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Pulmonary Rehabilitation

Editor: Richard L. ZuWallack, MD

ASSEMBLY OFFICERS

Richard L. ZuWallack, MD
Assembly Chair
rzuwalla@stfranciscare.org

Rebecca H. Crouch, DPT, MS, PT
Planning Chair
crouc003@mc.duke.edu

Mike D. Morgan, MD
Program Chair
Mike.morgan@uhl-tr.nhs.uk

Carolyn L. Rochester, MD
Program Chair-elect
Carolyn.rochester@yale.edu

Andrew L. Ries, MD, MPH
Nominating Chair
aries@ucsd.edu

Frit Franssen, MD
Website Directors
fritsfressen@ciro-horn.nl

ASSEMBLY CONTACT

Website:
<http://www.thoracic.org/assemblies/pr/index.php>

Email: pr@thoracic.org

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MESSAGE FROM THE ASSEMBLY CHAIR

I'm convinced that time flies faster the older you get, and this year's ATS International Conference in Philadelphia is already not far off. This Newsletter reports on our assembly activities over the past several months. To begin, I think it would be helpful to re-state the mission of our assembly and list the officers.



Richard L. ZuWallack, MD

The Pulmonary Rehabilitation Assembly Mission Statement

The purposes of the Pulmonary Rehabilitation Assembly are to:

1. Evaluate the role of pulmonary rehabilitation in the context of the current health care environment
2. Promote education for the public and other health care providers about the scientific rationale for and clinical outcomes of pulmonary rehabilitation
3. Work collaboratively with other organizations such as the American Association for Cardiovascular and Pulmonary Rehabilitation, European Respiratory Society and American College of Chest Physicians to promote optimal utilization of PR worldwide
4. Serve as an advocate for patients rights and care options for pulmonary rehabilitation
5. Promote continued investigation into the scientific rationale for and clinical outcomes of pulmonary rehabilitation

Pulmonary Rehabilitation Officers

Assembly Chair	Richard L. ZuWallack, MD
Incoming Assembly Chair	Roger S. Goldstein, MD
Immediate Past Assembly Chair	Suzanne C. Lareau, RN, MS, FAAN
Program Chair	Michael David L Morgan, MD
Program Chair-Elect	Carolyn L. Rochester, MD

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ASSEMBLY CHAIR REPORT

Richard L. ZuWallack, MD, Chair

Planning Chair	Rebecca H. Crouch, DPT, MS, PT
Nominating Chair	Andrew L. Ries, MD, MPH
Web Director	Frits Franssen, MD, PhD
Assembly Liaison	Linda Nici, MD
Project Committee Member	Anne Holland, PhD

Nominating Committee members: Andy Ries, MD, MPH (Chair), Jean Bourbeau, MD, Sue Lareau, RN, MS, Sally Singh, PhD.

Planning Committee members: Rebecca Crouch, DPT (Chair), Roberto Benzo, MD, Jean Bourbeau, MD, Brian Carlin, MD, Richard Casaburi, MD, PhD, Bonnie Fahy, FNP, MSN, Chris Garvey, FNP, MSN, Roger Goldstein, MD, Jose Jardim, MD, PhD, Christine Jenkins, MD, MBBS, Sue Lareau, RN, MS, Mike Morgan, MD, Linda Nici, MD

Program Committee members: Mike Morgan, MD (Chair), Carly Rochester, MD, Roberto Benzo, MD, Brian Carlin, MD, Frits Franssen, MD PhD, Chris Garvey, FNP, MSN, Anne Holland, PhD, Michelle Milic, MD, Fabio Pitta, PT, PhD, Michael Roman, Christopher Ryerson, MD, Edwin Schachter, MD, Sally Singh, PhD, Xavier Soler, MD, Martijn Spruit, PhD, William Stringer, MD, Thierry Troosters, PhD, PT, Job Van Der Palen, PhD, PT, Dick ZuWallack, MD

Pulmonary Rehabilitation Assembly Members on other ATS committees:

Training Committee: Brian Carlin, MD (Chair)

Research Advocacy Committee: Linda Nici, MD (Vice Chair)

We won the Foundation's Assembly Challenge by the narrowest of margins!

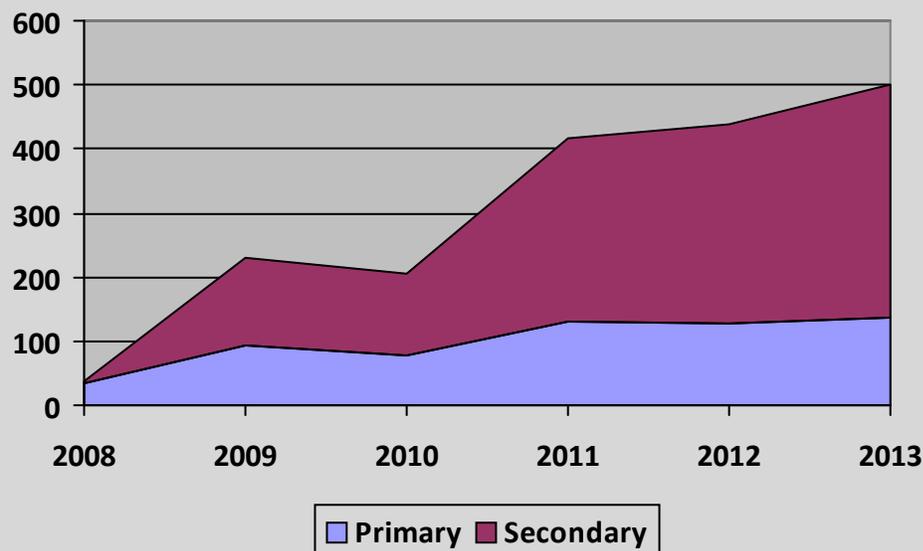
The ATS Foundation, under the leadership of Jim Donahue, was created to foster lung research. One-hundred percent of all donations to the Foundation go toward this research. The **Assembly Challenge** was created following this summer's Board meeting to create a culture of giving among the ATS members. That Assembly which had the highest percent of donations of \$25 or (preferably) more in the year 2012 would win the Challenge and receive an extra symposium slot at the annual conference in Philadelphia. Our Assembly (along with the other 12, I'm sure) worked hard on winning this contest. I am delighted to announce that the Pulmonary Rehabilitation Assembly won the Challenge, but by the slimmest of margins: our Assembly won with **23.64%**, followed by Behavioral Science and Health Services Research (**22.78%**) and Nursing (**22.35%**). See, your vote did count! I hope we can come up with a symposium that would be of interest to all three assemblies, since this contest was virtually a draw.

Membership continues to increase

The Pulmonary Rehabilitation Assembly (PRA) membership continues to grow steadily as the following graph indicates:

ASSEMBLY CHAIR REPORT

Richard L. ZuWallack, MD, Chair



The 2013 numbers are: Primary: 138; Secondary: 364; Total: 502. Of the 138 primary members, only 55 are from the United States. So this has truly become an international assembly. Since strength is in numbers, please urge your colleagues to join the Pulmonary Rehabilitation Assembly, either as their primary assembly (preferred) or as their secondary assembly! Changing assemblies can be accomplished by sending your request to membership@thoracic.org. If you live outside of the US, membership fees may be considerably less e.g. \$40 for full membership. See <http://www.thoracic.org/membership/categories-and-fees.php> for an outline of fees in general and <http://www.thoracic.org/membership/resources/country-chart.pdf>.

Please attend the Pulmonary Rehabilitation Assembly Membership Meeting and Reception on Monday May 20th at 6 PM

This year the Pulmonary Rehabilitation Assembly Membership Meeting will take place on Monday May 20 at 6 PM at the Philadelphia ATS International Conference. This has a small town meeting format where assembly members can help shape the future of our Assembly. New officers will be installed, ideas and recommendations for clinical and academic projects will be entertained, officers will be held accountable for past successes and failures, and we will collaboratively plan the academic content of next year's International Conference. Our attendance at these meetings has been okay, but we need more input to reflect the diversity of our Assembly. We need new blood.

Following the membership meeting we will share a reception with the Nursing Assembly. The Reception is free of charge and will include drinks at no extra cost, warm hors d'oeuvres, rumba dance instructions from a professional (to foster team building), and free mojitos for those brave enough to take the lessons. You should get out in time for dinner on the town.

At the reception we will announce three new Pioneer Award recipients. These awardees will have been chosen by the PRA Executive Committee, based on service and accomplishment in pulmonary rehabilitation. Please come to participate in this recognition of our peers.

PROGRAM COMMITTEE REPORT

Mike D. Morgan, MD, Chair

The Pulmonary Rehabilitation Assembly seems to grow in strength each year. It is difficult for a small Assembly to make a big impact on the program given the relatively small number of submitted abstracts and session allocation slots. However, this year the membership has excelled itself. We had some excellent suggestions for proposals and 108 submitted abstracts (excluding the late breaking abstracts). This is an increase of at least 20 submissions from last year. Disappointingly the relative size of our assembly means that we are only allocated two scientific symposia but I think that the high scoring Pro-Con debate and the symposium on the MCID will not disappoint. We were unlucky not to get one of the ERS sponsored symposia adopted, but it turns out that the ICC only accepts one of these each year. In addition we have a postgraduate course on the Saturday, one mini symposium on the best of pulmonary rehabilitation, two poster discussion sessions and two thematic poster sessions. We also have a sunrise seminar and two meet the professor sessions. One of the latter is a joint venture with the Nursing Assembly. The Program Chair position is a bit of a challenge for a European because we don't understand the rules that well. However, I am indebted to colleagues on the Program Committee and to Carly Rochester for guiding me through. As this goes to press we have just heard that the PR Assembly has won the prize of an extra scientific symposium for the largest percentage of research donations per head. Well done to Dick Zuwalluck for leading the charge with this. Pulmonary Rehabilitation will have the profile that it deserves and hopefully encourage even more submissions for next year.

ATS 2013 - Philadelphia Sessions Sponsored by the Assembly on Pulmonary Rehabilitation

Session Code	Session Title	Session Time	
Postgraduate Courses			
Saturday, May 18, 2013			
PG19	KEY CONCEPTS AND ADVANCES IN PRACTICAL PULMONARY REHABILITATION	8:00 AM	4:00 PM
Scientific Symposium			
Sunday, May 19, 2013			
A13	COPD SELF-MANAGEMENT: DO WE REALLY KNOW WHAT TO DO?	8:15 AM	10:45 AM
A87	HOW TO INTERPRET THE MINIMAL IMPORTANT DIFFERENCE IN CHRONIC OBSTRUCTIVE PULMONARY DISEASE CLINICAL TRIALS	2:00 PM	4:30 PM
Monday, May 20, 2013			
B86	CONTROVERSIES IN PULMONARY REHABILITATION: A PRO-CON DEBATE	2:00 PM	4:30 PM
Meet The Professor Seminars			
Sunday, May 19, 2013			
MP410	PULMONARY REHABILITATION USING TELEHEALTH	12:00 PM	1:00 PM
Monday, May 20, 2013			
MP511	SYMPTOM MANAGEMENT IN ADVANCED LUNG DISEASE: DYSPNEA, DECONDITIONING AND DEPRESSION	12:00 PM	1:00 PM
Sunrise Seminars			
Monday, May 20, 2013			
SS114	APPLYING PULMONARY REHABILITATION CONCEPTS ACROSS THE CONTINUUM FROM ICU TO THE OUTPATIENT	7:00 AM	8:00 AM

ATS 2013 - Philadelphia Sessions Sponsored by the Assembly on Pulmonary Rehabilitation

Session Code	Session Title	Session Time	
Mini-Symposium			
Tuesday, May 21, 2013			
C18	PULMONARY REHABILITATION HIGHLIGHTS	8:15 AM	10:45 AM
Poster Discussion Sessions			
Monday, May 20, 2013			
B30	PULMONARY REHABILITATION: MUSCLES AND TRAINING	8:15 AM	10:45 AM
Tuesday, May 21, 2013			
C107	PULMONARY REHABILITATION: ORGANIZATION AND OUTCOMES	2:00 PM	4:30 PM
Thematic Poster Sessions			
Sunday, May 19, 2013			
A54	PULMONARY REHABILITATION: EXERCISE TRAINING AND OUTCOMES	8:15 AM	4:30 PM
A55	PULMONARY REHABILITATION: NON-CHRONIC OBSTRUCTIVE PULMONARY DISEASE AND ORGANIZATION OF CARE	8:15 AM	4:30 PM

Other Sessions That Might Be Of Interest To You

Session Code	Session Title	Session Time	
Postgraduate Courses			
Saturday, May 18, 2013			
PG22	BUILDING EFFECTIVE TEAMS AND IMPLEMENTING CHANGE: THINGS WE NEED TO KNOW AND SHOULD HAVE LEARNED A LONG TIME AGO	8:00 AM	4:00 PM
Scientific Symposium			
Sunday, May 19, 2013			
A88	CHRONIC OBSTRUCTIVE PULMONARY DISEASE IN NON-SMOKERS: THE TROJAN HORSE IN A GLOBAL TROY	2:00 PM	4:30 PM
Monday, May 20, 2013			
B12	CAREER DEVELOPMENT SYMPOSIUM: ACHIEVING SUCCESS IN ACADEMIC MEDICINE DURING UNCERTAIN TIMES	8:15 AM	10:45 AM
Tuesday, May 21, 2013			
C3	CASE BASED LEARNING IN CHRONIC OBSTRUCTIVE PULMONARY DISEASE MANAGEMENT	8:15 AM	10:45 AM
C88	ARTERIAL STIFFENING IN PULMONARY HYPERTENSION AND OTHER LUNG DISEASES: CAUSES AND CONSEQUENCES	2:00 PM	4:30 PM

PLANNING COMMITTEE REPORT

Rebecca Crouch, DPT, MS, PT, Chair

I would like to thank **Rebecca Crouch**, Chair of the Planning Committee, and her committee members for helping direct the course of the Assembly over the course of this year. The following is a summary of Planning Committee activities:

Projects:

Finished

An official American Thoracic Society workshop report: the Integrated Care of The COPD Patient. Linda Nici et al. Proc Am Thorac Soc. 2012 Mar; 9(1):9-18

Almost completed:

Updated ATS/ERS Statement on Pulmonary Rehabilitation. Martijn Spruit et al. This is in the process of review by the ATS and ERS leadership. We hope to see it in print in the Blue Journal by mid-year. This will have a printed summary and a large on-line document.

An update of the ATS/ERS Official Statement on Skeletal Muscle Dysfunction in COPD. Francois Maltais et al. This project is also close to completion and we hope to see it this year.

In progress

Field tests of exercise capacity. Anne Holland et al. This is well underway and is on schedule to be published next year.

RESPIRATORY NURSING SKILLS UPDATE

SATURDAY MAY 18, 2013
FROM: 8:00am to 4:00pm
Pennsylvania Convention Center
Room 202 A-B (200 Level)

New to the ATS this year is a full day workshop on respiratory nursing which will consist of a combination of lectures and hands-on demonstrations. Lectures will focus on updates on some common pulmonary disorders such as Asthma, COPD and infectious diseases. Hands-on demonstrations will allow participants to build practical skills in **oxygen delivery, spirometry testing, inhaler technique, principles of bi-level non-invasive ventilation including bi-level mask fitting** and much more. "Participants will leave feeling confident, empowered, and enthused," says course Chair Monica Fletcher, RN, MS. Participants will learn from international experts in the field.

This workshop is geared towards Nurses and Advance Nurse Practitioners who work in a clinical setting with patients suffering from respiratory diseases. Pre-registration is required.

Visit <http://conference.thoracic.org/2013/> to register.

*Assembly on
Pulmonary Rehabilitation
Membership Meeting*

*MONDAY, MAY 20TH
5:00PM-7:00PM*

*PHILADELPHIA MARRIOTT DOWNTOWN
FRANKLIN HALL 11 & 12
LEVEL 4*

*Assembly on
Pulmonary Rehabilitation & Assembly on Nursing
Joint Reception*

*MONDAY, MAY 20TH
7:00PM-10:00PM*

*PHILADELPHIA MARRIOTT DOWNTOWN
LIBERTY BALLROOM C
LEVEL 3*

Supported by Philips Respironics, Inc.

*The ATS Documents Development & Implementation Committee
(DDIC), which sets policies for the development of Official ATS
Documents, will be holding a hands-on workshop in conjunction
with the ATS International Conference*

What: "Document Development: Frequently Asked Questions and
Answers"

When: Friday, May 17 from 12:30-4:00 PM; lunch will be served

Where: The Loews Hotel (Room: Washington C)

**Attendance at this event is required for Chairs of writing committees
which have received ATS support for their New or Renewal project in 2013.**

Others with an interest in guideline development, or in official documents in general, are encouraged to attend as well.

This is an excellent opportunity to meet and talk with the ATS Methodologist, Documents Editor, and members of the ATS DDIC - we hope to see you there!

RSVP to Jessica Wisk at jwisk@thoracic.org

Submit an Assembly/Committee Project Application for funding in FY2014!

We are happy to announce that ATS will once again accept NEW Assembly/Committee Projects for FY2014. All interested applicants should begin developing their ideas for Assembly/Committee Project Applications. Applications will be available on the ATS website at www.thoracic.org.

Please consider submitting an application for an Assembly/Committee project. If you have a suggestion for a project application and you need assistance, please contact your Assembly Planning Committee Chair Rebecca Crouch, DPT, MS, PT at crouc003@mc.duke.edu.

Please contact Miriam Rodriguez with any questions at tel: 212/315-8639 or email: mrodriguez@thoracic.org.

Help Us Help You!

Have you moved, changed your title, added new skills, credentials or other information? ATS members can now update their contact information, assembly affiliations, and demographic profile quickly and easily online with the Member Profile Update form.

Keeping your profile current ensures accuracy during the ATS International Conference registration process and also helps the ATS provide you with valuable member benefits. To streamline the process, the ATS has updated and combined demographic categories, which makes it easier for you to send us pertinent information to serve you better.

The Member Profile Update form is safe and secure, and your updates will be reflected immediately in our database. **Please take a minute to login and update your member record today at**

<http://www.thoracic.org/login/ats-member-login.php?rl=https://thoracic.secure.force.com/MPU>

At this same web link members can now also print their own, personalized **membership certificate!**

Nursing Contact Hours through a partnership with National Jewish Health

The ATS is pleased to announce that it has partnered with National Jewish Health to provide Nursing Contact Hours for 25 sessions. The Nursing Assembly selected sessions with content that is appropriate for and relevant to the needs of its members.

Nursing Continuing Education Contact Hours for selected sessions is provided through National Jewish Health™, a provider approved by the California Board of Registered Nursing, Provider Number, CEP 12724.



For more information please visit <http://conference.thoracic.org/2013/program/nursing-contact-hours/>

Forum on Collaboration

“Inclusion and Collaboration Among University, Government and Industry at the ATS: A Road Map for the Future—Principles and Practice”

MONDAY MAY 20, 2012
FROM: 12 Noon to 1:00pm
Pennsylvania Convention Center
Room 107 A-B (100 Level)

In order for the ATS to foster solutions to increasingly complex scientific and patient care challenges, a diversity of scientific and clinical approaches is required. This goal requires the ATS to provide an environment to its members that values diversity, inclusiveness, and collaboration.

To achieve these ends, our ideas need to be translated into practical action plans. This forum will offer these ideas for input and discussion from the membership. Moderated by society leaders, we will examine our differences and synergies, and try to come to some synthesis to achieve our overlapping aims. All who are interested in confronting these challenges are encouraged to actively participate in the discussion. Based on this dialogue, recommendations to ATS leadership will be made for implementation.

All ATS Members and ATS 2013 Attendees are encouraged to attend.

CHAIRS: Theodore F. Reiss, MD, MBE, Nicholas H. Hill, MD, Leonard Sicilian, MD

PANELISTS: Courtney C. Crim, MD; Joel Moss, MD, PhD; Molly Osborne, MD, PhD; Amy Simon, MD

Please join us for the Fifth Annual ATS Foundation Research Benefit on Saturday, May 18, 7:00 pm, at the Philadelphia Marriott Downtown (Grand Ballroom)

Attendees will have the opportunity to mingle freely and network with colleagues while sampling a wide array of delicious offerings at food stations throughout the ballroom. There will be dancing to the sounds of a Philadelphia DJ.

In addition to the talented early career investigators who will be honored, the benefit will pay tribute to Gerard M. Turino, MD, Director of the James P. Mara Center for Lung Diseases in St. Luke's Roosevelt Hospital Center Division of Pulmonary, Critical Care, and Sleep Medicine in New York City. Dr. Turino is the recipient of the 2013 Breathing for Life Award and a legend in the pulmonary world. The Breathing for Life Award is the highest honor conferred by the Foundation on an individual for philanthropy.

The continuation of unrestricted and matching research partner grants will depend on the Foundation's ability to raise funds from ATS members like you. Thanks to your past support, the Foundation will be funding three unrestricted grants, one more than last year. To register, please use this link: <https://www.xpressreg.net/register/thor053/lookup.asp>. For more information, please visit: <http://foundation.thoracic.org>, or contact Erin Marie Nebel: EMNebel@thoracic.org