Metaphorical Signs in Computed Tomography of Chest

Atul C. Mehta, MBBS, FACP, FCCP
Professor of Medicine, Lerner College of Medicine
Buoncore Family Endowed Chair in Lung Transplantation
Staff, Respiratory Institute, Cleveland Clinic, Cleveland, OH

Mehtaal@ccf.org
Conflict of Interest

- None!
Medical Crime of the Century?

Murder of the Chest X-ray

Ai-Ping Chua, MBBS, MRCP, MMed, EDIC,* †
and Atul C. Mehta, MBBS, FACP, FCCP‡

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“Chest X-Ray has poor sensitivity.”
- A Radiologist

“Whose sensitivity are we talking about?”
- A Pulmonologist

“One view is no view!”

“Normal HRCT” is an oxymoron

CT Chest:
- Most Common Indication: “IMSS”
- Three CT angios in 1 week!
- 13 CTs in 3 months!
- Chest CT Q Monday!
- CT to confirm position of a chest tube!

Loss of analytical approach!!
- “Digital watch syndrome”
CT Begets CT

- CT Angio \(\rightarrow\) GGO \(\rightarrow\) CT to R/O ILD
- CT with ? Fluid \(\rightarrow\) Prone CT
- CT with mosaicism \(\rightarrow\) Expiratory CT
- Abdominal CT \(\rightarrow\) Full chest CT
- Nodule on a CT \(\rightarrow\) CT with EMN protocol
- TBM or EDAC: Dynamic CT
- Screening CT for Lung Ca \(\rightarrow\) F/U CT
LDCT approved for lung ca screening in high risk US population

- Ages 55–77
- No signs or symptoms of lung ca
- 30 pack-year smoking history
- Current smoker
- Former smoker who quit in the last 15 years

By 2020, low-dose CT screening is projected to result in*:

- 10.7 million more LDCT
- 52,000 – 76,000 more lung ca detected

Decision Memo for Screening for Lung Ca with LDCT (CAG-00439N) Feb. 15 2015
If X-Rays cause Lung Ca?
Metaphoric CT Signs in Chest Imaging

Important to recognize:

- Several are unique to CT
- Shortens list of differential
- With clinical data, further narrows in on the Dx
- Could be pathognomonic
- Uniformity of reporting

Types:

- Parenchymal
- Airway
- Vascular
- Pleural-based
Lobule of the Lung

- Fundamental unit at the sub-segmental level
- ~ Polyhedral in shape
- Largest dimension: 1.0 - 1.25 cm
- 12 Pulmonary acini
- Centrilobular structure:
  - Terminal bronchiole
  - Pulmonary arteriole
  - Central lymphatics
- Interlobular septum:
  - Pulmonary vein
  - Lymph channels
Components of Lung Lobule

- Lobular parenchyma,
- Centrilobular structure
- Interlobular septum
Air Crescent Sign

- Crescentic or circumferential rim of radiolucent airspace within a parenchymal consolidation or a nodular opacity

- Differential Dx:
  - Invasive aspergillosis
  - TB
  - Hydatid cyst
  - Abscess
  - Bronchogenic Ca
  - Pneumocystis Jirovecii Pneumonia
Air Crescent Sign

Invasive Aspergillosis:

- Fungal hyphae leading to vasculature invasion → Thrombosis → Infarction → Necrosis
- Crescent formation: Separation of devitalized necrotic center from the surrounding opaque rim of hemorrhagic tissue
- Recovery phase of the disease
- Favorable prognosis [67% vs 8% survival in leukemia]

Monod Sign

- Air surrounding a fungal ball in a preexisting pulmonary cavity which falls to a gravity dependent location
- Mass within a preexisting cavity
- Not a crescent sign!!
- Differential Dx:
  - Fungus ball [Aspergilloma]

Pesle GD, Monod O. Bronchiectasis due to aspergilloma. Dis Chest. 1954;25(2):172-183
### Air Crescent Sign vs Monod Sign

<table>
<thead>
<tr>
<th>Variable</th>
<th>Air Crescent Sign</th>
<th>Monod Sign</th>
</tr>
</thead>
<tbody>
<tr>
<td>Description</td>
<td>Crescentic or circumferential rim of radiolucent airspace within a parenchymal consolidation</td>
<td>Air surrounding a fungal ball in a preexisting pulmonary cavity</td>
</tr>
<tr>
<td>Differential</td>
<td>Invasive aspergillosis, pulmonary mucormycosis, bronchogenic carcinoma</td>
<td>Aspergilloma</td>
</tr>
<tr>
<td>diagnosis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mobility of mass</td>
<td>Nonmobile</td>
<td>Mobile mass within the cavity</td>
</tr>
<tr>
<td>Positional</td>
<td>None</td>
<td>Mass gravitates to the dependent areas of the cavity</td>
</tr>
<tr>
<td>change</td>
<td></td>
<td>Immunocompetent</td>
</tr>
<tr>
<td>Patient profile</td>
<td>Usually immunocompromised</td>
<td></td>
</tr>
</tbody>
</table>
Fungus Ball

Differential Dx:
- Aspergilloma
- Coccidioidomycosis: *C. Immitis, C. Posadasii*
- Actinomycosis*
- Nocardiosis
- Candidiasis
- Intracavitary Hematoma
- M.TB
- Adenocarcinoma
- *Pseudallescheria* *Boydii, Scedosporium Apiospermum*
- Hydatid Disease: Larval stage

Halo Sign

- Solid pulmonary nodule surrounded by a circumferential ground glass opacity

- **Differential Dx:**
  - Invasive pulmonary aspergillosis
  - Pulmonary mucormycosis
  - Adeno Ca in situ
  - Granulomatosis with Polyangiitis
  - Amyloidosis
  - Sarcoidosis
  - Metastatic cancer
Halo Sign

- **Histology:**
  - Central nodule: Infarction
  - Surrounding GGO: Hemorrhage

- **Incidence:** High with Invasive Aspergillosis

- May disappear over time

Shine Raju S, Ghosh S, Mehta AC, Chest CT Signs in Pulmonary Disease: A Pictorial Review, CHEST, 2017
Atoll Sign-Revese Halo

- Central GGO surrounded by a crescentic or circumferential denser air space consolidation
- **Differential Dx:**
  - Cryptogenic Organizing Pneumonia
  - M. TB, CAP, PJP
  - Lymphomatoid Granulomatosis, GPA
  - Lipoid pneumonia
  - Sarcoidosis
  - Neoplasms
  - Paracoccidioidomycosis
Atoll Sign

- Central GGO: Alveolar septal inflammation, cellular debris
- Peripheral consolidation: organizing pneumonia within alveolar ducts

“Cheerios®” Sign

- Synonym: Open bronchus sign: Proliferation of neoplastic or non-neoplastic cells around a patent airway
- Pulmonary nodule with a lucency at its center resembling “Cheerios®” breakfast cereal (General Mills)
- **Differential Dx:**
  - Adenocarcinoma
  - Pulmonary Langerhans Cell Histiocytosis
  - Fungal infection
  - Lung metastasis
  - Rheumatoid nodules
  - Granulomatosis with Polyangiitis
Open Bronchus Sign

Proliferation of neoplastic or nonneoplastic cells around a patent airway
“Cheerios®” Sign

Pulmonary Langerhans Cell Histiocytosis [PLCH]

Shine Raju et al Chest CT Signs in Pulmonary Disease: A Pictorial Review, CHEST, 2017
Comet Tail Sign = Talon Sign

- Curvilinear opacity that originates from the pleural based opacity going towards the ipsilateral hilum
- Comet Tail: Blood vessels, Adjoining airways
- **DDx:** Round atelectasis of the lung, Bronchogenic Ca
Talon Sign = Comet Tail sign

- “Claw of a bird of prey”
- Comprise of vessels and adjoining airways that get pulled into a mass as lung collapses
- BV bundle entering the mass from all sides
- Pleural thickening present
- Benign:
  - Reduce in size
  - May disappear

Corona Radiata Sign

- Synonym: Sunburst Sign:
- Solitary pulmonary nodule or a mass with spiculated margins with distortion of surrounding blood vessels

- Differential Dx:
  - Bronchogenic Carcinoma

- Odds Ratio: 2.2-2.5

- Gurney JW. Determining the likelihood of malignancy in solitary pulmonary nodules with Bayesian analysis. Part I. Theory. Radiology. 1993;186(2):405-413
Sunburst Sign

Lung Malignancy

Shine Raju et al, Chest CT Signs in Pulmonary Disease: A Pictorial Review, CHEST, 2017
Galaxy Sign = Sarcoid Galaxy

- Coalescent granulomas appearing as a central dense mass with tiny peripheral satellite nodules, akin to a galaxy cluster

- **Differential Diagnosis: [Benign]**
  - Sarcoidosis
  - Progressive massive fibrosis
  - Active pulmonary tuberculosis

- Mediastinal Lymphadenopathy and calcification further adds to making the diagnosis

Crazy Paving

- Thickened interlobular septa on the background of diffuse ground glass opacities
- GGO represents concomitant alveolar process, i.e.: PAP, Sarcoidosis

Shine Raju et al, Chest CT Signs in Pulmonary Disease: A Pictorial Review, CHEST, 2017
Crazy Paving

Gaudi’s Park, Barcelona, Spain

Antonio Gaudi
Crazy Paving

Crazy Paving

- Pneumocystis carinii pneumonia (PCP)
- Mucinous Bronchioloalveolar Carcinoma (BAC)
- Pulmonary Alveolar Proteinosis (PAP)
  - Sarcoidosis
  - Nonspecific Interstitial Pneumonia (NSIP)
  - Organizing Pneumonia (OP)
- Lipoid Pneumonia
- Adult respiratory distress syndrome (ARDS)
- Pulmonary Hemorrhage Syndromes

Godwin JD, Pulmonary alveolar proteinosis: CT findings. Radiology. 1988;169(3):609-613
Crazy Paving

Alveolar Hemorrhage

ARDS

Crazy Paving
Drugs

MTX

Topotecan

Amio

Bleo
Lipoid Pneumonia

Mosaic Attenuation

- Variable attenuation seen on a chest CT in a lobular or multilobular distribution.

**Differential Dx:**
- Small airway disease:
  - Bronchiolitis obliterans [Air trapping]
- Infiltrative lung disease:
  - PJP, HSP, COP, Eosinophilic pneumonia
- Vascular lung disease
  - CTEPH [Mosaic oligemia or perfusion]
Mosaic Attenuation Types

- Vascular
- Infiltrative

**Flowchart:**

- Inhomogeneous lung opacity (mosaic attenuation pattern)
  - Decreased vessel size
    - Some lung regions too lucent
    - No reticulation or CL nodules
    - Mosaic perfusion
      - Dilated PA
        - Large areas of lucency
        - Vascular disease
        - Chronic PE
      - Abnormal airways
        - Lobular lucencies
        - Airways disease
        - Small airways disease
        - Large airways disease
  - Vessels of uniform size
    - Some lung regions too dense
    - Associated reticulation or CL nodules
    - Ground-glass opacity
      - Differential
Headcheese Sign

- Head cheese: Type of terrine [French food] made from pieces of meat obtained from various parts of different animals (calf, pig)
- Sign: Juxtaposition of distinct radiographic areas of low, normal and high attenuation
- **Differential Dx:**
  - Sub-acute hypersensitivity pneumonitis
  - Mycoplasmal infection
  - Sarcoidosis
  - Respiratory bronchiolitis

Shine Raju et al, Chest CT Signs in Pulmonary Disease: A Pictorial Review, CHEST, 2017
Black Pleural Line - Sandstorm Sign

- Black lucent line between the ribs and the surrounding calcified parenchyma
- Diffusely dense pulmonary micronodular calcifications
- Differential Dx:
  - Pulmonary Alveolar Microlithiasis
  - Metastatic Thyroid Ca

Black Pleural Line-Sand-Storm Sign

Water Lily Sign - Camalote Sign

- Hydatid cyst in the lung with a free-floating endocyst, which collapses and floats in the cystic fluid like a water-lily or a camalote
- Synonym: Sunrise or Sunset sign
- Pathognomonic for cystic echinococcosis or hydatid disease of the lung
- Pleural effusion, +ve serology

Fainsinger MH. Pulmonary hydatid disease; the sign of the camalote. S Afr Med J. 1949;23(35):723
Echinococcosis

Air Bronchogram Sign

- Patent airways surrounded by opacified lung
- Air behaves as a contrast material
- Major airway obstruction unlikely
- Differential Dx:
  - Pneumonia
  - Pulmonary Edema
  - Severe ILD
  - Pulmonary infarction
  - Adenocarcinoma (BAC)
  - Non-obstructive atelectasis
Positive Bronchus Sign

- Airway leading directly to a peripheral lung nodule or a mass.
- Positive predictive marker for a successful TBBx or brushing (90%)

Signet Ring Sign

- Dilated airway is prominently larger than its accompanying pulmonary artery in the cross sectional view
- Bronchoarterial ratio: > 1
- Parallel, non-tapering airways, seen extending to the lung periphery
- Associated findings:
  - Bronchial wall thickening
  - Cylindrical or traction bronchiectasis
Signet Ring Sign

Bronchiectasis
Tram Tracking

- Parallel, non-tapering airways extending to the lung periphery
- Peribronchial cuffing [Inflammation]
- **Differential Dx:**
  - CF: Proximal
  - ILD: Traction bronchiectasis, Bronchiectasis sicca (Dry)
  - ABPA: Proximal
  - Kartagener’s syndrome

Shine Raju et al, Chest CT Signs in Pulmonary Disease
A Pictorial Review, CHEST 2017
Multiple centrilobular nodules arranged in a linear branching pattern as a budding tree [spring]
- Within 1 cm of pleura, 2-4 mm
- Endobronchial inflammation
- Bronchiolar infection

Differential Dx:
- MTB*
- MAI
- Atypical pneumonia
- Viral bronchiolitis
- Aspiration pneumonitis
- [Focal bronchiolitis]
Finger-in-Glove Sign

- Tubular or branching opacities involving the large airways that resemble fingers
- Sign of large, dilated airways: Mucoid impaction = bronchocele, mucocele
- Radiate from the hilum toward the periphery
- Low attenuation (< 20 HU); never enhances with contrast
- Atypical appearances, such as ovoid opacities, also are common
- Tree-in-Bud: Impacted small (bronchioles) and non-dilated airways

*
Finger-in-Glove sign

- **CXR**: May be difficult to differentiate mucoid impactions from other causes of tubular opacities: i.e. AVMs

- **CT Characteristic features:**
  - Bronchiectasis
  - Low-attenuation mucus inspissated in the bronchi
  - Clear connection with the central airways
Differential Diagnosis

Segmental Bronchial Atresia

Finger in Glove Sign: Hyper IgE Syndrome

Mucoid or Fluid Bronchogram

- Associated sign
- Only seen on CT
- Low-density, treelike branching structures within consolidated or collapsed lung similar to air bronchograms – mucoid impaction

CT Angiogram Sign

- Prominent branching of pulmonary vessels traversing through a homogenous low attenuation area of lung consolidation [contrast CT]
- **Differential Dx:**
  - Mucinous Adenocarcinoma
  - Pulmonary Lymphoma
  - Post-obstructive Pneumonia
  - Pulmonary edema

Feeding Vessel Sign

- Distinct pulmonary vessel leading into a lung nodule or mass

Differential Dx:
- Septic emboli
- Pulmonary infarctions
- Metastasis
- Pulmonary AVMs

Polo® Mint Sign (Nastle, UK)

- Partial filling defect in a blood vessel surrounded by a rim contrast material on a CT angiogram images acquired perpendicular to long axis of the vessel

Differential Dx:
- Pulmonary embolism,
- Portal vein thrombosis
Rigler Notch Sign

- An indentation in the border of a solid lung mass, which is thought to represent a feeding vessel, thus suggesting the presence of a bronchial carcinoma
- Also observed in granulomatous infections,
- Should not be confused with the “Rigler Sign” on abdominal x-rays, which is indicative of pneumoperitoneum

Split Pleura Sign

- Contrast enhancement of the parietal and visceral pleura - separated by the exudative effusion
- From fibrin deposition along the opposing pleural surfaces and ingrowth of blood vessels

Differential Dx:
- Empyema
- Malignant effusions
- Post talc pleurodesis
- Mesothelioma
- Hemothorax
Patterns: Not Signs

- Cannon Balls
- Miliary Pattern
- Honeycomb lung
- Swiss Cheese lung
- Saber Sheath Trachea
- Phantom Infiltrates
Cannon Balls

- Large, round, well circumscribed pulmonary nodules
- Differential Dx:
  - Renal Cell Carcinoma
  - Choriocarcinoma
  - Endometrial Carcinoma
  - Prostate Carcinoma
Miliary Pattern

- Diffusely distributed subcentimeter pulmonary nodules of varying sizes between 1-4 millimeters

Differential Dx:
- Miliary TB
- Histoplasmosis
- Sarcoidosis
- Pneumoconiosis
- Adenocarcinoma
- Pulmonary Hemosiderosis
- Hematogenous mets: Thyroid, Renal, Trophoblast Ca
Honeycomb Lung

- Clustered cystic air spaces, typically of comparable diameters on the order of 3–10 mm but occasionally as large as 2.5 cm, usually sub-pleural and characterized by well-defined walls
- **Differential Dx:**
  - Usual interstitial pneumonia
  - NSIP
  - DIP
  - Acute interstitial pneumonia (AIP)
Swiss Cheese Lung

- Multiple pneumatoceles with air-fluid levels, called hematopneumatoceles
- **Differential Dx:**
  - Blunt trauma induced pulmonary lacerations

Shine Raju S, Ghosh S, Mehta AC, Chest CT Signs in Pulmonary Disease: A Pictorial Review, CHEST [In press]
Saber Sheath Trachea

- Lengthening of the trachea in its antero-posterior dimension in the coronal plane, in absence of mediastinal pathology
- Limited to the intrathoracic portion
- COPD and chronic bronchitis (30%)

Ismail S, Mehta AC, J Bronchology & Interventional Bronchology, 2003, 10 (4): 296-297
Phantom Infiltrates

FIGURE 2A (left). Acute (1st) pulmonary coccidioidomycosis. Left lingular infiltrate (arrow).
FIGURE 2B (right). Same patient as in 2A, seven days later. Note disappearance of left lung infiltrate and appearance of new lesion in right lower lobe ("phantom infiltrate").
Summary

- Reading CXR is lost art!
- Physicians’ reliance on CT Scan of the chest has increased exponentially
- Screening for Lung Ca will further increase number of CT performed
- 7.5% of screening CT show abnormalities other than Lung Ca*
- Metaphorical CT signs are of vital importance not only to diagnose but also to exclude other diseases
- With appropriate clinical and laboratory correlation, many of these signs can be pathognomonic for a particular disease entity
- Pattern recognition approach can definitely help in narrowing the differential diagnosis
- Add to the uniformity in reporting

Still I am learning