

You are invited to attend the free one-day event  
**Alpha-1 Antitrypsin Deficiency  
Patient Education Event**

on Saturday, February 13, 2016 at the University of California San Diego

This event is co-sponsored by the American Thoracic Society (ATS), the Alpha-1 Foundation, and UC San Diego Health Sciences. This patient education day is being held in conjunction with the “Alpha-1 Week at the ATS” program — an educational activity designed to foster communications between clinicians, patients and patient advocates on lung and airway disorders such as Alpha-1 and COPD.

**WHERE:** UC San Diego Health

Room # 1-001, First Floor, East Campus Office Building (ECOB), 9444 Medical Center Drive  
La Jolla, CA 92037 (*Parking is available in Lot P759 or in the East Campus Parking Structure*)

**WHEN:** Saturday, February 13, 2016 from 9:00am-2:00pm PT

**WHO:** This event is free and open to Alpha-1 Antitrypsin Deficiency (A1AD) patients, family members and the interested general public. A light breakfast and complimentary lunch will be provided.

# PROGRAM

- 9:00-9:45 a.m.** Registration and continental breakfast
- 9:45-10:00 a.m.** Welcome from the ATS (*Mr. Courtney White*)  
Welcome from the Alpha-1 Foundation (*Ms. Karen Erickson*)  
Welcome from UCSD Health (*Dr. Kamyar Afshar*)
- 10:00-10:20 a.m.** COPD Phenotypes and Pharmacological Therapies — *Dan Crouch, MD*
- 10:20-10:40 a.m.** The Need for Oxygen and Non-Invasive Positive Pressure Ventilation for COPD/A1AD — *Robert Owens, MD*
- 10:40-11:00 a.m.** The Benefits of Pulmonary Rehabilitation — *Andrew L. Ries, MD*
- 11:00-11:15 a.m.** Panel Discussion
- 11:15-11:35 a.m.** The Effects of E-Cigarettes on COPD/A1AD — *Laura Crotty-Alexander, MD*
- 11:35-11:55 a.m.** The Role of Integrative Medicine for COPD/A1AD — *Ni-Chang Liang, MD*
- 11:55 a.m. -12:15 p.m.** The Global Burden of Disease — *Atul Malhotra, MD*
- 12:15-12:30 p.m.** Panel Discussion
- 12:30-1:30 p.m.** LUNCH and Patient Networking
- 1:30-1:50 p.m.** Liver Disease in Individuals with A1AD — *David Brenner, MD*
- 1:50-2:10 p.m.** Lung Transplantation for A1AD — *Kamyar Afshar, DO*
- 2:10-2:30 p.m.** Q&A and wrap up

# SPEAKERS

- Atul Malhotra, MD**  
Professor of Medicine, Chief, UCSD Division of Pulmonary, Critical Care and Sleep Medicine, President, American Thoracic Society
- David Brenner, MD**  
Professor of Medicine, Dean, UCSD School of Medicine
- Kamyar Afshar, DO**  
Associate Clinical Professor of Medicine, Director, UCSD Advanced Lung Disease Program
- Laura E. Crotty Alexander, MD**  
Assistant Clinical Professor of Medicine, University of California, San Diego
- Dan Crouch, MD**  
Assistant Clinical Professor of Medicine, University of California, San Diego
- Ni-Chang Liang, MD**  
Assistant Clinical Professor of Medicine, University of California, San Diego
- Robert Owens, MD**  
Associate Clinical Professor of Medicine, University of California, San Diego
- Andrew L. Ries, MD**  
Professor of Medicine, University of California, San Diego

**UC San Diego**  
HEALTH SCIENCES

**ALPHA-1**  
FOUNDATION



If you'd like to attend the event please RSVP to Karen Erickson at [kerickson@alpha1.org](mailto:kerickson@alpha1.org) no later than **Tues, Feb 9, 2016**. Space is limited so please respond early.

Note — for those of you unable to attend in person, the program will be simulcast live online as a webinar. Please contact Mr. Courtney L. White ([cwhite@thoracic.org](mailto:cwhite@thoracic.org)) for information on how to sign up for the webinar.