

ATS – ASSEMBLY ON SLEEP AND RESPIRATORY NEUROBIOLOGY EARLY CAREER WORKING GROUP

WINTER NEWS

WANT YOUR ANNOUNCEMENTS AND OPPORTUNITIES FEATURED IN OUR UPCOMING NEWSLETTERS? SUBMIT CONTENT TO OREN.COHEN@MOUNTSINAI.ORG

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ATS ANNOUNCEMENTS

EARLY BIRD REGISTRATION IS ALREADY OPEN FOR THE ATS 2023 INTERNATIONAL CONFERENCE (MAY 19TH-MAY 24TH)!

The conference is a great way to network with experts nationwide and get recognized for your efforts. Be sure to check out the [ATS 2023 Early Career Professionals Page](#) for special programs and scholarships!

ECWG VIRTUAL HAPPY HOUR

The SRN ECWG is working on an ATS Assemblies wide virtual happy hour on the topic of "Navigating ATS 2023". This session is an informal way to meet leaders in the field and ask questions. The conversation will center around how to get the most out of the annual ATS international conference in May. Look out for an email from ATS with more details. This zoom event is tentatively planned for April.

ATS ASPIRE FELLOWSHIP

The ATS ASPIRE Fellowship is an exciting and novel training program to develop the next generation of pulmonary & sleep physician-scientists and leaders. The program includes a collaboration between ATS and several outstanding institutions that have strong Pulmonary/Critical Care/Sleep training programs. These include the University of Pennsylvania, University of Pittsburgh, Harvard University, Case Western Reserve University, and UC San Diego Health System. Eligible fellows do not need to come from a primary ASPIRE institution, but the department needs a T32 grant or RO1 funded faculty, or international equivalent.

Applications are due by [March 15th!](#)

ATS VIRTUAL TOWN HALL ON SLEEP, PROFESSIONAL BURNOUT, MORAL INJURY AND WELLNESS

We invite you to join us for the final session of our virtual townhall (TH) series on Sleep, Professional Burnout, Moral Injury and Wellness in Pulmonary/Critical Care & Sleep Medicine. This session will focus on “Building Systems’ Resilience: Data-Driven Strategies to Mitigate Health Worker Burnout” and is scheduled for **Thursday, March 23, 3:30-5:30 PM EDT.**

We are thrilled to have Drs. Sushmita Pamidi from McGill University and Seppo Rinne from Boston University co-chair the session. Our speakers, experts in the field, Dr. Colin West, Mayo Clinic, Rochester, MN and Chia-Chia Chang MPH, MBA, The National Institute for Occupational Safety and Health (NIOSH), Office of Total Worker Health® and Healthy Work Design and Well-Being Cross-Sector Program, Washington, DC and Dr. Indira Gurubhagavatula, Division of Sleep Medicine, University of Pennsylvania, Philadelphia will share their perspectives on:

1. Evidence and consensus for systemic-based strategies, including optimizing sleep, aimed at mitigating burnout.
2. Next steps in their broad implementation at organizational (employers), groups (societies, licensing boards, etc) and individual level.
3. Remaining major gaps that need to be addressed in future research.

As in the previous sessions, we anticipate a robust discussion will follow with our distinguished panel shown below representing several key stakeholders and the attendees:

1. Marishka K. Brown, PhD, Director, National Center on Sleep Disorders Research, National Institutes of Health
2. Pamela B. Davis, MD, Dean Emerita, Case Western University, Cleveland, Ohio
3. Michael Hodgson, MD, PhD, OSHA Representative
4. Lorna Lynn, MD, ABIM Representative
5. Jennifer Martin, PhD, AASM President
6. Ann Rogers, PhD, RN, Emory University
7. Hans Von Dongen, PhD, Director, Sleep and Performance Research Center Washington State University, Spokane
8. Matthew Weaver, PhD, MPH, Sleep Matters Initiative, Harvard University
9. David Weissman, NIOSH Representative

We use a web-based platform, which allows real-time discussion both online and by phone, making this an interactive session. Please use a landline phone or VoIP for the call. You will need to register ahead for this session in order to participate. [To reserve your seat today click here.](#) Please share this invitation with other colleagues, ATS membership is NOT a requirement to attend this very topical discussion.

We look forward to your participation in this final session of our important series!

Co-organizers:

Indira Gurubhagavatula, MD

University of Pennsylvania, Philadelphia, PA, USA

Sushmita Pamidi, MD.

McGill University, Montreal, Quebec, Canada

Mihaela Teodorescu, MD

University of Wisconsin, Madison, WI, USA

Reena Mehra, MD

Cleveland Clinic, Cleveland, OH, USA

Chair, ATS Assembly on Sleep and Respiratory Neurobiology (SRN)

SRN WEB COMMITTEE

UPCOMING JOURNAL CLUBS

- March 28, 12 noon EST. Article to be discussed: Positive Airway Pressure Adherence, Mortality, and Cardiovascular Events in Patients with Sleep Apnea.
- April 4, 12 noon EST. Article to be discussed: Neurobehavioral morbidity of pediatric mild sleep-disordered breathing and obstructive sleep apnea.

RECENT WEBINARS

- Recordings of recent webinars and journal clubs are now available on the SRN webpage:
 - Congenital Central Hypoventilation Syndrome: Forgetting to Breathe
 - Classification of OSA severity: More than Meets the AHI

SRN PODCAST

- Learn more about the upcoming ATS 2023 SRN Program. SRN Podcast on the "Roadmap to Sleep Programming and Content for ATS 2023" coming soon.

Do you want to be involved with organizing journal clubs and webinars, creating podcasts and writing patient education materials for the SRN? Join the SRN Web Committee! Contact Notch Sigua (nsigua@iu.edu) or Nancy Stewart (nstewart5@kumc.edu).

OTHER GRANT OPPORTUNITIES

AASM FOUNDATION

Sleep Research Program for Advancing Careers: Supports early career sleep and circadian investigators through a structured and mentored grant writing curriculum.

Application Due Date: April 3, 2023

Diversity Supplement Grant: Up to \$50,000 for mentored sleep and circadian research training of individuals who are traditionally underrepresented in US science. Application Due Date: First Monday of every month

Community Sleep Health and Public Awareness Grant: Up to \$25,000 or \$50,000 for humanitarian, education, or awareness projects that focus on improving sleep health, sleep disorder evaluation and/or treatment in the community. Application Due Date: Accepted on the first Monday of every month

CHEST

CHEST Foundation Research Grant in Sleep Medicine: \$30,000 for 1-year. Applications must address topics that advance sleep medicine and ultimately improve patient outcomes. Projects must demonstrate how they will impact lung and/or sleep health of a community.

Application Due Date: April 10, 2023

SCHOLARLY OPPORTUNITIES

AJRCCM EARLY CAREER GROUP!

Sharpen your skills as a researcher whilst gaining reviewer and editorial experience as part of their team. [Fill out a sign-up form to get started.](#)

ATS QUICK HITS

Submissions of any brief image-based case/question. [Review the archived list.](#) Interested in novel cases with diagnoses not already represented on the website.

SLEEP FRAGMENTS ANNALS OF ATS

[Submit brief educational case vignettes for publication](#) in the Annals of ATS. Trainees with faculty sponsors are welcome to submit their work for formal peer review.

REM: JOURNAL OF CLINICAL SLEEP MEDICINE

[This publication](#) for residents and fellows features manuscripts and images in sleep medicine submitted by physicians in training. Article types include: board review, perspectives, letters to the editor, media review and images.

SLEEP: JOURNAL CLUB REVIEW

Written by SRS trainee members, [these short commentaries](#) review recently published papers in the journal SLEEP.

CAREER OPPORTUNITIES

BALTIMORE VAMC

The Sleep Medicine Division, under the Department of Neurology at the VA Maryland Health Care System, is recruiting two Sleep Medicine physicians: physicians with board certification in either Neurology or Pulmonology. The Sleep Medicine program partners with numerous subspecialists, including Psychology, Psychiatry, ENT, Dentistry, Neurology, Pulmonary, Medicine, and Primary Care. You will join the current Sleep Medicine team of three Sleep Medicine physicians, a nurse practitioner, a nurse case manager, sleep technicians, and respiratory therapists. The selected physicians are expected to participate in the training of fellows from the Sleep Medicine division at the University of Maryland Medical Center, residents from Neurology, Internal Medicine, Family Practice, and Pulmonology, as well as medical students from the affiliated College of Medicine. Candidates should have (1) completed an accredited Sleep Medicine fellowship, (2) be boarded in Sleep Medicine, and (3) be qualified to obtain an academic appointment at the University of Maryland.

Find out more [here](#).

Contact Candace by email at Candace.Anderson@va.gov with your CV and expressed interest.

CAREER OPPORTUNITIES

SAN FRANCISCO VA

The University of California, San Francisco (UCSF) and San Francisco VA Health Care System (SFVAHCS) are seeking applications for an academic Sleep Physician in the Pulmonary, Critical Care & Sleep Section at the San Francisco VA. They are in search of an outstanding clinician with experience in Sleep Medicine, who will participate in clinical and teaching activities in the Sleep Section.

Please submit a curriculum vitae, cover letter, statement of contributions to diversity, and contact information for three references. Applicants' materials must list current and/or pending qualifications upon submission. The online application can be found [here](#).

Applicants must also be eligible for appointment at the VA. The VA's basic qualification standards may be found [here](#).

For questions, please contact meshell.johnson@ucsf.edu or meshell.johnson@va.gov.

BROWN MEDICINE

Seeking a clinical educator in the Division of PCCSM with a specialized interest in sleep. Brown Medicine is a multi-specialty faculty practice group affiliated with the Alpert School of Medicine at Brown University. The candidate should be board certified/eligible in pulmonary, critical care medicine and sleep medicine. The position will involve 6-7 half-day sessions in the office primarily seeing adult sleep patients. The physician is expected to share in reading sleep studies from 3 accredited adult sleep centers in the healthcare system. Inpatient time will be on 1 of 7 services in the division: the intensive care unit at one of the two teaching hospitals at Brown University, the respiratory intermediate care unit, pulmonary consult service at one of the two Brown University Hospitals, Critical care consults depending on the service needs of the division. The successful candidate will also engage in teaching students, housestaff and fellows in both inpatient and outpatient settings. We at Brown Pulmonary Critical Care and Sleep Medicine value a diverse and talented workplace. We seek colleagues who strive to better understand systemic racism as it affects patient care and our academic institutions. All who are eligible are welcome to apply. Visit them [here](#). Click here to [apply](#) or email: tammy.lederer@brownphysicians.org.

GET INVOLVED WITH OUR SRN ECWG!

**INTERESTED IN JOINING OUR
TEAM?**

**EMAIL
OREN.COHEN@MOUNTSINAI.ORG**

We have multiple ways to get involved. From organizing upcoming events like our Twitter chats and virtual Happy Hours to helping us create new content. All are welcome!