

ATS Integrative Therapy Interest Group
<https://www.thoracic.org/members/assemblies/interest-groups/integrative-therapy.php>
Conference Call

Meeting Minutes: 09/28/2018
5-6 pm EST/ 2-3 pm PST

Standing Conference call – Usually every 3rd Friday of the month – 5-6 pm EST/ 2-3 pm PST

Present: Asha Devereaux; Tania Von Visger.; Valerie Chang-Hawaii-US COPD Coalition; Ni-Cheng Liang, Marilyn Moy; Miriam Rodriguez (ATS – Sr. Director of ATS Assemblies)

Absent, but contributed updates via email: Sumit Bhargava-Peds Pulm/Sleep-Stanford, Karen Ericson-Alpha 1 foundation, Bhavik Kahn-IU-Pul/CC/LTAC (music feasibility-critical care)

Topic	Discussions/ Recommendations	Actions/ Follow-Up
<p>I. Integrative Therapy Online Resources. Josh, Ni-Cheng, & Asha</p> <ol style="list-style-type: none"> a. Repository- links to other databases b. Evaluation Criteria of the data bases c. Categories of topics 	<ul style="list-style-type: none"> • Asha is about half way through with the review of the list. We anticipate that the final list will include about 20 links. • After extensive review, about 50% of the list is eliminated due to duplicate or lack of relevancy to pulmonary population (e.g. Cochrane review). • We keep newer links and update the list with new links. • The list will be categorized into topics: Cancer, mind-body therapy, nutritional supplement, and Grant opportunities. 	<ul style="list-style-type: none"> • Asha will complete the rest of the review. She will then annotate and submit final list for our website to Breanna / Miriam
<p>II. 2019 ATS Conference Workshop on Integrative Therapy (2019 re-submission)– Asha & Marilyn</p> <ol style="list-style-type: none"> a. Progress b. Submitted 7/26/18 	<ul style="list-style-type: none"> • Thanks to Marilyn and Asha for their hard work in the revision of the submission. The submission went in successfully as of yesterday 9/27/18. • The proposal is now more symptom specific (dyspnea, cough, secretion management, and sleep). We provide time for synthesis of topics and summarize for practice guidelines. (Mind-body, probiotics, Vitamin D, herbal supplements) 	<ul style="list-style-type: none"> • Fingers crossed! • We are waiting to hear back about the decision

	<ul style="list-style-type: none"> • Miriam provided more specific timeline with regards to the review of the proposal: <ul style="list-style-type: none"> ○ Program Review Sub-committee 10/26 & 10/27 for ranking ○ Board of Director for approval – Mid November 2018 • Mariam asked for some clarification in the budget. We will include cost for breakfast & lunch for 10 participants. Mariam will add to the submission for us and provide justification at the proposal meeting. • Asha propose Plan B if this submission is not successful. Some type of mini-program during our 2019 Interest Group meeting time. This will require some work and planning, but it will be a good opportunity to share the information nevertheless. • Ni-Cheng proposed Plan C for possibility of submitting as a Scientific Symposium for 2020. 	
<p>III. 2019 Sunrise Symposium – Mindfulness – Ni-Cheng & Tania</p> <p>a. Progress</p>	<ul style="list-style-type: none"> • Per Ni-Cheng, this proposal was submitted under the sponsorship of the BSHSR with Critical Care Assembly as co-sponsor. • We should hear about the final decision of within the next few weeks. 	<ul style="list-style-type: none"> • Ni-Cheng has not received any notification.
<p>IV. 2019 Luncheon Symposium on IT – Asha & Marilyn</p> <p>a. Progress - submitted</p>	<ul style="list-style-type: none"> • Asha submitted this proposal for consideration as a mini-submission. This presentation will require attendees to register and pay in advance. We are hoping for a robust participation from the general ATS members. • In general, the content will include content about what we covered in the supplemental guideline regarding Asthma, Allergy such as Mindfulness & COPD, Tai Chi, Massage, Acupressure, and yoga. • Miriam will follow-up with ATS regarding the process of review and decision. 	<ul style="list-style-type: none"> • If accepted, we will need to discuss about the dissemination process to advertise for the presentation before the conference.

<p>V. 2020 Post-Graduate Workshop/ Course – Ni-Cheng & Tania</p> <p>a) Survey result b) Content c) Planning</p>	<ul style="list-style-type: none"> • Tania and Ni-Cheng will continue to finalize this submission for 2020 PG Course in Philadelphia. • Valerie mentioned that Peggy Neal did research on Acupressure for relief of dyspnea-presented at a meeting. Will reach out to her (rec'd VA grant) • Ni-Cheng suggested highlighting the Hands-on/Experiential aspect of the PG Course • Looking for speakers/ Presenters from Philadelphia area. 	<p>Tania and Ni-Cheng will continue to work on proposal Submission due June/ July 2019</p>
<p>VI. Integrative Therapy Education patient education series: Critical Care Sleep</p>	<ul style="list-style-type: none"> • Literature review for the IT use in Critical Care setting completed by Armando Martinez (UCSD). Dr. Kahn is in the process of validating/ editing to patient education material. Asha sent draft Critical Care to Dr. Kahn w/copy of the Pulm Pt. Ed publication. • Sleep: Sumit has started working with Atul Malhotra on a framework and performed a lit search as basis of the Ed. Series. He has found the most lit on the topic of Insomnia. Sumit requested feedback regarding tx regarding autism, CP, and developmental delays • Tania reviewed the current list of ATS Pt-Ed series and located one material related to the topic, "breathlessness". 	<ul style="list-style-type: none"> • Asha will follow up with Dr. Kahn. • Ni-Cheng will follow up with Sumit and Atul • Tania and Ni-Cheng will begin drafting the Pt. Ed material on mindfulness and Anxiety.
<p>VII. Group Presence within the ATS & Sponsor support – Asha a. Funding sources idea b. Meeting minutes posting</p>	<ul style="list-style-type: none"> • Asha had already made some connections for sponsorship of our projects. More specifically, in probiotics use. Miriam indicated that Michelle (ATS Corp. Chief) will be able to assist in the process of submitting the request for us. They can request funding 	<ul style="list-style-type: none"> • Miriam will send Asha Michelle's contact information. • Dr. Kahn might have some other opportunities-mentioned pt or family foundation

	<p>for things like: reception, business meeting, or lunch.</p> <ul style="list-style-type: none"> • There might be other clinical research funding opportunities to consider in the future. 	
IIX. 2019 Patient Advisory Round Table Participation –	<ul style="list-style-type: none"> • Patient Advisory Round Table is interested in having speakers on the topic of IT. This meeting is usually held b/w 10-12 noon on Sat before the conference. • Time commitment is about 20 minutes. • They often like presenters from the local area in Dallas Texas. 	<ul style="list-style-type: none"> • Asha will reach out to Courtney White to find out further details about how to arrange this presentation.
IX.. Round Table	<ul style="list-style-type: none"> • Valerie asked about the possibility of having Tai Chi demonstration during the conference. (sunrise Tai-Chi, Clinician Corner, or Exhibit Hall). Some type of self-care practice demonstration that will help clinicians. • We are not sure of any liability issue that we need to be aware of. Therefore, we will check around. <p>Our next conference call will be 10/16/18 @ 2pm PST/5 pm EST</p>	<ul style="list-style-type: none"> • Asha will check with leadership people who organizes Clinician Corner for this possibility • Miriam will check at the conference steering committee during the Oct meeting (or Nov)

Respectfully Submitted,
Tania T. Von Visger —Integrative Therapy Workgroup- Co-chair
Asha Devereaux---- Integrative Therapy Workgroup- Co-chair