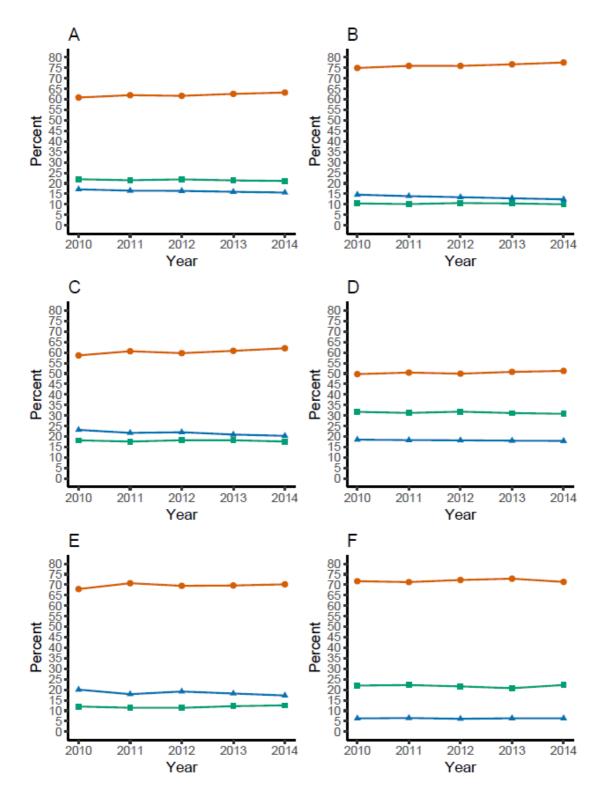


Figure legend:

Abbreviations: ICD-0-3 = International Classification of Diseases for Oncology 3rd Edition; AJCC = American Joint Committee on Cancer.



Supplementary Figure E2: Time Trends for Therapy Received by Lung Cancer Patients in the National Cancer Database

Guideline-concordant --- Less intensive than recommended--- No treatment

Figure legend:

Time trend for therapy received among [A] All cases; [B] localized non-small cell lung cancer cases (stages I-II); [C] locally-advanced non-small cell lung cancer cases (stage III); [D] advanced non-small cell lung cancer cases (stage IV); [E] limited disease small cell lung cancer cases (stages I-III); and [F] extensive disease small cell lung cancer cases (stage IV). We considered guideline-concordant treatment to be either surgery or stereotactic body radiotherapy for localized non-small cell lung cancer; either a combination of radiotherapy and chemotherapy or a combination of surgery and chemotherapy for locally advanced non-small cell lung cancer; chemotherapy for advanced non-small cell lung cancer; a combination of radiotherapy and chemotherapy or surgery and chemotherapy for patients with limited disease small cell lung cancer; and chemotherapy for patients with extensive disease small cell lung cancer. For each year, the proportion of cases that received guideline-concordant treatment, less intensive treatment than recommended, and no treatment add up to 100%.