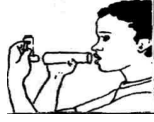


Qorshaha Dawada Neefta/Asmada

Magac: _____



Dhakhtar: _____

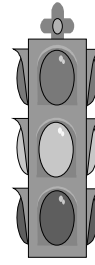
Taariikh: _____



Tilifoonka Dhakhtarka ama Cisbitaalka: _____

Tilifoonka taksiga ama saaxiib: _____

Waxad isticmaali kartaa midabada laydhka/nalka wadooyinka si ad u fududaysid barashada dawooyinka neefta/asmada.



1. **CAGAAR** macnaheedu waa **Dhaqaaq**. Istimaal dawo ka-hortag ah.
2. **JAALE/BASALI** macnaheedu waa **Yaree Xawaaraha**. Ku dar dawo ladnaansho si ad dhakhso u ladnaatid.
3. **CASAAN** macnaheedu waa **Joogso**. Gargaar ka hel dhakhtar.

DHAQAAQ

- Neefsashadu way fiican tahav
- Ma jiro qufac ama xiiq
- Waa uu shaqayn karaa ciyaari karaana

Istimaal dawo ka-hortag.

Dawo:

Inta la qaadanayo:

Wakhtiga:

_____ buufin/mishiinka neefsashada/kiniin/dareere _____ wakhti 24-ka saac

_____ buufin/mishiinka neefsashada/kiniin/dareere _____ wakhti 24-ka saac

_____ buufin/mishiinka neefsashada/kiniin/dareere _____ wakhti 24-ka saac



20 daqiiqadood jimcisiga ama ciyaarta ka hor, isticmaal dawadan:

_____ buufin

Lambarka Xooga Neefta
_____ ilaa _____

YAREE XAWAARAH

- Qufac
- Xiiq
- Neefsasho Dhib ah
- Soo toosaya habeenkii

***KU DAR** dawo ladnaansho si neeftu/asmadu uga sii darin:

Dawo:

Inta la qaadanayo:

Wakhtiga:

_____ buufin/mishiinka neefsashada/kiniin/dareere _____ wakhti 24-ka saac

***MIDA KALE SII WAD/KORDHI** dawadaada ka-hortaga:

_____ buufin/mishiinka neefsashada/kiniin/dareere _____ wakhti 24-ka saac

_____ buufin/mishiinka neefsashada/kiniin/dareere _____ wakhti 24-ka saac



Wac dhakhtarkaaga haddii ad isku aragtid calaamadahan in badan ama haddii dawadaada ladnaantu ay shaqayn weydo!

Lambarka Xooga Neefta
_____ ilaa _____

JOOGSO - KHATAR

- Dawadu wax ma tarayso
- Neefsashadu waa degdeg waana dhib
- Waxa la arkayaa feedhaha marku neefsanayo
- Si fiican uma hadli karo
- Ma socon karo

Hel imminka gargaar! Qaado dawooyinkan ilaa intad la hadli doontid dhakhtar.

Dawo:

Inta la qaadanayo:

Wakhtiga:

_____ buufin/mishiinka neefsashada/kiniin/dareere _____ wakhti 24-ka saac

_____ buufin/mishiinka neefsashada/kiniin/dareere _____ wakhti 24-ka saac



Lambarka Xooga Neefta
_____ ilaa _____

Wac 911 haddii neeftu/asmadu aad u daran tahay.