

ATS Integrative Therapy Interest Group @ATS_Integrative (twitter)
<https://www.thoracic.org/members/assemblies/interest-groups/integrative-therapy.php>
Conference Call

Meeting Minutes: 6/21/2019
Standing Conference call – Usually every 3rd Friday of the month – 2 pm EST/ 11 am PST
1-800-791-2345, access code 46768

Present: Asha Devereaux, Tania Von Visger, Tai Zahir, Valerie Change, Mang Yu, Sumit Bhargava
By email: Ni-Cheng Liang, Omar Hussain

Topic	Discussions/ Recommendations	Actions/ Follow-Up
I. Highlights from 2019 ATS IT workgroup meeting	<ul style="list-style-type: none"> Asha presented a topic on foods with anti-inflammation properties for lung health Tania presented on mindful movements positive clinical outcomes in pulmonary conditions 	<ul style="list-style-type: none"> Will post short versions of these presentations on our website Request to have the meeting room closer to the main conference for easy access
II. Textbook/ Manual on IT Proposal Asha & Ni-Cheng	<ul style="list-style-type: none"> Our group was approached by a publisher with an interest in creating <i>Comprehensive Manual for Pulmonary on Integrative Therapy.</i> The proposal for a textbook/manual was well-received by the group as well as publisher Brainstorming our idea included: <ol style="list-style-type: none"> Pulmonary disorders IT use in sepsis, delirium Sleep health Pediatric management Implementation Science of IT in day-to-day practice 	<ul style="list-style-type: none"> A small sub-group will convene to work on this project Example products that include Table of Contents and Example Chapter to submit by 8/1/19
III. 2020 Scientific Symposium Ni-Cheng, Tania & Asha	<ul style="list-style-type: none"> Title: “Non-pharmacologic adjuncts to treat sleep and alleviate pain/anxiety in the ICU or OP settings” Group reviewed the draft proposal and provided specific comments (please refer to the revised proposal): 	<ul style="list-style-type: none"> Comments to Tania by 6/24/19 Submission deadline 6/26/19

	<ol style="list-style-type: none"> 1. Modify the title to make it more attractive 2. Focus the SS by carrying the theme of symptoms to be addressed by various IT's 3. Patients' experience 4. More inclusive objectives <ul style="list-style-type: none"> • Asha recommended including Clinician Practice Committee in this proposal 	<ul style="list-style-type: none"> • Potential submission to the Clinician Practice Committee (due 7/26/19)
IV. Integrative Therapy: Patient Education Series (PES) –Ni Cheng	<ul style="list-style-type: none"> • IT in Critical Care: • IT for Sleep: Sumit indicated that he should hear back from Bernie Sunwoo. Content should be finalized by next week. • Mindfulness for Anxiety: Ni-Cheng reported that the latest version was disseminated during May meeting. 	<ul style="list-style-type: none"> • Dan Crouch may be interested in working on this. Ni-Cheng is awaiting response. • Dr. Atul Malhotra has agreed to serve as final editor. Publication summer 2019 • Awaiting group's final feedback.
V. IT Webinar---topic solicitation and speaker(s)	<ul style="list-style-type: none"> • Topics: Acupuncture, Mindfulness, supplements, acupressure, how to evaluate and analyze the literature for credible sources for IT, foods for COPD • 15min "conversation" in duration • Tania and Asha connected with ATS Nursing web-leaders who can help facilitate. • Breanna and Tai will help coordinate w/ATS and provide us with guidance. Speaker and title • Group discussed about potential CME award. Since this is our new project, we decided to focus on the content and the design of the Webinar. We will explore this CME application process once we firm up the topics and presenters. 	<ul style="list-style-type: none"> • Ni Cheng, Sumit, Tania are happy to participate • May need to have a sub-group meeting regarding this communication.

<p>IX. Round Table</p>	<ul style="list-style-type: none"> Valerie shared her experience in Washington DC on 6/18/19 & 6/19/19. In collaboration with the COPD Foundation, she and her team had an opportunity for an in-depth engagement with legislators, other policy makers regarding lung health and care management needs. She and her team had the one-on-one opportunity to advocate for research funding to support the efforts of the Foundation (help patients to be more informed, and more collaborative). 	<ul style="list-style-type: none"> @ATS_Integrative (Twitter). Encourage everyone to follow
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Respectfully Submitted,

Tania Von Visger —Integrative Therapy Workgroup- Co-chair
Asha Devereaux---- Integrative Therapy Workgroup- Co-chair