Join us for a **FREE one-day event** held in conjunction with the "Asthma Week at the American Thoracic Society" Patient Education Program.

# CARE
Conference for Asthma Research and Education

**When:** Saturday, August 24, 2019 from 9:00AM - 3:00PM

**Where:** Ann & Robert H. Lurie Children's Hospital of Chicago 225 E. Chicago Avenue, 11th Floor Conference Center

Learn about the latest asthma research, medications, management techniques, and other important issues such as:
- The public health impact of asthma
- Emerging treatments and innovations
- Daily life management tips
- Asthma patient advocacy
- And much more!

You will receive a **FREE** breakfast, lunch, inhaler spacer, and asthma resources. Travel vouchers ($20) are available.

**Expert Speakers Include:**
- Ruchi Gupta, MD, MPH
- Courtney White, CAE
- Todd Mahr, MD
- Michael Foggs, MD
- Don Bukstein, MD
- Nik Prachand, MPH
- Tonya Winders, MBA
- Christina Ciaccio, MD, MSc
- Kelly Newhall, MD
- Leretha Thomas, BSN, M.Ed
- Lisa Lombard, PhD
- Anna Volerman Beaser, MD
- Molly A. Martin, MD, MAPP
- Andrea Pappalardo, MD
- Waheeda Samaday, MD
- Avani Shah, MD
- Lori Wilken, PharmD
- Valerie Press, MD, MPH
- Jerry Krishnan, MD, PhD
- Raina Gupta, MD
- Mary Rosenwinkel

If you'd like to attend the event, please register online at: [https://www.allergyasthamanetwork.org/care/](https://www.allergyasthamanetwork.org/care/)
Program

8:00 - 9:00 AM  Registration & Free Light Breakfast
9:00 - 9:20 AM  Opening Remarks - Shanley / Davis / Winders
9:20 - 9:40 AM  Setting the Stage - Gupta / White
9:40 - 10:00 AM What is Asthma Control? Taking Ownership of Your Health - Mahr
10:10 - 10:30 AM Issues with Asthma in Chicago: A Research Update - Krishnan / Shah / Prachand
10:30 - 10:50 AM Making Decisions with Your Healthcare Provider - Bukstein / Mahr
11:10 - 11:40 AM Where are You on the Asthma Spectrum? - Fogs / Mahr / Ciaccio
11:50 - 12:10 PM Navigating Real Life Experiences with Asthma - Martin / Pappalardo
12:10 - 1:00 PM  Free Boxed Lunch & Ask the Experts - Panel
1:00 - 1:20 PM  Understanding Indoor & Outdoor Triggers and Air Quality - Prachand / Shah / Fogs
1:30 - 1:50 PM  Managing Stress & Daily Life with Asthma: Living Your Best Life! - Lombard
2:00 - 2:20 PM Understanding Your Asthma Action Plan & School Policies - Thomas / Samaday
2:30 - 3:00 PM  Asthma Medications - Wilken / Press / Rosenwinkel / Volerman
3:00 - 3:30 PM  Wrap-Up and Q&A - Panel

Program is subject to change

Speakers

Ruchi Gupta, MD, MPH
Professor of Pediatrics and Medicine, Northwestern University Feinberg School of Medicine
Clinical Attending, Ann & Robert H. Lurie Children’s Hospital
Michael Fogs, MD
Chief, Allergy/Immunology, Advocate Medical Group
Tonya Winters, MBA
President and CEO of Allergy & Asthma Network
Waheeda Samaday, MD
Assistant Professor of Pediatrics, Northwestern University Feinberg School of Medicine
Attending Physician, Ann & Robert H. Lurie Children’s Hospital
Kelly Newhall, MD
Chicago Family Asthma & Allergy
Don Bukstein, MD
Allergy & Asthma Network Temporary Medical Director
Anna Volerman Beaser, MD
Assistant Professor of Medicine, University of Chicago Medicine
Todd A. Mahr, MD, FAAP, FAAAAI, FACAAC
Clinical Professor of Pediatrics, University of Wisconsin School of Medicine & Public Health
Director of Pediatric Allergy/Immunology, Gunderson Lutheran Medical Center
Courtney White, CAE
Director, Patient Outreach and Tobacco Control, American Thoracic Society
Avani Shah, MD
Attending Physician, Ann & Robert H. Lurie Children’s Hospital
Raji Garg, MD
Assistant Professor of Pediatrics, Northwestern University Feinberg School of Medicine
Raina Gupta, MD
Attending Neurologist at TeleSpecialists
Valerie Press, MD, MPH
Assistant Professor of Medicine, University of Chicago Medicine
Mary Rosenwinkel
Program Coordinator, Respiratory Health Association
Lertha Thomas, BSN, M.Ed
Nurse Manager at Chicago Public Schools
Jerry A. Krishnan, MD, PhD
Associate Vice-Chancellor for Population Health Sciences
Professor of Medicine and Public Health, University of Illinois at Chicago
Nik Prachand, MPH
Director of Epidemiology, Chicago Department of Public Health
Molly A. Martin, MD, MAPP
Associate Professor of Pediatrics, University of Illinois at Chicago
Lisa Lombard, PhD
Licensed Clinical Psychologist, Northwestern University Feinberg School of Medicine
Andrea Pappalardo MD, FAAAAI
Assistant Professor of Medicine and Pediatrics, University of Illinois at Chicago
Christina Ciaccio, MD, MSc
Assistant Professor of Pediatrics, University of Chicago Medicine
Lori Wilken, PharmD, AE-C, BCACP, TT-S
Clinical Assistant Professor and Clinical Pharmacist, University of Illinois at Chicago

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