

# You are invited to attend the free one-day event Acute Respiratory Distress Syndrome & Critical Illness Recovery **Patient Education Day**

**Tuesday, November 12, 2019 | Mayo Clinic Hospital, Methodist Campus**

201 W. Center St., Rochester, MN 55902

**Meeting Room:** Jester Hall (Eisenberg Building, Subway Level, Room 75)

**Parking Location:** Damon Patient Parking Ramp or Graham Patient Parking Ramp.

Parking charge \$12. (Parking charge assistance may be available, upon request.)



## About

This event is co-sponsored by the American Thoracic Society (ATS), the ARDS Foundation, and the Mayo Clinic ICU Recovery Program. This patient education day will be held in conjunction with the “ARDS Week at the ATS” program—an educational activity designed to foster communications between clinicians, patients and patient advocates on lung and airway disorders such as ARDS.

**This event is free and open to patients and their families as well as the interested public. A light breakfast and complimentary lunch will be provided.**

*If you would like to attend the event, please RSVP to Courtney White at [cwhite@thoracic.org](mailto:cwhite@thoracic.org) no later than Fri, Nov 8, 2019. When responding use subject line: **November 12th Mayo Education Event***

## Program

7:30–8:00AM	<b>Registration and Breakfast</b>
8:00–8:15AM	<b>Welcome from the American Thoracic Society</b> (Mr. Courtney L. White, CAE) <b>Welcome from the Mayo Clinic</b> (Michael E. Wilson, MD) <b>Welcome from the ARDS Foundation</b> (Eileen Rubin, JD)
<b>Session Topic – ARDS Overview</b>	
8:15–8:35AM	<b>ARDS: Causes and Prevention</b> (Ognjen Gajic MD, MS)
8:35–8:55AM	<b>ARDS: Treatment and Recovery</b> (Philippe R. Bauer, MD, PhD)
<b>Session Topic – ICU Experience</b>	
8:55–9:15AM	<b>Rehabilitation in the ICU</b> (Patrick J. Cornelius PT, DPT, CCS)
9:15–9:35AM	<b>Psychological Support in the ICU</b> (Lioudmila V. Karnatovskaia, MD)
9:35–9:55AM	<b>Humanizing the ICU Experience</b> (Sumera R. Ahmad, MBBS/Michael Wilson, MD)
9:55–10:10AM	<b>Break</b>
10:10–10:30AM	<b>Family Support in the ICU</b> (Philippe R. Bauer, MD, PhD)
<b>Session Topic – ICU Recovery</b>	
10:30–11:30AM	<b>Post-ICU Syndrome and ICU Recovery</b> (Annie Johnson APRN, CNP/ Shannon L. Piche, PharmD, RPh/ Emily A. Schmitt, OT/Patrick J. Cornelius PT, DPT, CCS Alejandro A. Rabinstein, MD/ Michael E. Wilson MD)
11:30–11:50AM	<b>Functional Recovery after Critical Illness</b> (Michelle Biehl, MD, MS)
11:50–12:10PM	<b>From Patient to Patient-Engagement</b> (Eileen Rubin, JD)
12:10–1:00PM	<b>Lunch</b>
1:00PM	<b>Meeting Adjourns</b>

## Speakers

- Michael E. Wilson MD**, ICU Physician, Assistant Professor of Medicine, Mayo Clinic
- Ognjen Gajic MD, MS**, ICU Physician, Professor of Medicine, Mayo Clinic
- Philippe R. Bauer, MD, PhD**, ICU Physician, Associate Professor of Medicine, Mayo Clinic
- Patrick J. Cornelius PT, DPT, CCS**, Physical Therapist, Instructor of Physical Therapy, Mayo Clinic
- Emily A. Schmitt, OT**, Occupational Therapist, Mayo Clinic
- Lioudmila V. Karnatovskaia MD**, ICU Physician, Assistant Professor of Medicine, Mayo Clinic
- Annie Johnson APRN, CNP**, ICU Nurse Practitioner, Instructor in Surgery, Mayo Clinic
- Shannon L. Piche, PharmD, RPh**, ICU Pharmacist, Mayo Clinic
- Alejandro A. Rabinstein MD**, ICU Physician and Neurologist, Professor of Neurology, Mayo Clinic
- Michelle Biehl, MD, MS**, ICU Physician, Cleveland Clinic
- Eileen Rubin, JD**, President, ARDS Foundation