How much do you know about electronic cigarettes?

- The use of electronic cigarettes is drastically increasing in the United States.
- Electronic cigarettes are the most common substance smoked by middle and high school students.

If you do not smoke do not begin smoking electronic cigarettes. If you need help to quit smoking talk to your health care provider.

- Electronic cigarettes contain substances known to cause cancer and the long term health risks of using them are unknown.
- Electronic cigarettes can contain 20 times more nicotine than traditional cigarettes and lead to tobacco addiction in people who do not smoke or who have already quit smoking.

Additional information may be found at the American Thoracic Society website: http://bit.ly/22LDBnA