WORLD LUNG CANCER DAY:
HONOR, UNITE, INSPIRE

World Lung Cancer Day is a grassroots effort, started by a lung cancer survivor and embraced by the lung cancer community. It is a day to celebrate survivors, remember those who have passed, and spread awareness to the general public about the impact of lung cancer.

**HEALTH FACTORS**

While smoking is widely recognized as a risk factor for lung cancer, other lesser known risks are also important.

- Environment – Radon, asbestos, arsenic, beryllium, and uranium have all been linked to lung cancer.
- Radiation increases the risk of developing lung cancer.
- Diseases such as emphysema, chronic bronchitis, chronic obstructive pulmonary disease, and TB may increase lung cancer risk.
- A history of cancer in another part of the body increases your risk of lung cancer.
- Lung cancer risk increases with age – only about 10 percent of lung cancer cases occur in people younger than 50 years old.

**DID YOU KNOW?**

Lung cancer is the most common worldwide cause of death from cancer, and has been for more than a decade.

- Lung cancer is responsible for nearly one in five cancer deaths.
- Lung cancer claims more lives yearly than breast, colon, and prostate cancers combined.
- The highest incidence of lung cancer is in North America and Europe.
- The lowest incidence of lung cancer is in Africa, Latin America, and the Caribbean.

**EARLY SIGNS**

Recognizing the signs of lung cancer is key to early detection and life-saving treatment.

- A cough that is getting worse and lasts for weeks
- Coughing up blood or rust-colored phlegm
- Shortness of breath
- Chest pain
- Hoarseness
- Pain in bones
- Unintentional weight loss

Contact your health provider if you have questions or would like to learn more about lung cancer.