Assembly on Nursing (NUR) Newsletter





Assembly Chair: Wanda M. Gibson-Scipio, Ph.D., FNP-BC, ATSF

Assembly Officers

Deena Kelly Costa, PhD, RN Planning Chair dkcosta@umich.edu

Lee Ann Matura, Ph.D., RN Program Chair matura@nursing.upenn.edu

Sharron J. Crowder, PhD, RN, ATSF Program Chair-Elect sjcrowde@iu.edu

Linda L. Chlan, PhD, RN, ATSF, FAAN Nominating Chair chlan.linda@mayo.edu

Heidi Lynne Lindroth, PhD, RN Web Director lindroth.heidi@mayo.edu

Assembly Contact

Website: https://www.thoracic.org/mem bers/assemblies/assemblies/n ur/index.php Email: NUR@thoracic.org

IN THIS ISSUE

Message from the Assembly Chair1-2 Program Committee Report......2 Planning Committee Report3 Web Committee Report......3 Nominating Committee.....4 Ph.D. and Basic and Translational Scientist Working Group Report5 Oxygen Special Interest Group....6 ATS Integrative Therapy Interest Group7

Message from the Assembly Chair

Wanda Gibson-Scipio, PhD, FNP-BC, FAANP, ATSF

Greetings! As I wrote what is my last message as Chair of the Assembly, I thought it would be appropriate to start with a reflection of gratitude to the Assembly on Nursing executive board members and members at large for all your efforts and achievements over the past two years. Although COVID-19 and all of its variants provided us with an ongoing ebb and flow of challenges, my final thoughts are "Job well done" to all. I was fortunate to work among innovators, experienced, hardworking, never say never go-getters from our assembly. To those that held leadership roles on committees, working groups, special interest groups, and taskforce I commend you for the extra effort you put into all that you contributed. To our international participants who participated despite time and geographical barriers, thank you. I am also grateful to those of you who agreed to help out (sometimes urgently) when an opportunity arose that needed Nursing representation.

These past few years we implemented a plan to help early-career professionals get a view of the assembly's inner workings by having them represented on the board to take minutes. While this may initially sound like a menial task, feedback was very positive as it has provided a springboard for them to understand more about our assembly, and ATS in general. The experience also provided a direct link to new opportunities for various committee roles. Thank you to Jonna Morris and Meghna Shukla for taking a chance on a new idea. I would like to encourage **all members** to "GET INVOLVED". If you would like to participate in ATS Assemblies, or Committees please register on the new <u>GET INVOLVED database</u>.

Whether you are a new member or you have been a member for many years the society needs your involvement. Signing up at the link above is the best way for others to know about your interest. Please take a few moments to make sure that you participate in the society in a way that is meaningful to you. Don't be overlooked!

This past year the Assembly on Nursing has contributed importantly to new directions to improve and grow the society in collaboration with the ATS Executive Board. We provided feedback on the society's new branding, continuing education plans, the vision for how best to represent the work of the assemblies and plans to promote diversity equity and inclusion. We also shared in concerns and recommendations for strategies that would allow us to invest in our junior professionals at large and within our own assembly. Results thus far to each of these efforts should be considered as a work in progress that is ongoing and is constantly being improved upon.

I am happy to report that this is the fifth consecutive year, we won the annual Assembly Challenge in the category of highest percent of active member participation. I was exceedingly proud of our assembly's contributions to the ATS Foundation which was recently acknowledged in an Executive Board Meeting. Thank you to all our Assembly members who contributed towards funding the ATS Foundation research grants. Let us keep the momentum going and be 'Winners' again in 2023! Remember that Nurse Scholars are eligible to apply for ATS grants. Be sure to pay attention to announcements on upcoming funding opportunities.

I am excited that we will have the opportunity to assemble together at the annual ATS conference. It is my hope that each of you are planning on attending the conference as well as our annual meeting. We plan to have time to meet and greet and catch up with old and new friends during our assembly's meeting. It will also be a time of celebrating with those who will receive certificates for service, and awards for outstanding scholarship. We plan to launch some additional initiatives during the annual meeting and want everyone to be there to take part in what will be a fun and exciting time.

As my term as Chair of our assembly ends, I feel confident that incoming Chair Jill Guttormson will bring great leadership and wisdom to the assembly.

Thanks again to all for your support during the past two years. Have a great conference and remember that we are looking forward to seeing you at the Annual Assembly Meeting in San Francisco at the Moscone Center, West Building room 3014, Monday, May 16th from 5-7 pm.

Wanda Gibson-Scipio, PhD, FNP-BC, FAANP, ATSF Assembly Chair



Program Committee

Lea Ann Matura, PhD, RN, FAAN (Chair) & Sharron Crowder, PhD, RN, ATSF (Chair-Elect)

Greetings,

The Program Committee has been busy working with the International Conference Committee to build an exciting program for this year's conference in San Francisco, May 13-18.

It is never too early to start to think about a workshop, sunrise seminar, or scientific symposium that you want to put together! Start thinking about collaborations that can best feature your work at the ATS International Conference in Washington DC, May 19-24, 2023. Need help? Don't hesitate to reach out to either Lea Ann or Sharron for input. Session submissions will be due June 30, 2022.

ATS 2022 International Conference Assembly on Nursing (NUR) Sessions								
Session Code	Session Title	Session Type	Session Date	Session Time Start	Session Time End			
PG11	LONG TERM OXYGEN THERAPY IN 2022: WHAT WE NEED TO KNOW AND WHAT IS NEXT	Postgraduate Course	5/14/2022	8:00 AM	4:00 PM			
A81	NURSING YEAR IN REVIEW: PALLIATIVE CARE ACROSS THE LIFESPAN	Scientific Symposium	5/15/2022	2:15 PM	3:45 PM			
B18	SYMPTOMS AND COMMUNICATION AMONG PATIENTS AND FAMILIES	Mini Symposium	5/16/2022	9:30 AM	11:00 AM			
	ENGAGING PROFESSIONALS ON THE ROLE OF EARLY PALLIATIVE CARE IN PATIENTS WITH INTERSTITIAL LUNG DISEASE AND THEIR							
ME21	CAREGIVERS	Meet the Expert	5/16/2022	10:45 AM	11:45 AM			
B87	CAREGIVERS OF ADULTS WITH CHRONIC OR CRITICAL ILLNESS: CHALLENGES AND OPPORTUNITIES	Scientific Symposium	5/16/2022	2:15 PM	3:45 PM			
C26	ADVANCING CARE IN ACUTE AND CHRONIC ILLNESS	Poster Discussion Session	5/17/2022	9:30 AM	11:00 AM			

ATS 2022 INTERNATIONAL CONFERENCE ADDITIONAL SESSIONS OF INTEREST

Session Code	Session Title	Session Type	Session Date	Session Start	Session End
A1	CLINICAL YEAR IN REVIEW 1	Scientific Symposium	5/15/2022	9:30 AM	11:00 AM
A11	TACKLING HEALTH DISPARITIES: HOW DO WE TALK AND TEACH ABOUT THEM?	Scientific Symposium	5/15/2022	9:30 AM	11:00 AM
A2	JAMA AND THE NEW ENGLAND JOURNAL OF MEDICINE. DISCUSSION ON THE EDGE: REPORTS OF RECENTLY PUBLISHED PULMONARY RESEARCH	Scientific Symposium	5/15/2022	9:30 AM	11:00 AM
A3	FELLOWS CASE CONFERENCE	Scientific Symposium	5/15/2022	9:30 AM	11:00 AM
A5	CROSSTALK OF SENESCENT CELLS WITH THE MICROENVIRONMENT: IT TAKES TWO TO TELL A STORY	Scientific Symposium	5/15/2022	9:30 AM	11:00 AM
CC1	CRITICAL CARE CLINICAL CORE CURRICULUM	Scientific Symposium	5/15/2022	11:30 AM	1:00 PM
PCC1	PEDIATRIC CLINICAL CORE CURRICULUM	Scientific Symposium	5/15/2022	12:00 PM	1:00 PM
A83	GREAT CASES: CLINICAL, RADIOLOGIC, AND PATHOLOGIC CORRELATIONS BY MASTER CLINICIANS	Scientific Symposium	5/15/2022	2:15 PM	3:45 PM
A84	THE NEW ENGLAND JOURNAL OF MEDICINE AND JAMA. DISCUSSION ON THE EDGE: REPORTS OF RECENTLY PUBLISHED CRITICAL CARE RESEARCH	Scientific Symposium	5/15/2022	2:15 PM	3:45 PM
A85	DEVELOPMENT AND WOUND HEALING: WHERE SENESCENCE IS THE SILVER LINING	Scientific Symposium	5/15/2022	2:15 PM	3:45 PM

		Scientific			
A90	RECENT ATS CLINICAL PRACTICE GUIDELINES	Symposium	5/15/2022	2:15 PM	3:45 PM
		Scientific			
B1	CLINICAL YEAR IN REVIEW 2	Symposium	5/16/2022	9:30 AM	11:00 AM
		Scientific			
B12	CLINICAL TRIALS SESSION	Symposium	5/16/2022	9:30 AM	11:00 AM
	INSIGHTS INTO MECHANISMS AND FUTURE				
D42	DIRECTIONS OF HIV ASSOCIATED LUNG	Scientific	F /46 /2022	0.00 444	11.00.000
B13	DISEASE	Symposium Scientific	5/16/2022	9:30 AM	11:00 AM
CC2	PULMONARY CLINICAL CORE CURRICULUM	Symposium	5/16/2022	11:30 AM	1:00 PM
	POLMONART CLINICAL CORE CORRICOLOM	Scientific	5/10/2022	11.50 AM	1.00 FM
PCC2	PEDIATRIC CLINICAL CORE CURRICULUM	Symposium	5/16/2022	12:00 PM	1:00 PM
1 002		Scientific	571072022	12.001111	
B88	INCLUDING ALL FOR RESPIRATORY HEALTH	Symposium	5/16/2022	2:15 PM	3:45 PM
	PUBLISHING THE BEST SCIENCE: THE				
	COMPREHENSIVE SPECTRUM PROVIDED BY	Scientific			
B91	THE ATS FAMILY OF JOURNALS	Symposium	5/16/2022	2:15 PM	3:45 PM
		Scientific			
CC3	CRITICAL CARE CLINICAL CORE CURRICULUM	Symposium	5/16/2022	2:15 PM	3:45 PM
64		Scientific	E / 47 / 2000	0.00.444	44.00.000
C1	CLINICAL YEAR IN REVIEW 3 USE OF NOVEL TECHNOLOGIES TO IMPROVE	Symposium	5/17/2022	9:30 AM	11:00 AM
	CLINICAL TRAINING AND ENHANCE PATIENT	Scientific			
C11	SAFETY	Symposium	5/17/2022	9:30 AM	11:00 AM
		Scientific	5/17/2022	7.50 AM	11.00 AM
PCC3	PEDIATRIC CLINICAL CORE CURRICULUM	Symposium	5/17/2022	12:00 PM	1:00 PM
	MORE THAN MAKING UP FOR LOST TIME:	Scientific	_ / _ / _ /		
C90	CAREER DEVELOPMENT AFTER COVID-19	Symposium	5/17/2022	2:15 PM	3:45 PM
664		Scientific	F /17 /2022	2.45 DM	
CC4	PULMONARY CLINICAL CORE CURRICULUM	Symposium Scientific	5/17/2022	2:15 PM	3:45 PM
D1	CLINICAL YEAR IN REVIEW 4	Symposium	5/18/2022	8:15 AM	9:45 AM
	THE IMPACT OF FLAVORED NICOTINE	Symposium	57 107 2022	0.15 AM	J.TJ AM
	PRODUCTS: BIOLOGY, BEHAVIOR AND THE	Scientific			
D5	"BAN"	Symposium	5/18/2022	8:15 AM	9:45 AM
		Scientific			
CC5	SLEEP CLINICAL CORE CURRICULUM	Symposium	5/18/2022	10:45 AM	12:15 PM
		Scientific			
CC6	SLEEP CLINICAL CORE CURRICULUM	Symposium	5/18/2022	12:45 PM	2:15 PM

Planning Committee

Deena Kelly Costa PhD, RN, FAAN (Chair)

Greetings!

The purpose of the planning committee is to develop strategies to support the goals and objectives of the Assembly. We have a wonderful and dedicated group of Planning committee members. This year, we are focused on:

- 1. Continuing to support ATS project proposals. Please reach out to me to discuss any project ideas you might have and the application process. More info is available at the <u>Assembly/Committee Project Application Resource</u> <u>Center</u>, including the types of ATS documents, application instructions, helpful hints, and more!
- 2. Increasing recognition of nursing at ATS through the nomination of Nursing Assembly members for ATS awards

Please contact Deena Costa <u>dkcosta@umich.edu</u> if you have any questions! Please feel to reach out to me and any Planning Committee members if you have any feedback, are interested in participating in the committee, need or want support to develop an ATS project proposal or know of any Nursing Assembly members you'd like to nominate for an ATS award! We would love to hear from you.

A NUR ATS Workshop project was recently renewed for funding: Symptom management for mechanically ventilated patients: What and how should symptoms be assessed? (Chair: Jill Guttormson)

Assembly/Committee Project Applications for FY 2023 will open this summer (July 1st). All interested applicants should begin developing their ideas for Assembly and Committee Project Applications. If you have a suggestion for a project application and need assistance, please contact the NUR Planning Committee Chair, Deena Kelly Costa

(dkcosta@umich.edu) For questions regarding submissions please contact Miriam Rodriguez at (212) 315-8639 or <u>Mrodriguez@thoracic.org</u> Please also see the <u>ATS Project Application Resource Center</u> for detailed information regarding deadlines, sample project proposal, and helpful tips!

Submit an Assembly/Committee Project Application for Funding in FY2023!

We are happy to announce that ATS will once again accept **NEW Assembly/Committee Projects for FY2023**. All interested applicants should begin developing their ideas for Assembly/Committee Project Applications. **Applications will be available on the ATS website at <u>www.thoracic.org</u>**

Please consider submitting an application for an Assembly/Committee project. If you have a suggestion for a project application and you need assistance, please contact your **Assembly Planning Committee Deena Costa**, **PhD**, **RN at dkcosta@med.umich.edu**

For questions regarding submissions please contact Miriam Rodriguez Tel: (212) 315-8639 or email: <u>Mrodriguez@thoracic.org.</u>

Web Committee

Heidi L. Lindroth, PhD, RN (Web Director)

"The Web Committee is continually seeking new members that are excited to help share the amazing work accomplished by the Nursing Assembly members. We primarily use Twitter to disseminate information. Please follow us @ATSNursing.

- This year we will be spotlighting ATS Nursing Assembly members with a 10-15 minute podcast per member. This podcast will help them tell their story, their "why" behind their research, and their future goals. You can listen to previous podcasts (here)
- Our Nursing Assembly website (need link) is a hub of information for our members. Please take time to explore!

Interested in being on the committee? Want to be a social media ambassador for our assembly? Have an article you want to share? Please email Heidi Lindroth at <u>lindroth.heidi@mayo.edu</u> OR direct message me on Twitter, <u>@minipixie26</u>

ど Follow us on Twitter @ATSNursing

Nominating Committee

Linda L. Chlan, PhD, RN, ATSF, FAAN (Chair)

The main function of the Nominating Committee is to solicit names and recommendations for names to be placed on the ballot for our Assembly's open elected positions.

This past year, we sought candidates for Program Committee Chair-elect (2-year term) and for two new members of the Nominating Committee (one year term). Thank you to all of our Assembly on Nursing members who agreed to have their names placed on the ballot.

Our newly elected leaders are as follows:

Dr. Jennifer Seaman, Program Committee Chair-elect.

Dr. Jennifer Mammen and Dr. Lichuan Ye, Nominating Committee members.

Please consider self-nomination when the next call for nominations is presented. Getting involved in our terrific Assembly on Nursing is a great way to learn about ATS while serving in a leadership role.

I would like to thank my Nominating committee members for their service this past year; Heidi Lindroth PhD, RN and Anna Krupp, PhD, MSHP, RN.

Looking forward to seeing Assembly members at the international conference in San Francisco!

Ph.D. and Basic and Translational Scientist Working Group

Lynn Baniak, PhD, RN (Member)

The Ph.D. and Basic and Translational Scientist Working Group (PBTS WG) has been in existence since January 1, 2019 and is charged with enhancing the value of ATS membership for basic and translational scientists, specifically Ph.D. scientists. The PBTS WG consists of thirty-six members that are drawn from each of the fourteen ATS Assemblies. The WG meets monthly via Zoom to discuss issues of importance to (1) non-clinical ATS members (i.e., Ph.D scientists) and (2) research-intensive physician-scientists. The current co-chairs of the PBTS WG are Drs. Natalie Bauer (Assembly on PC) and Richard Johnston (Assembly on RSF). Despite consisting of members from all fourteen ATS Assemblies, the Assembly on RSF is the administrative home for the PBTS WG, and we are very thankful to the Assembly on RSF for their strong and continuing support of our efforts.

During the past year, the PBTS WG has been extraordinarily active in developing programs for its constituency as well devising strategies to recruit Ph.D. scientists to the Society. We have highlighted some of the WG's efforts in the subsequent text.

- 1. Assembly Project. On behalf of the PBTS WG, Bethany Moore, Ph.D., ATSF spearheaded the development and submission of an Assembly Project through the Assembly on RSF entitled "Ph.D.s in Clinical Departments: Barriers, Opportunities and ATS Membership". This project will address the perception that many Ph.D. scientists contribute to the mission of subspeciality clinical divisions within Departments of Medicine and of Pediatrics, yet barriers exist for them to attain tenure-track faculty status. By convening a virtual meeting in 2022 of Medical School Deans, Department Chairs, Division Directors, NIH Administrators, and Ph.D. scientists with a vested interest in adult and pediatric pulmonary, critical care, and sleep medicine, the organizers of this project hope to demonstrate to Division Directors the importance of including Ph.D. scientists in their hiring plan and providing the necessary support for their ultimate success.
- 2. PBTS WG/Science and Innovation (SIC) Center Virtual Networking Event. On February 8, 2022, PBTS WG members, Natalie Bauer, Ph.D. (Assembly on PC) and Samantha Yeligar, Ph.D. (Assembly on PI-TB), co-chaired a networking event along with the SIC entitled "Successful Collaborations". At this event, two U.S.- and two European (U.K.)-based M.D. and Ph.D. scientific collaborators discussed how their professional scientific relationship evolved and became successful. Afterwards, participants went into separate breakout rooms for an in-depth discussion on the formation and endurance of these collaborations with either the U.S.- or European (U.K.)-based collaborators. The PBTS

WG/SIC hope to provide more Ph.D.-centric events in the upcoming year.

- Brochure. Along with graphic designers at the ATS, a PBTS WG subcommittee headed by James Londino, Ph.D. (Assembly on RCMB) has put together a two-sided brochure highlighting the advantages of ATS membership for Ph.D. scientists. This brochure specifically targets Ph.D. scientists who attend the ATS International Conference but who are not currently ATS members. A hard copy of this brochure will be available at various locales at the 2022 ATS International Conference in San Francisco. In addition, view the digital version <u>here.</u>
- 3. T32: This subcommittee is chaired by Indu Ayappa, Ph.D. (Assembly on SRN) and was formed following discussions at the Virtual Ph.D./Science and Innovation Center (SIC) Reception in May of 2021. The objectives of this subcommittee include: (1) increasing the pipeline of Ph.D. scientists in pulmonary, critical care, and sleep medicine by advocating for additional slots in T32 applications for pre-doctoral students and post-doctoral fellows, (2) increasing the number of Ph.D. scientists as principal investigators of T32 applications, and (3) providing resources for Ph.D. scientists interested in submitting T32 applications. On behalf of this subcommittee, Natalie Bauer, Ph.D. (Assembly on PC) submitted a proposal entitled "So, You Want to Write a T32?" for presentation at the 2022 SIC. As this newsletter is being prepared, the outcome of this proposal's programming is pending.
- 4. Survey. To understand the rationale as to why Ph.D. scientists attend the ATS International Conference but are not ATS members, Janette Burgess, Ph.D., ATSF (Assembly on RSF) has assembled a subcommittee of PBTS WG members to design a survey to answer this question. This survey will be distributed to all 2022 ATS International Conference attendees who hold a Ph.D. or equivalent and spend 50% or more of their time in research yet are not currently ATS members. The PBTS WG hopes to use the survey data to understand how the ATS and PBTS WG can be best equipped to address their needs.
- 5. **Awards.** A PBTS WG Awards subcommittee was established in the past year and is chaired by Scott Randell, Ph.D. (Assembly on RCMB). The purpose of this subcommittee is to identify and nominate worthy basic and translational scientists (i.e., Ph.D.'s) for the annual ATS Respiratory Health Awards (i.e., Recognition Award for Scientific Accomplishment, etc.)

Finally, if you would like to become involved with the PBTS WG or have any issues you feel that WG could effectively address, please feel free to e-mail either Richard Johnston (<u>rfj1@cdc.gov</u>), Natalie Bauer (<u>nbauer@southalabama.edu</u>), or Kelly Potter (Nursing Assembly PBTS WG Representative; <u>kelly.potter@pitt.edu</u>)

Third Reception for PhDs & Other Basic Science Researchers

Sunday, May 15 from 3 p.m. - 5 p.m. The reception will be held in the Science and Innovation Center (SIC) at the Moscone Convention Center (Room: 155, South, Upper Mezzanine). There will be food provided and activities during the event will include an opportunity to get to meet and network with other scientists, to engage with leaders from the ATS and assemblies and to provide feedback regarding activities or programs that ATS could offer to benefit the basic and translational science members, especially those who are not also clinicians.

Register Here: <u>https://conference.thoracic.org/program/events/reception-phd-other-basic-science-researchers.php</u>

Early Career Professional Working Group

Lynn Baniak, PhD, RN Jonna Morris, PhD, RN

The Early Career Professionals Working Group (ECPWG) is committed to providing resources for students, fellows, and, junior faculty to increase their professional success during the ATS International Conference and beyond. This year we focused on expanding those resources. Highlights of the group's activities include:

- APPRENTICESHIP PROGRAM The Assembly on Nursing was excited to participate, once again, in the apprenticeship program. Three apprentices are chosen, one each for the Program, Planning, and Web Committees. Apprentices receive the opportunity for a 1-year "behind the scenes" look at the operations of the assembly while developing skills for the development and evaluation of committee projects and applications. Apprentices will be introduced during the Assembly meeting during ATS 2022.
- MENTORING PROGRAM The Mentoring Program is back again at ATS 2022. This unique mentoring approach provides the opportunity for ATS members to take advantage of a 1:1 mentoring session held during the international conference. We encourage all Assembly on Nursing members, new or experienced, to become a mentor or mentee (or both!). To participate, first complete a brief mentoring survey on the ATS website that helps to match mentoring pairs. ATS facilitates a one-time mentoring experience and requires mentees and mentors to connect virtually at their convenience. Mentorship can extend beyond the initial virtual meeting if the mentor and mentee choose, but this is not mandatory.
- If you are interested in joining the ECPWG, please contact Lynn Baniak at <u>baniakl@pitt.edu</u> or Jonna Morris at <u>jlm356@pitt.edu</u>. We look forward to seeing you at ATS 2022!



Oxygen Special Interest Group

Susan Jacobs, RN, MS, FAAN (Chair)

The ATS Oxygen Special Interest Group (SIG) is a unique forum that was created to improve care quality for patients using

supplemental oxygen. For the past four years, this group of dedicated healthcare professionals, patients, researchers and multiple patient advocacy organizations, have met to target unmet needs around oxygen education for patients and healthcare professionals, identify gaps in research, and support advocacy and lobbying efforts to change policy that affects oxygen users.

ATS Oxygen SIG CLINICIAN AND PATIENT EDUCATION Subgroup Activities:

One of the goals of the ATS Oxygen SIG is to provide and disseminate oxygen education to clinicians and patients. Last Spring Susan Jacobs RN, MS presented virtually at the May 2021 ATS Meeting, Nursing Year in Review: "Hypoxemia and the trials and tribulations of using supplemental oxygen in COPD".

This coming May at ATS in San Francisco, three ATS SIG members, Susan Jacobs RN, MS, Chris Garvey, RN, NP, and Joao de Andrade, MD, submitted a full day oxygen postgraduate course "Long Term Oxygen Therapy in 2022: What We Need to Know and What Is Next", that was accepted for Saturday May 14, as an in-person course at the ATS IC. Course content will include an overview of basic oxygen devices, the 'finer points' of portable oxygen concentrators, a pro/con debate around recently published ATS Oxygen Clinical Practice Guidelines, advances in technology such as auto-titration, oxygen use in palliative care and hospice, oxygen toxicity, gaps in research, and a panel discussion on current legislative efforts to provide liquid oxygen to patients who are mobile and require high-flow oxygen. Registration is currently open and is in addition to that for the main ATS conference.

The Patient Education Subgroup, led by Jennifer Hayes, continues to update the ATS patient oxygen website with the great support of Judy Corn. Please include this in resources for your patients. You can find the Patient Education Oxygen Therapy Materials here.

ATS Oxygen SIG POLICY AND RESEARCH Subgroup Activities:

The ATS Oxygen SIG policy/research subgroup has been meeting monthly since Sept 2021 with a focus on developing an oxygen legislative initiative led by ATS, ALA, and AARC along with the Pulmonary Fibrosis Foundation (PFF), The LAM Foundation (TLF), Pulmonary Hypertension Association (PHA), the Alpha 1 Foundation, the COPD Foundation, the Primary Ciliary Dyskinesia Foundation, and numerous physicians, nurses and respiratory therapists. The goal is to improve access to liquid oxygen for patients who are mobile and have high-flow oxygen needs.

Please contact Susan Jacobs RN, MS, FAAN at <u>ssipulm@stanford.edu</u> for more information.

ATS Integrative Therapy Interest Group

Tania T Von Visger, PhD, APRN, CNS, CCNS, PCCN (Chair)

Visit our webpage here.

Last Conference Call-1/17/2022--11-12 pm EST/ 2-3 pm EST

Standing Conference call - every 3rd Friday of the month - 11-12 pm EST/ 2-3 pm EST

MEMBERS: Asha Devereaux, MD; Tania Von Visger, PhD, APRN, Valerie Chang-Hawaii-US COPD Coalition; Ni-Cheng Liang, MD. Taimoor Zahir (ATS staff member)

Sumit Bhargava, MD -Peds Pulm/Sleep-Stanford, Karen Ericson-Alpha 1 foundation, Bhavik Kahn, MD-IU-Pul/CC/LTAC (music feasibility-critical care), Prashant Muthu, MD, Mang Yu, MD

1. ATS - Integrative Therapy Education patient education series

- IT use in Critical Care under reviewed by the ATS editors
- IT use in Sleep under reviewed by the ATS editors
- IT (Mindfulness) use for Anxiety and Panic symptoms in COPD Jan 2021 AJCCM
- Ayurveda Therapy for Lung Health published
- Introduction to Acupuncture for Lung Health in progress

2. ATS - IT Podcast Series

View podcase <u>here</u>

- Introduction to Integrative Therapy completed 11/4/19
- Mindfulness in COPD published 1/30/21
- Ayurveda Therapy Introduction- published 2/1/21
- Introduction to Acupuncture for Lung Health published
- Ayurveda Therapy- Implementation in Clinical Settings in progress

3. ATS – Oral Presentation

- 2020 NYR Complementary Health Approaches for Patient-Reported Symptoms in Pulmonary, Critical Care, and Sleep Medicine
- 2020 ATS Clinician Center -non-CME Presentation Nutrition and Lung Health: Dosha and Diet.
- Session: ME11 The Patient Experience in Pulmonary Hypertension, Date: Monday, May 17, 2021
- Dr. Ni-Cheng Liang and Dr. Rosemary Abramson Meet the Expert Session on "Shame in Medicine" for 2021
- 4. Invited Speaking Engagement Outside ATS
 - Dr. Deveraux presented on Nutrition and Lung Health as requested by Valerie (COPD Coalition) 11/21/20
 - Dr. Von Visger presentation on Mindfulness in Symptom Management at the 2021 PFF foundation 11/19/21
 - Dr. Ni-Cheng Liang moderated a one-hour Zoom session on Anti-racism in Medicine presented by the California Thoracic Society
 - Dr. Von Visger served as a guest panel on the topic of "Anti-Asian Racism in Health Care" at the OSUWMC, 5/10/21
 - Dr. Von Visger collaborated on a Workshop Presentation at SUNY Buffalo School of Nursing: Anti-Asian Racism in Nursing. 9/27/21
 - Dr. Ni-Cheng Liang presentation- Mindful Healthcare Collective initiatives: Post-graduate training in Mindful Selfcompassion Curriculum to promote self-compassion in healthcare
 - Valerie participated in a listening session (10/8/21) advocating the addition of Endpoint metrics in COPD-related research. She also participated in Legislative Advocacy Day (10/12/21), promoting the Virtual Pulmonary Rehab program.
- 5. Publications
 - 11/7/20 COPD Coalition Patient Education Seminar Anti-inflammatory Food as medicine by Dr. Deveraux
 - 9/1/20 Reader Digests Article Food high in anti-inflammatory effect in promoting Health by Dr. Deveraux
 - 2/1/21 Patient Education Material on Mindfulness Practice in Pulmonary Hypertension for the ACC by Dr. Von Visger
 - The 2021 Mindfulness Magazine will feature Ni-Cheng and her work in promoting wellness in Health Care professionals
 - Tania completed a patient resource document on Mindfulness Practice for the American Academy of Cardiology. This document is in the final phase and should be published 2/1/21 month. <u>https://www.acc.org/latest-in-</u> <u>cardiology/articles/2021/02/24/18/58/practicing-mindfulness</u>
 - Asha Foods for Lung Health, Livestrong.com. Also, please see our current link to our ATS_IT webpage

