

**ATS Integrative Therapy Interest Group Meeting  
Conference Call**

**Meeting Minute: 07/20/2018**

**5-6 pm EST/ 2-3 pm PST**

**Standing Conference call – Every 3<sup>rd</sup> Friday of the month – 5-6 pm EST/ 2-3 pm PST**

**Present:** Asha Devereaux; Von Visger, **Tania**; Ni-Cheng Liang; Marilyn Moy; Summit B.

| Topic   | Discussions/ Recommendations   | Actions/ Follow-Up  |
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| <p><b>I. Integrative Therapy Online Resources.</b> Josh &amp; Ni-Cheng</p> <ul style="list-style-type: none"> <li>a. Repository- links to other databases</li> <li>b. Evaluation Criteria of the data bases</li> <li>c. Categories of topics</li> </ul> | <ul style="list-style-type: none"> <li>• Josh B. and Ni-Cheng have been working to finalize the list of legitimate databases that we can post on our site.</li> <li>• We should have some criteria in evaluating these sites with regards to methods of research, level of evidence, content, and associations with Universities (e.g. U. of Washington, Dr. Lowdog site).</li> <li>• Reputable websites such as NCCIH, FDA, Slone-Kettering – we should include.</li> </ul>   | <ul style="list-style-type: none"> <li>• Asha will take a final review of the list and we will post.</li> </ul>                             |
| <p><b>II. 2019 ATS Conference Workshop on Integrative Therapy (2019 re-submission)–</b><br/>Asha &amp; Marilyn</p> <ul style="list-style-type: none"> <li>a. Progress</li> <li>b. Due date for re-submission<br/>7/26/18</li> </ul>                     | <ul style="list-style-type: none"> <li>• During the past few weeks, Marilyn and Asha have been revising the 2018 submission with the goal of re-submission for the 2019 ATS conference.</li> <li>• Changes were made per reviewers' recommendation to make the content more diseases-specific and focused (in content).</li> <li>• We feel that the background is strong. We need to narrow the focus of the speakers to topics that there is sufficient evidence to synthesize and summarize for practice guidelines. (Mind-body, probiotics, Vitamin D, herbal supplements).</li> <li>• We also would like to place more emphasis on patient perspective and use of IT, adverse event, cost-perspective, cost-saving in using IT, top things that patients ask about specific to pulmonary conditions/diseases.</li> </ul> | <ul style="list-style-type: none"> <li>• Asha and Marilyn will continue to revise and update the proposal for this re-submission</li> </ul> |

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|  | <ul style="list-style-type: none"> <li>• From our previous survey 60% of respondents want to learn more about Herbal supplements, mind-body therapy, Special diets, TCM and Aryvedic.</li> <li>• We discussed to narrow the focus to talk about specific IT in addressing specific symptoms and exist among several pulmonary conditions such as dyspnea, cough, secretion management, pain, insomnia etc. These symptoms may occur in patients with COPD, Asthma, CF, lungs with premature birth.</li> <li>• We can potentially narrow it down to: Ped Pulmonary, Pulmonary Rehab, Palliative Care.</li> <li>• Asha reminded that our speaker lists may change as our content presentation may change. We currently have confirmation from Sheila Patel to speak on Aryvedic.</li> </ul> |   |
| <p>III. <b>2019 Sunrise Symposium – Mindfulness – Ni-Cheng &amp; Tania</b><br/>a. Progress</p>   | <ul style="list-style-type: none"> <li>• Per Ni-Cheng, this proposal was submitted under the sponsorship of the BSHSR with Critical Care Assembly as co-sponsor.</li> <li>• We should hear about the final decision of acceptance around Sept/November 2018.</li> </ul>   | <ul style="list-style-type: none"> <li>• None</li> </ul>  |
| <p>IV. <b>2019 Luncheon Symposium on IT – Asha &amp; Marilyn</b><br/>a. Progress - submitted</p> | <ul style="list-style-type: none"> <li>• Asha submitted this proposal for consideration as a mini-submission. This presentation will require attendance to register and pay in advance. We are hoping for a robust participation from the general ATS members.</li> <li>• This is 1.5 hours session sponsored by the Nursing and Pulmonary Rehab Assemblies.</li> <li>• In general, the content will include content about what we covered in the supplemental guideline regarding Asthma, Allergy such as Mindfulness &amp; COPD, Tai Chi, Massage, Acupressure, and yoga.</li> </ul>  | <ul style="list-style-type: none"> <li>• Once accepted, we will need to discuss about the dissemination process to advertise for the presentation before the conference.</li> </ul> |

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| <p>V. <b>2020 Post-Graduate Workshop/ Course</b> – Ni-Cheng &amp; Tania</p> <p>a) Survey result<br/>b) Content<br/>c) Planning</p>   | <ul style="list-style-type: none"> <li>• Tania and Ni-Cheng will continue to finalize this submission for 2020 PG Course in Philadelphia.</li> </ul>   | <ul style="list-style-type: none"> <li>• Continue to discuss and plan for the course.</li> </ul>   |
| <p>VI. <b>Integrative Therapy Education patient education series</b></p> <p>a. Other patient Education Content<br/>- Ni-Cheng, Asha<br/>i. Critical Care – document and literature summary in progress<br/>Sleep using Integrative Therapy</p> | <ul style="list-style-type: none"> <li>• Literature review for the IT use in Critical Care setting is largely completed per Ni-Cheng. One of her medical student completed the review, however, it needs to be validated/ edited to patient education material</li> <li>• Patient education on Sleep has not been started. Sumit expressed interest in taking on this project. This is a wonderful welcome to have Pediatric perspective in the use of IT. Thank you Sumit.</li> </ul> | <ul style="list-style-type: none"> <li>• Asha will complete review of patient education material for Critical Care that was started.</li> <li>• Sumit will begin writing patient education on Sleep</li> </ul> |
| <p>VII. <b>Group Presence within the ATS &amp; Sponsor support</b> – Asha</p> <p>a. Funding sources idea<br/>b. Meeting minutes posting</p>  | <ul style="list-style-type: none"> <li>• Asha had already made some connections for sponsorship of our projects. More specifically, in probiotics use. There might be other clinical research funding opportunities.</li> </ul>  | <ul style="list-style-type: none"> <li>• Asha will keep us abreast of the progress in this area.</li> </ul>  |
| <p>VIII. <b>Round Table</b></p>  | <p>Our next conference call will be 8/17/18 @ 2pm PST/5 pm EST</p>   |  |

Respectfully Submitted,  
Tania T. Von Visger —Integrative Therapy Workgroup- Co-chair  
Asha Devereaux---- Integrative Therapy Workgroup- Co-chair