

# Primary Ciliary Dyskinesia: Overview and Update

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In



Funded by:



# Financial Disclosures

- Vertex Pharmaceuticals, INC
  - Research grant
- Parion Sciences, INC
  - Research grant
- Circassia Pharmaceuticals, INC
  - Research grant

Reference to unlabeled/unapproved use of drugs:

- None

# Primary Ciliary Dyskinesia is a Rare Disease

**NIH Office of Rare Diseases:** affects <200,000 in US  
~7,000 rare diseases affect 25-30 million in US

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## Rare Lung Diseases

	<b># in US</b>
Cystic fibrosis (CF)	~35,000
Primary ciliary dyskinesia (PCD)	~17,000
Childhood interstitial lung diseases (chILD)	~10,000

# Primary Ciliary Dyskinesia is a Rare Disease

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## Rare Lung Diseases

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Primary ciliary dyskinesia (PCD)

~17,000

Childhood interstitial lung diseases (chILD)

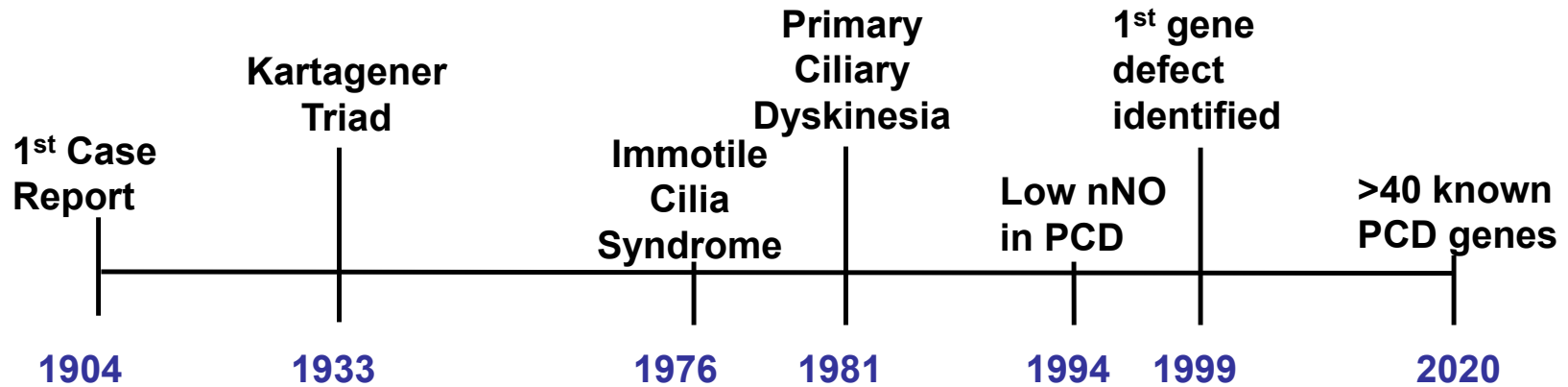
~10,000

## Common Lung Disease

Asthma

22,000,000

# Primary Ciliary Dyskinesia Timeline: Advances with New Technology



## Kartagener triad

- situs inversus
- chronic sinusitis
- bronchiectasis

## Primary Ciliary Dyskinesia

- chronic oto-sino-pulmonary disease
- situs inversus totalis in ~ 50%
- male infertility (defective sperm motility)
- usually autosomal recessive

### more recent observations:

- neonatal respiratory distress in ~85%
- heterotaxy (or situs ambiguus) in at least 10%
- congenital heart disease in at least 5%

# Audience Response Question 1

You are counseling parents whose child has just been diagnosed with primary ciliary dyskinesia (PCD). What is the typical mode of inheritance for PCD?

- A. Autosomal dominant
- B. X-linked
- C. Autosomal recessive
- D. Polygenic disorder (mutations in multiple different genes)
- E. Chromosomal disorder

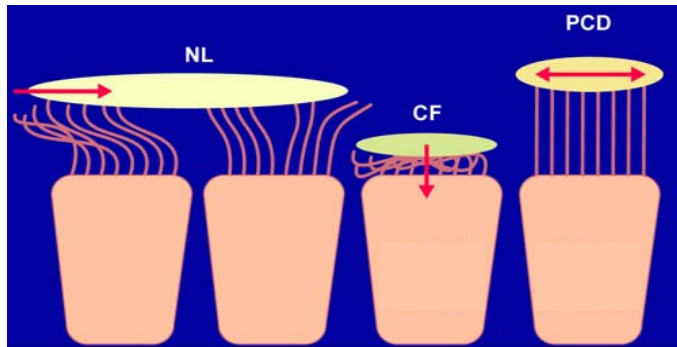
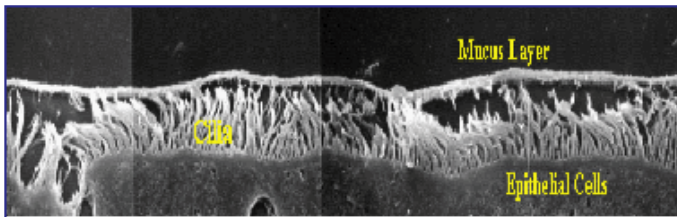
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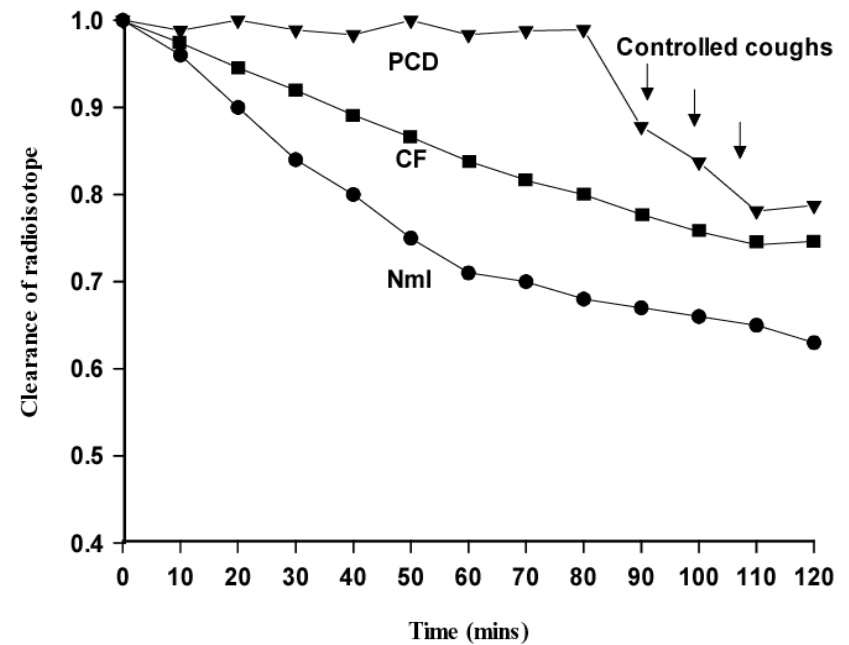
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# Airway Host Defense: Mucociliary and Cough Clearance



Normal	CF	PCD
MCC +	MCC -	MCC - -
CC +	CC -	CC ++



# Phenotypic Clinical Features in PCD

<b>Clinical feature</b>	<b>Pediatric</b> (n=31, 8 mo-18 yr)	<b>Adult</b> (n=47, 19-73 yr)
<b>Chronic cough</b>	100%	100%
<b>Chronic rhinitis/sinusitis</b>	100%	100%
<b>Chronic otitis media</b>	100%	92%
<b>Neonatal resp. distress</b>	87%	65%
<b>Bronchiectasis</b>	61%	98%
<b>Situs inversus</b>	68%	46%

## GDMCC:

### Genetic Disorders of Mucociliary Clearance Consortium

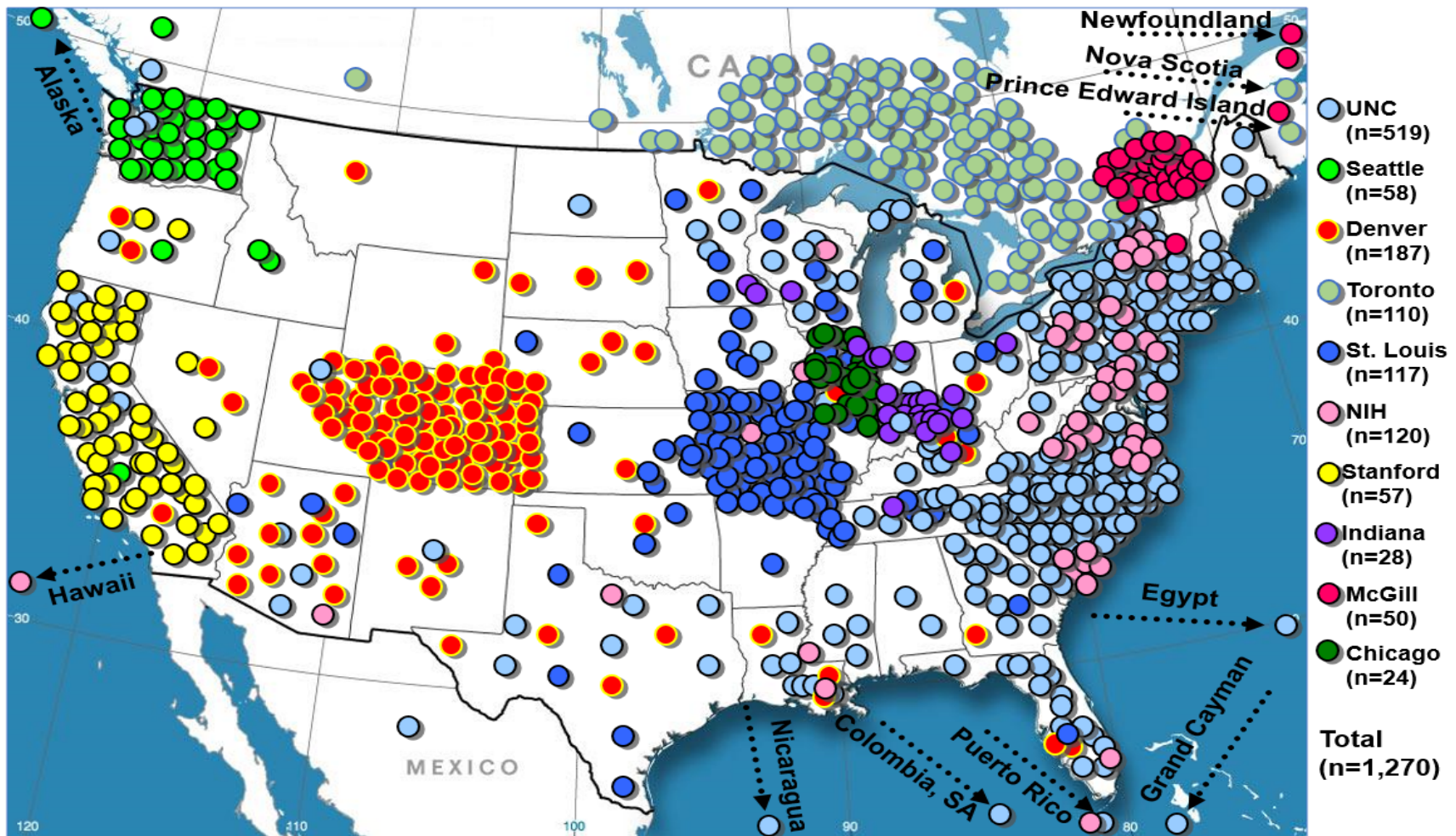
PI: M Knowles (initiated 2004)

#### Specific Aims:

- Develop a clinical research network to study rare diseases of the airways, focusing on PCD
- Test for disease-causing mutations in PCD to develop genetic diagnostic approach
- Perform a longitudinal study in infants and children with PCD to define the clinical pathogenesis of airways disease by serial tracking of:
  - Standardized clinical history, respiratory cultures, pulmonary function tests and chest CT scans.

<http://rarediseasesnetwork.epi.usf.edu/>

# Participants Evaluated by GDMCC (2004-2018)



# Criteria-defined clinical features in PCD

Participants <18 yo referred to GDMCC:

**Confirmed PCD (n=205)**

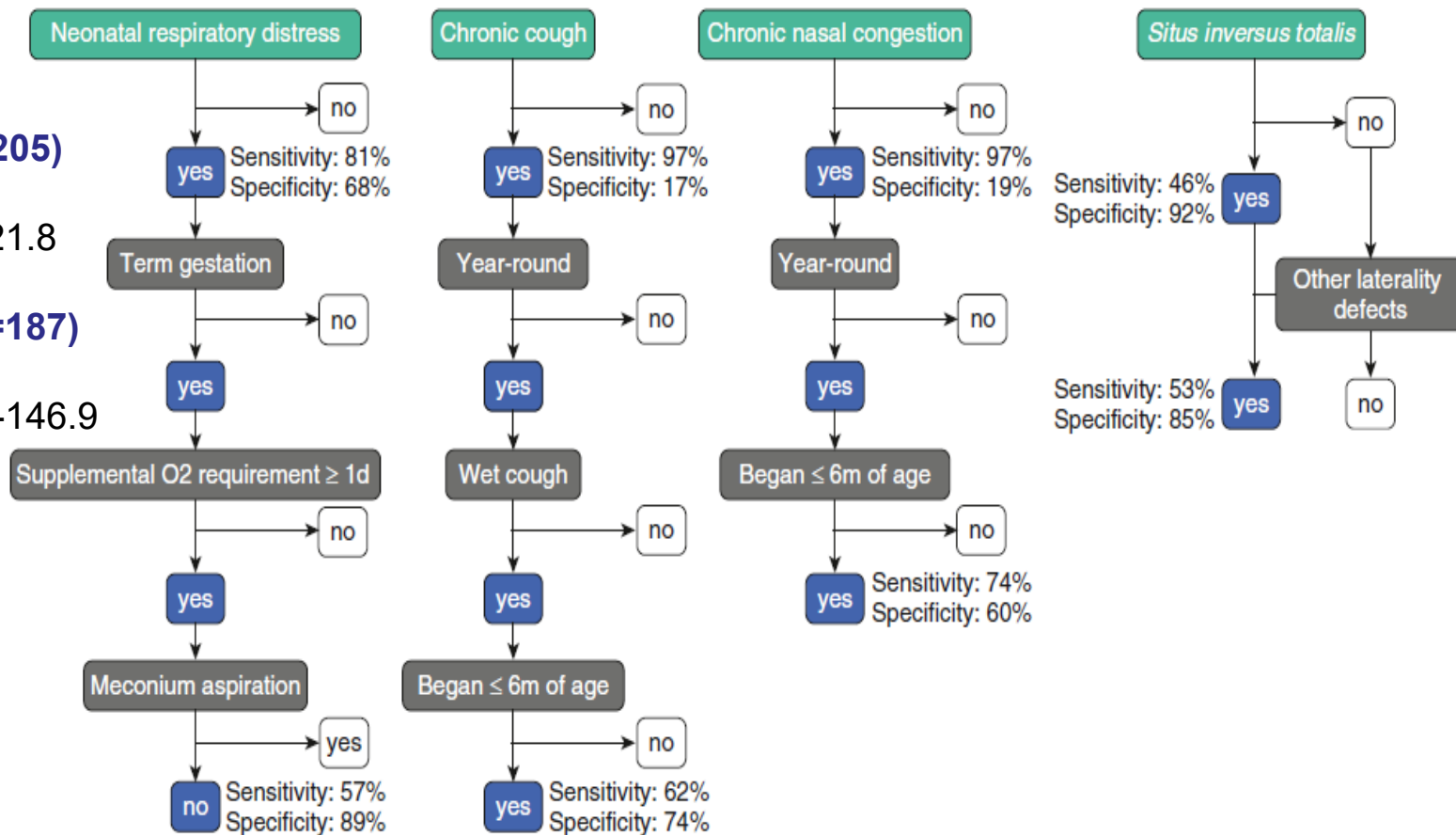
Age (yr) 7.8+/-5.4

nNO (nl/min) 20.9+/-21.8

**Other/Undefined (n=187)**

Age (yr) 7.0+/-4.5

nNO (nl/min) 258.3+/-146.9



**1. Unexplained neonatal respiratory distress**

**2. Early onset, year-round wet cough**

**3. Early onset, year-round nasal congestion**

**4. Laterality defect**

## Participants (<18 years of age) Fulfilling Criterion

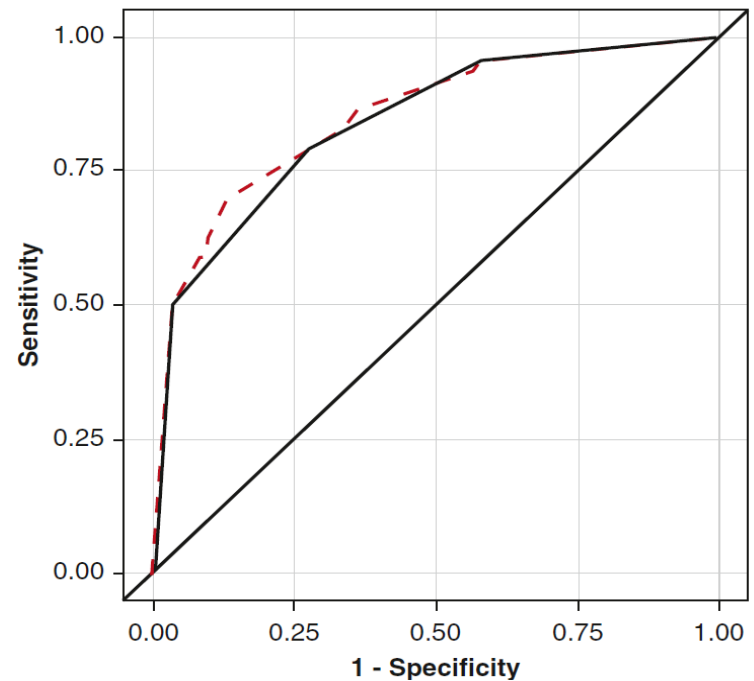
Criteria-defined clinical features	PCD (n=204)	Other disease or Undefined (n=185)	Adjusted Odds Ratio (95% Confidence intervals)*	P-value
Unexplained neonatal respiratory distress (#1)	116 (57%)	21 (11%)	6.6 (3.5,12.3)	<0.0001
Early onset, year-round wet cough (#2)	128 (62%)	48 (26)	3.1 (1.7,5.5)	0.0001
Early onset nasal congestion (#3)	151 (74%)	74 (40%)	3.4 (1.9,6.3)	<0.0001
Laterality defect (#4)	109 (53%)	28 (15%)	7.7 (4.0,14.9)	<0.0001
Multiple ear infections in first 2 years of life (#5)	89 (43%)	66 (35%)	1.0 (0.6,1.8)	0.981

\* after adjusting for age at enrollment

Leigh MW. Ann Am Thorac Soc 13:1305-13, 2016

# Number of PCD clinical features: Sensitivity and specificity

Features	Sensitivity	Specificity
Number of general clinical features		
4	0.37	0.97
3	0.84	0.74
2	0.99	0.22
1	1.00	0.04
0	1.00	0.00
Number of criteria-defined clinical features		
4	0.21	0.99
3	0.50	0.96
2	0.80	0.72
1	0.96	0.41
0	1.00	0.00



## Audience Response Question 2

Which of the following patients is MOST LIKELY to have primary ciliary dyskinesia?

- A. 8 year old child with situs inversus totalis but no chronic respiratory symptoms.
- B. 17 year old girl who developed chronic cough at 15 years of age and now has bronchiectasis on chest CT.
- C. 3 year old child with year-round wet cough, year-round nasal congestion and history of neonatal respiratory distress despite term gestation.
- D. 14 year old with history of chronic intermittent asthma and allergic rhinitis with recent sinus CT showing mucosal thickening of the right maxillary sinus.



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# What is the best way to diagnose PCD?

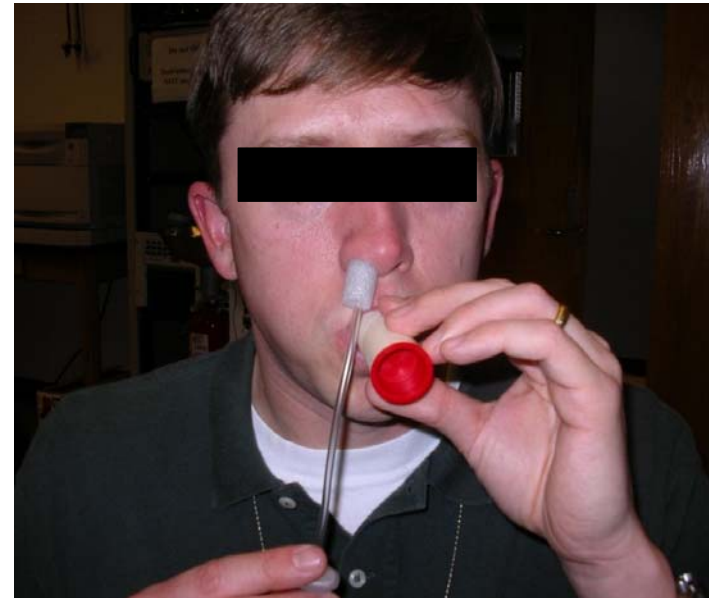
## Panel of tests

- Clinical criteria
- Nasal nitric oxide measurement
- Ciliary biopsy for electron microscopy
- Genetic testing for mutations PCD genes
- Other testing
  - Ciliary biopsy w/ high speed videomicroscopy
  - Immunofluorescent analysis of ciliary biopsy
  - Mucociliary clearance studies

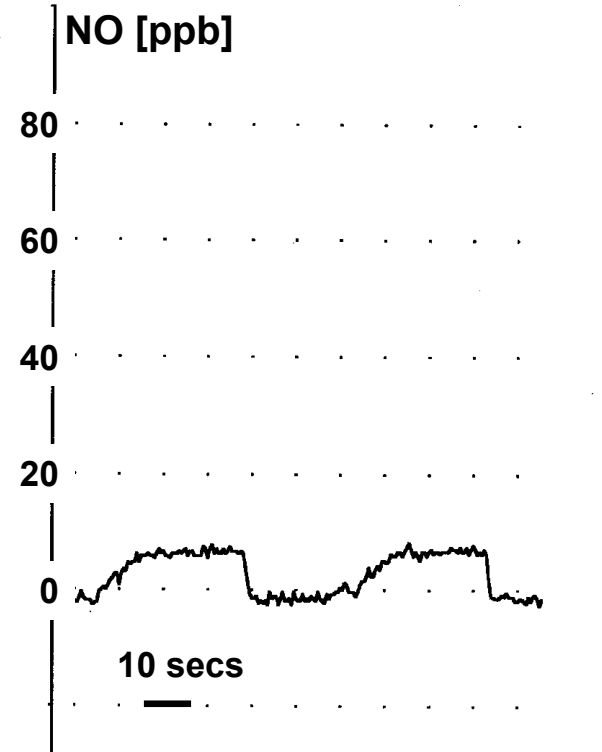
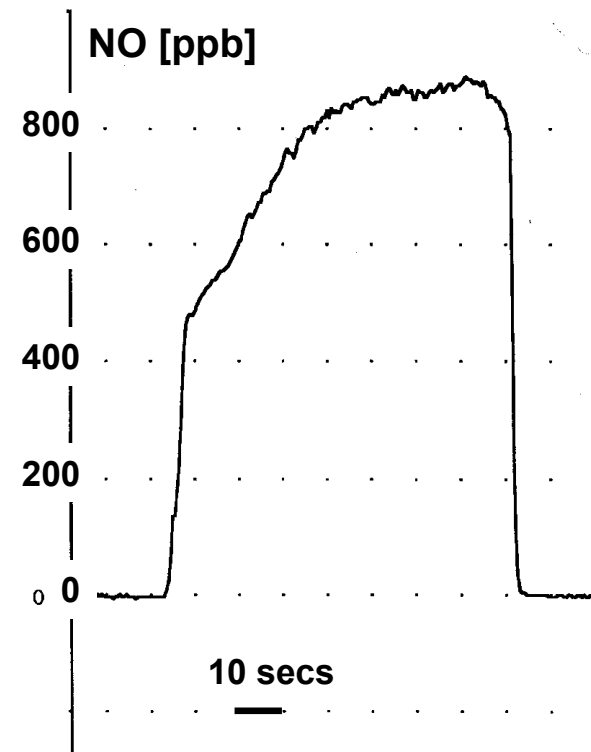
Shapiro AJ et al. : Diagnosis of Primary Ciliary Dyskinesia: An Official American Thoracic Society Clinical Practice Guideline. Am J Respir Crit Care Med. 187(12):e24-e39, 2018

# Nasal Nitric Oxide Measurement

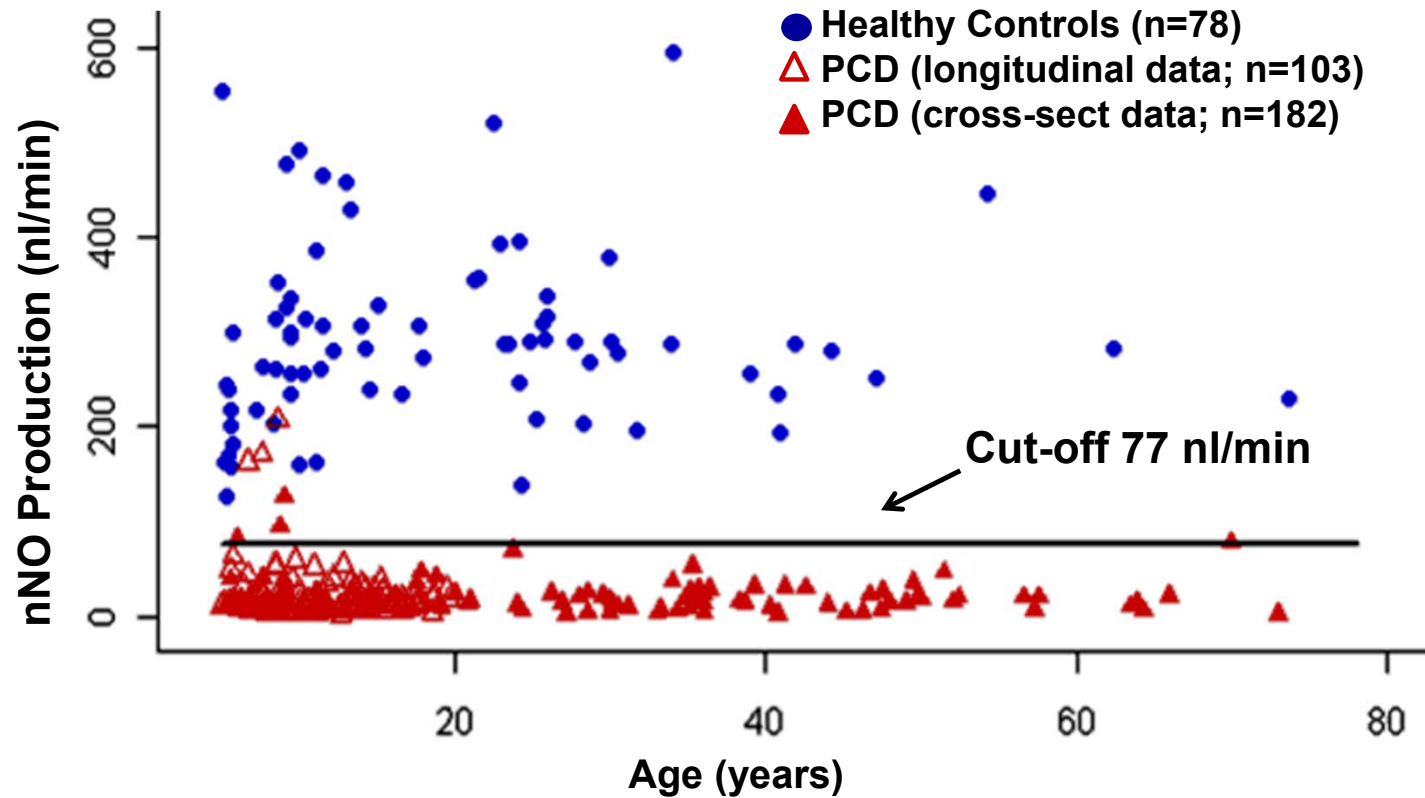
- Direct measurement of NO in gas phase
- On line detection of chemiluminescence by photomultiplier tube
- Sensitive (parts per trillion)
- Maneuvers to eliminate contamination with alveolar gases
  - Blowing against resistor



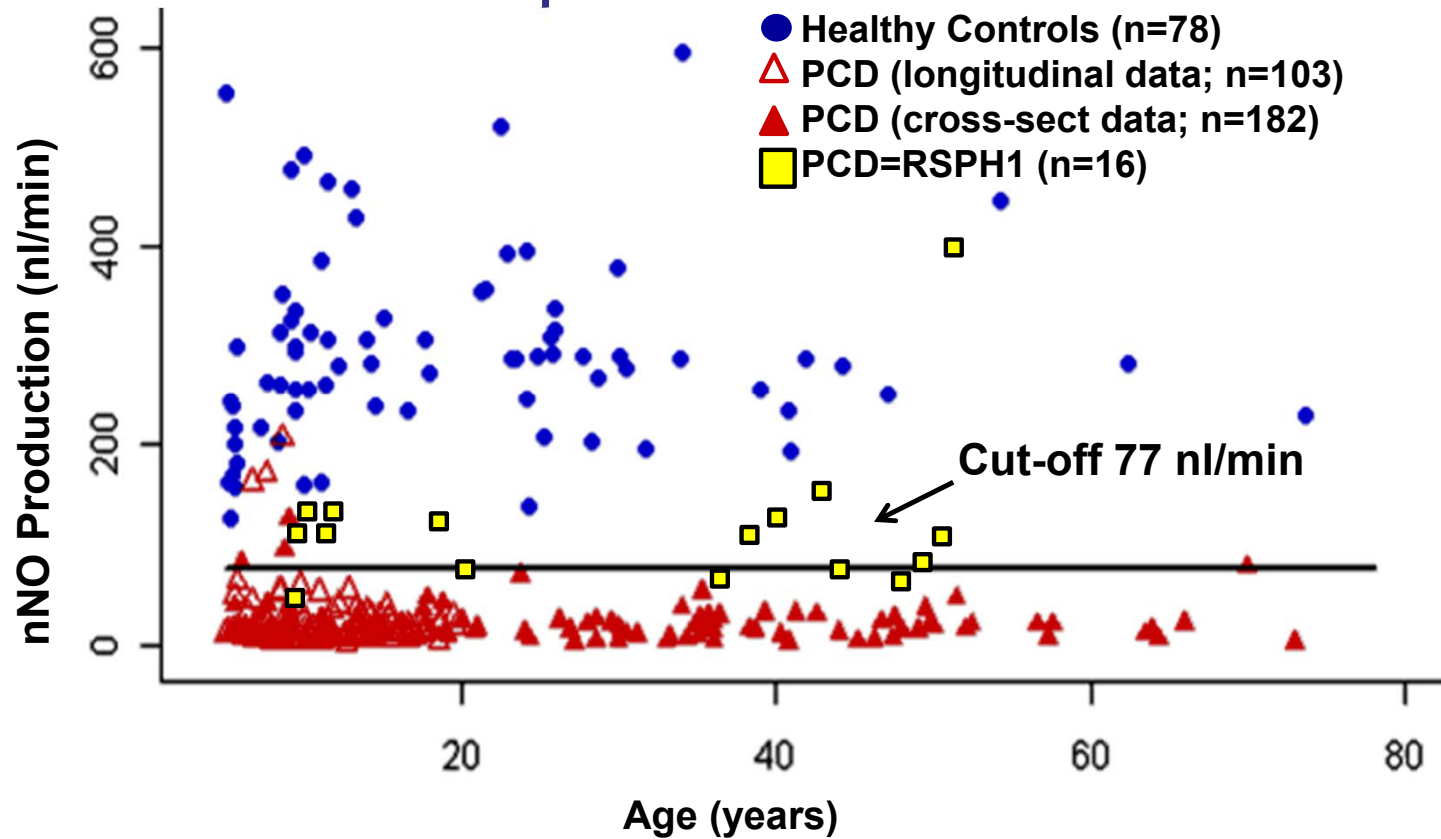
# Nasal NO Plateau Tracings in Healthy Control and PCD



## Nasal Nitric Oxide (nNO) is Low in PCD



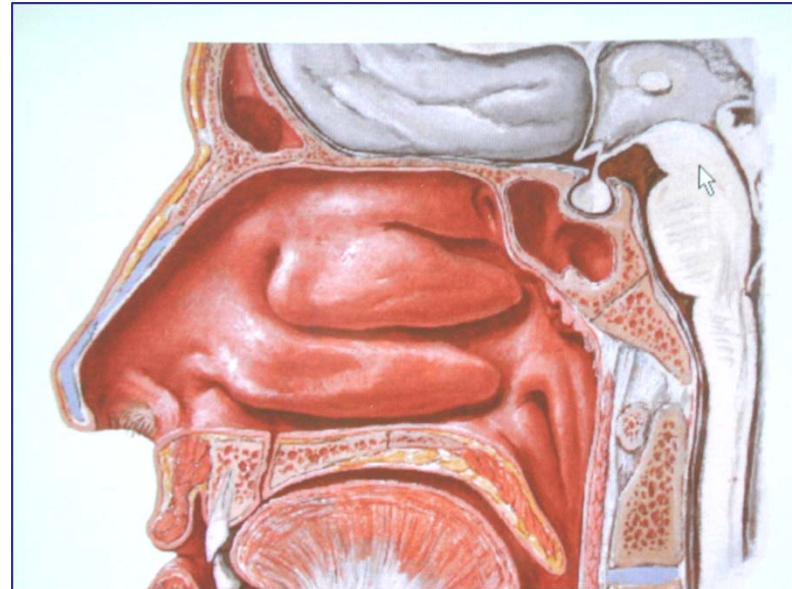
# Nasal Nitric Oxide (nNO) is Low in PCD Exception: *RSPH1*



Knowles MR et al, AJRCCM 2014;189:707  
Leigh MW et al, Ann ATS 2013;10:574-81

# Examination of Ciliary Structure and Function

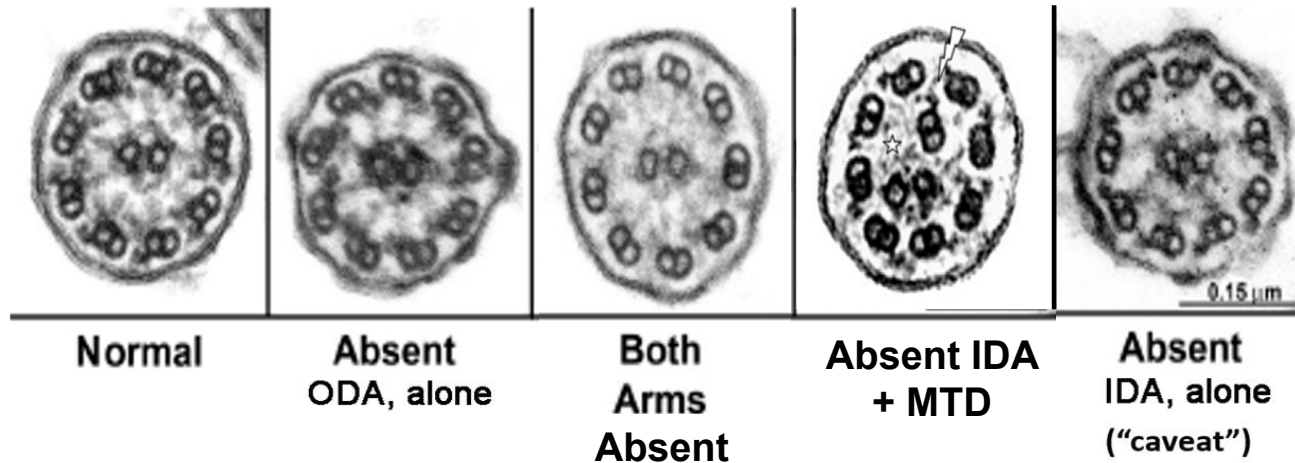
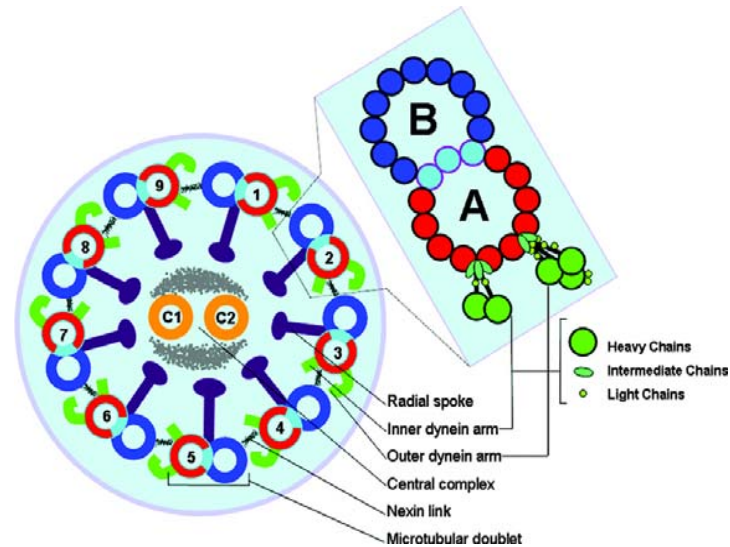
- Visualize turbinate with surgical otoscope
- Brush inferior surface of lower turbinate with biopsy brush or scrape with curette
- Immediately place sample in culture media to examine motility by high-speed videomicroscopy
- Process for electron microscopy to examine ciliary ultrastructure



# PCD: Ciliary Ultrastructural Defects

## Dynein Arms Defects

- Absence/shortening ODA, alone
- Absence/shortening ODA+IDA
- Absent IDA+Microtubular Disorganization (MTD)
- Absence /shortening IDA, alone (?non-specific)



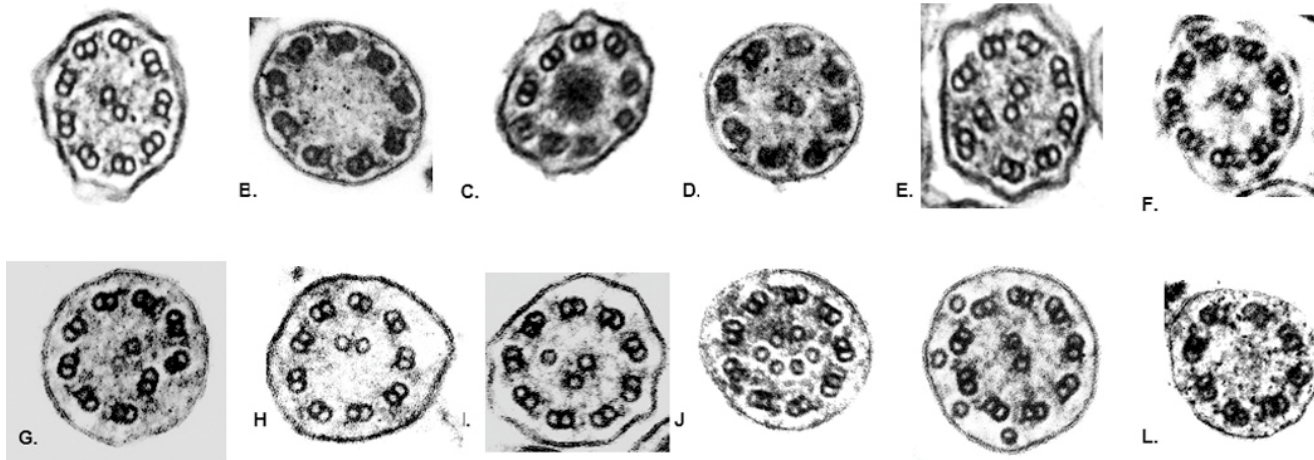
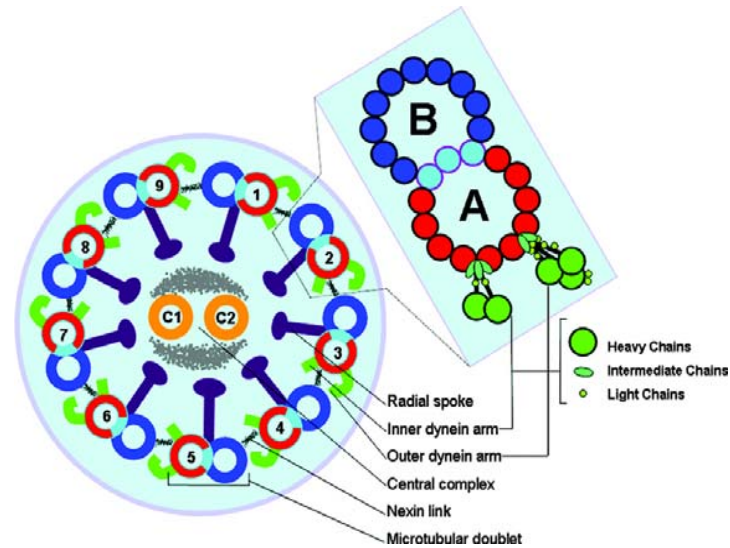


# PCD: Ciliary Ultrastructural Defects

## Central Complex Defects

(up to 90% appear normal)

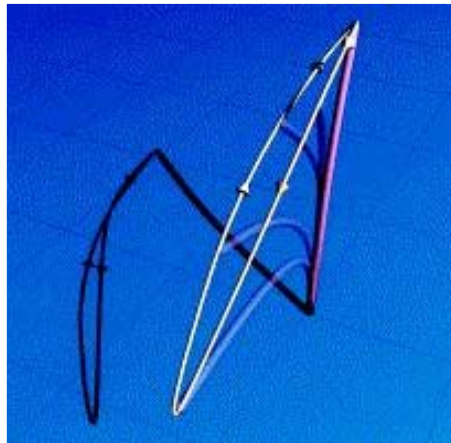
- Absence of radial spoke (RS) or spoke head
- Absence of central pair with transposition of outer doublet to the center
- Associated genes:  
*RSPH9, RSPH4A, RSPH1*



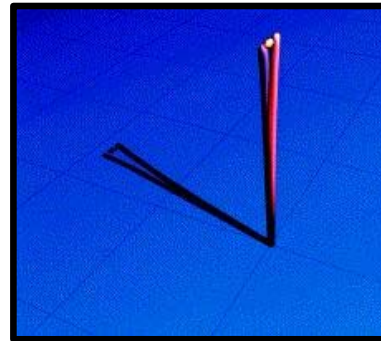
# High-speed videomicroscopy: Ciliary beat patterns

## Normal

Planar motion  
w/ forward  
power stroke  
and backward  
recovery  
stroke  
CBF 12.8 Hz  
Immotility 0%

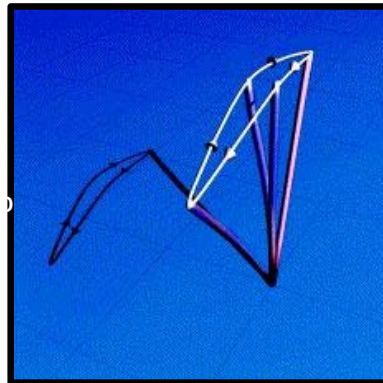


Virtually immotile  
ODA+IDA defect  
CBF 0.8 Hz  
Immotility 79.8%



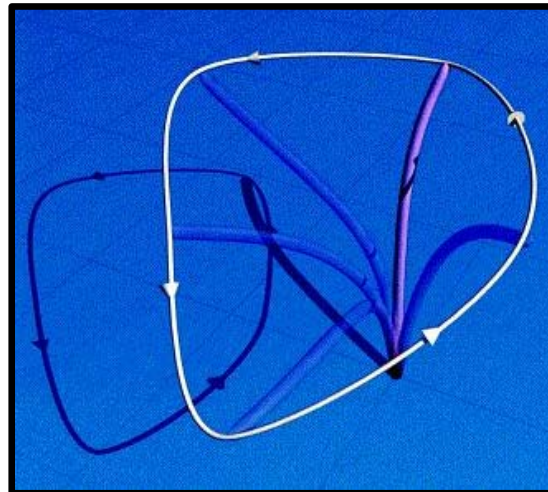
## Stiff/dyskinetic

ODA defect  
CBF 2.3 Hz  
Immotility 55.0%



## Circular

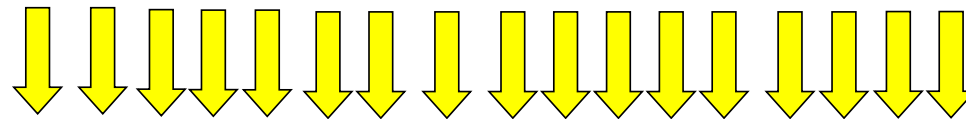
Absence of  
central pair  
CBF 10.7 Hz  
Immotility 0%



# Genetic Testing for PCD is Complex

Multiple PCD genes; multiple pathogenic mutations for each PCD gene

## Genes with Mutations



Transcription  
Translation

## Altered Proteins



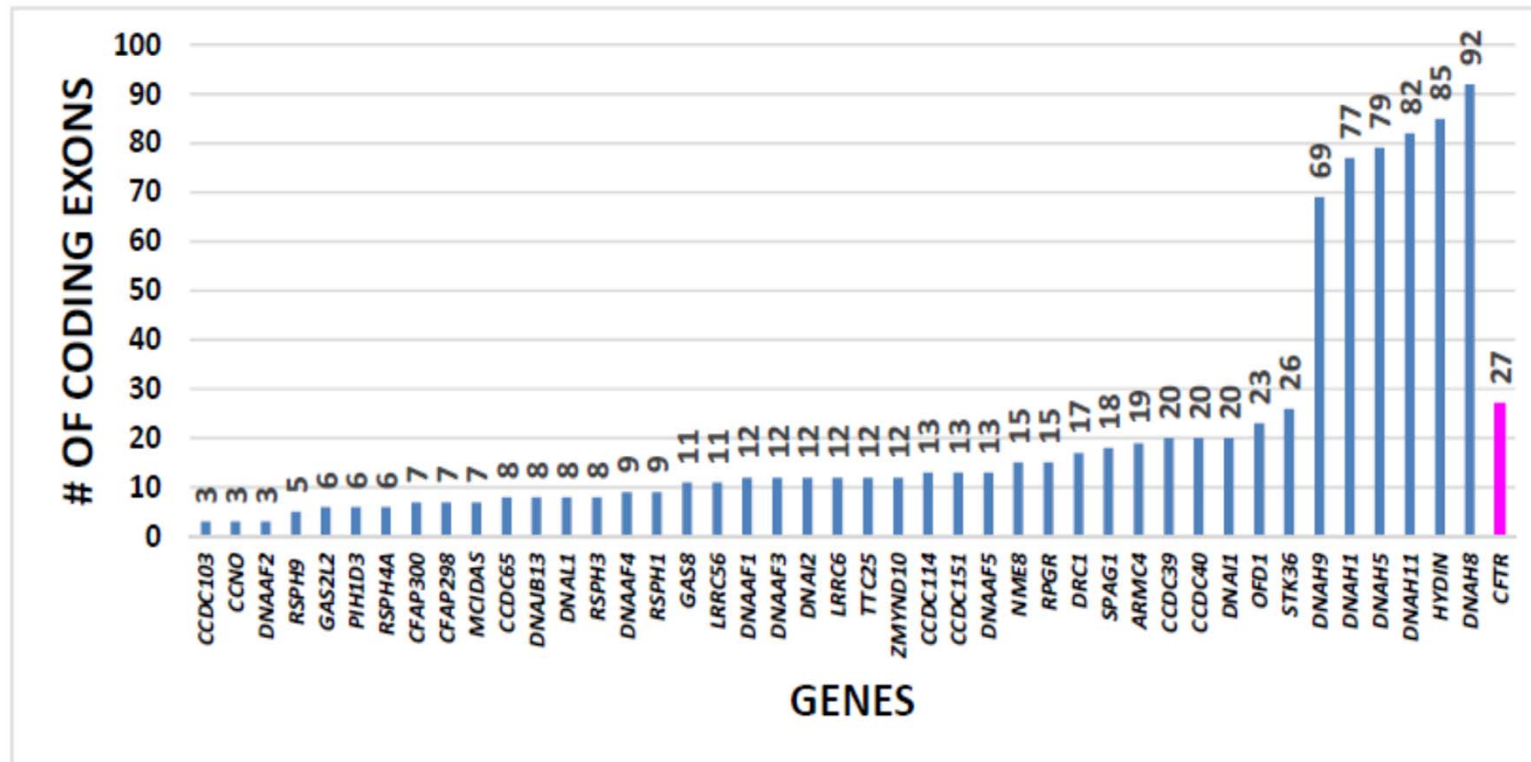
## Altered Structure/function



## Disease

# PCD Molecular Genetic Testing

Challenging: Extensive genetic heterogeneity; 43 genes (911 coding exons); account for ~70% of PCD patients.



# PCD Genotype - EM Phenotype

## “Hallmark” EM Defects

### ODA alone defects

- DNAH5\*\* -DNAI1\*
- DNAI2 -DNAL1
- NME8 (TXNDC3)
- ARMC4 -CCDC103
- CCDC114 -CCDC151
- TTC25



### ODA+IDA defects

- CCDC103 -CFAP298 (C21orf59)
- CFAP300 (C11orf70) -DNAAF1 (LRRC50)
- DNAAF2 (KTU) -DNAAF3
- DNAAF4 (DYX1C1) -DNAAF5 (HEATR2)
- LRRC6
- PIH1D3 [x-linked]
- SPAG1
- ZMYND10



### IDA defect + MTD

- CCDC39\*
- CCDC40\*



## Other Defects

### IDA alone defect

- TTC12

### Oligocilia

- CCNO
- MCIDAS
- FOXJ1 [aut dominant]

### EM defect not defined

- DNAH1
- DNAH8

Most prevalent genes  
 \* in 4-10% of PCD patients  
 \*\* in >15% of PCD patients

## Normal/Near Normal EM

### ODA structural protein

- DNAH11\* -DNAH9

### Central pair protein

- HYDIN -CFAP221
- STK36 -SPEF2

### Nexin-link proteins

- CCDC164 (DRC1) -GAS8 (DRC4)
- CCDC65 (DRC2)

### Radial spoke proteins

- RSPH1 -RSPH3 -RSPH4A
- RSPH9 -DNAJB13

### Basal body

- GAS2L2

### IFT protein

- LRRC56

### Protein kinase

- NEK10



### PCD + other syndrome

#### Retinitis pigmentosa

- RPGR [x-linked]

#### Oro-facial-digital Syndrome

- OFD1 [x-linked]

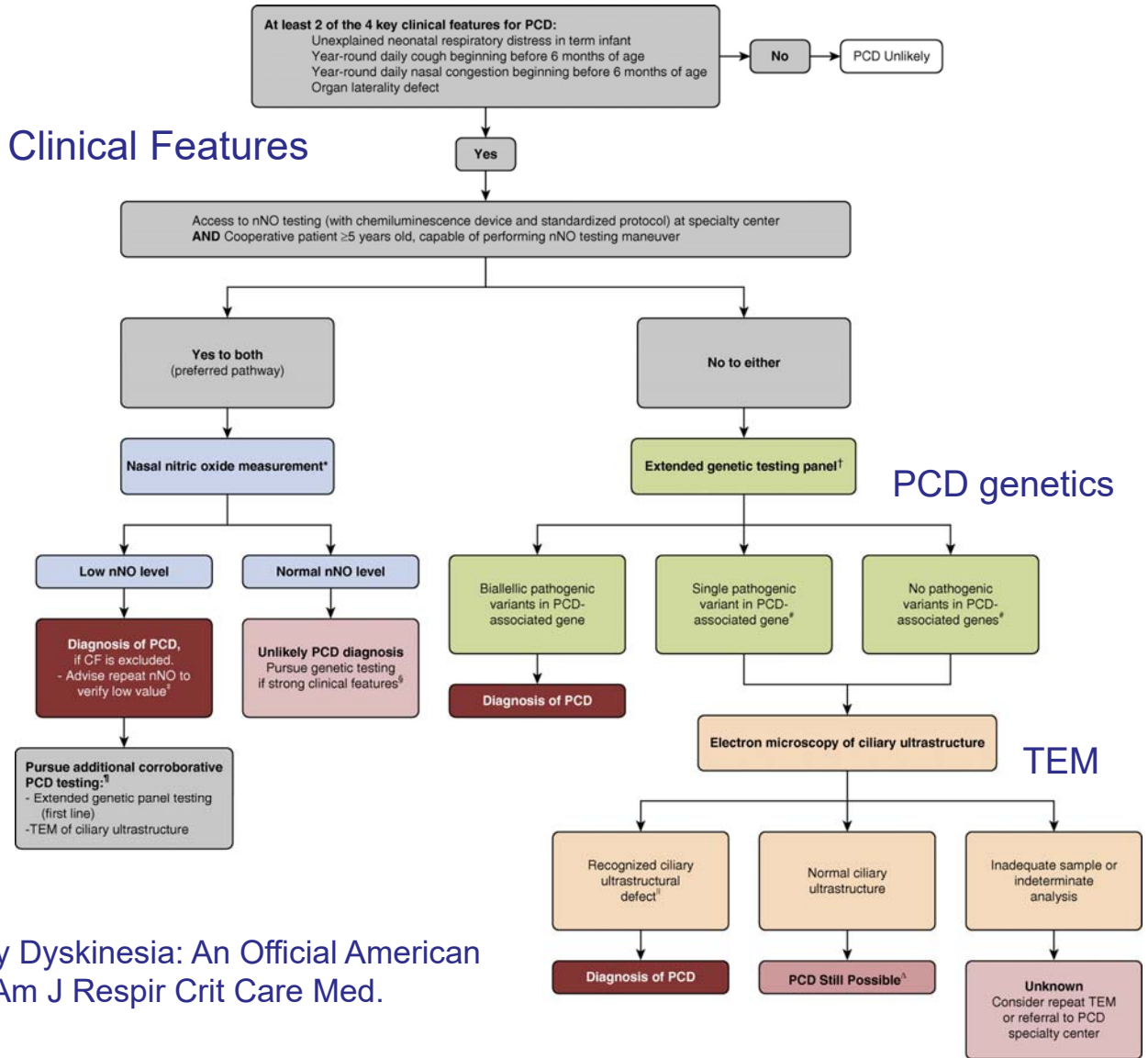


# PCD Diagnostic Approach

## Clinical Features

Nasal NO:  
low in 97% PCD  
r/o CF

PCD genetics  
+ in 70% PCD  
TEM  
+ in 70% PCD

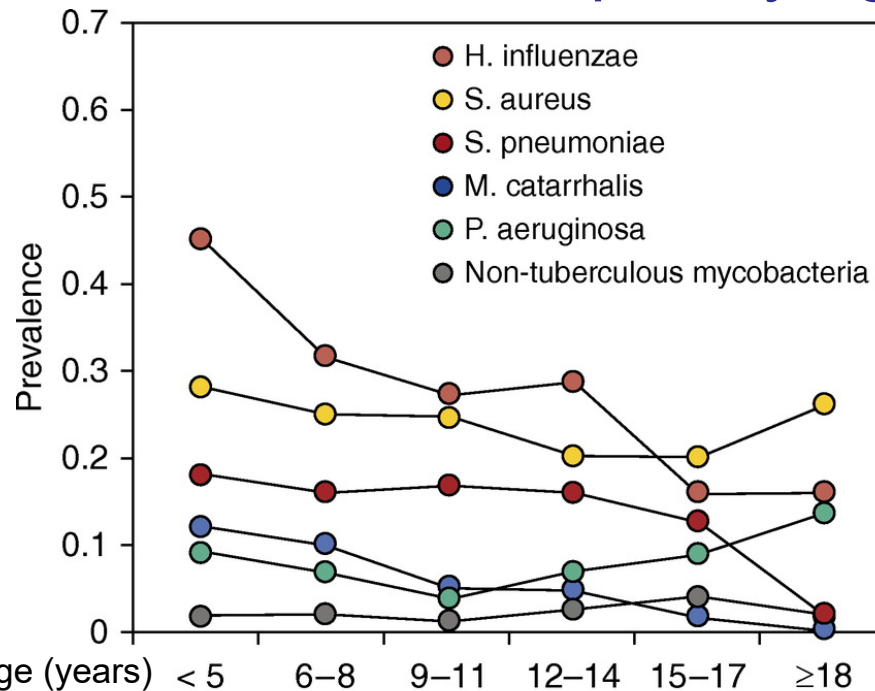


Shapiro AJ et al. : Diagnosis of Primary Ciliary Dyskinesia: An Official American Thoracic Society Clinical Practice Guideline. Am J Respir Crit Care Med. 187(12):e24-e39, 2018

# Primary Ciliary Dyskinesia

Natural History of Lung Disease  
during Childhood

# Respiratory Pathogens in PCD children: Cross-sectional plot by age category



## Participants $\leq 18$ yrs at entry

- 137 with confirmed PCD
- 49% male; 82% Caucasian
- Age at enrollment  $7.8 \pm 4.6$  yr
- Baseline plus 5 annual visits

## Respiratory cultures

- at 728 of 732 visits
- 70.3% expectorated sputum
- 29.7% deep pharyngeal

## *Pseudomonas aeruginosa*

- In 40/137 participants
- Muroid in 4 participants
- Persistent in 13 participants

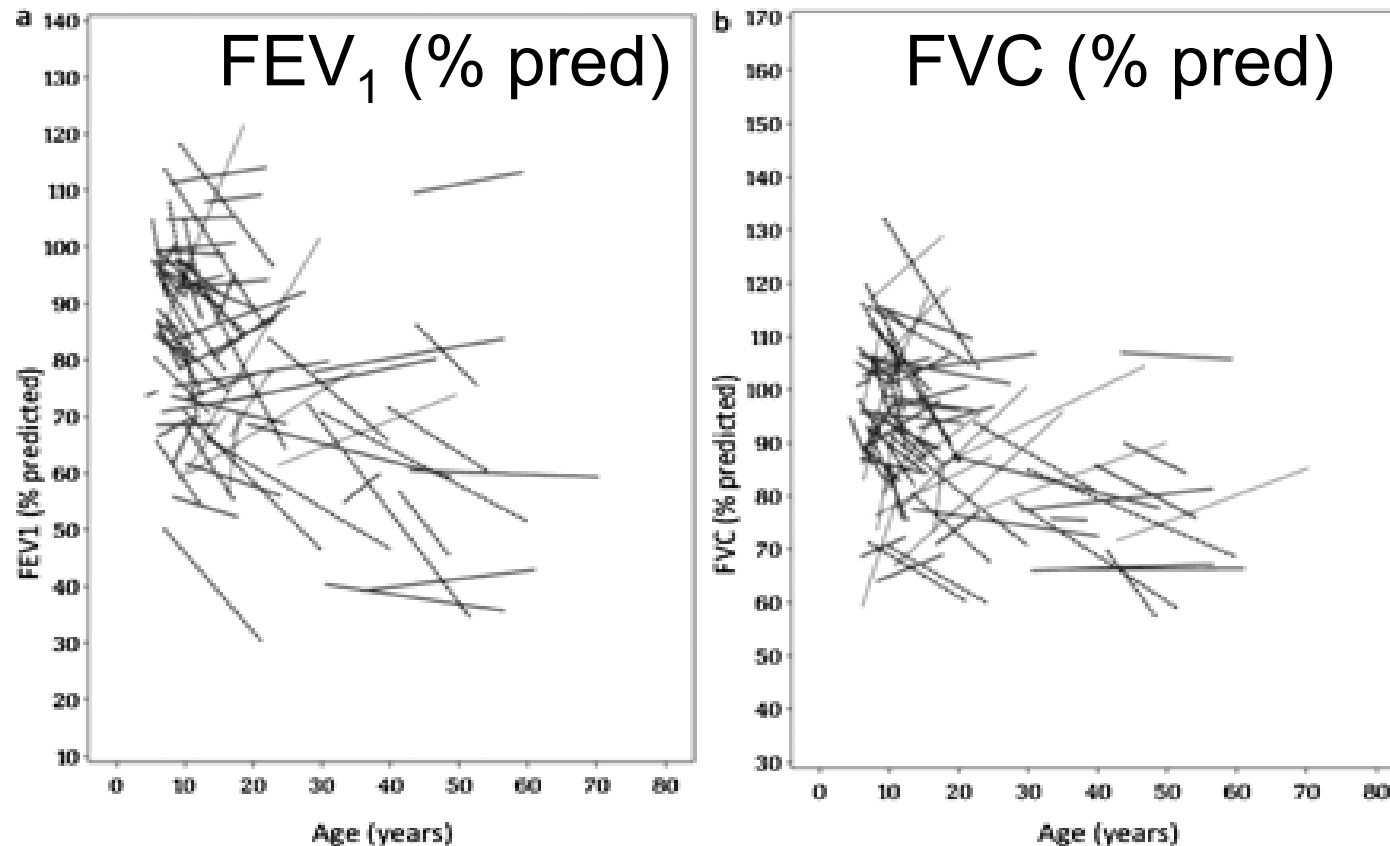
Age (years)	< 5	6-8	9-11	12-14	15-17	≥18
Number of subjects	52	68	77	60	44	22

Number of oropharyngeal cultures	106	54	25	14	12	5
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Number of expectorated cultures	35	96	137	116	84	44
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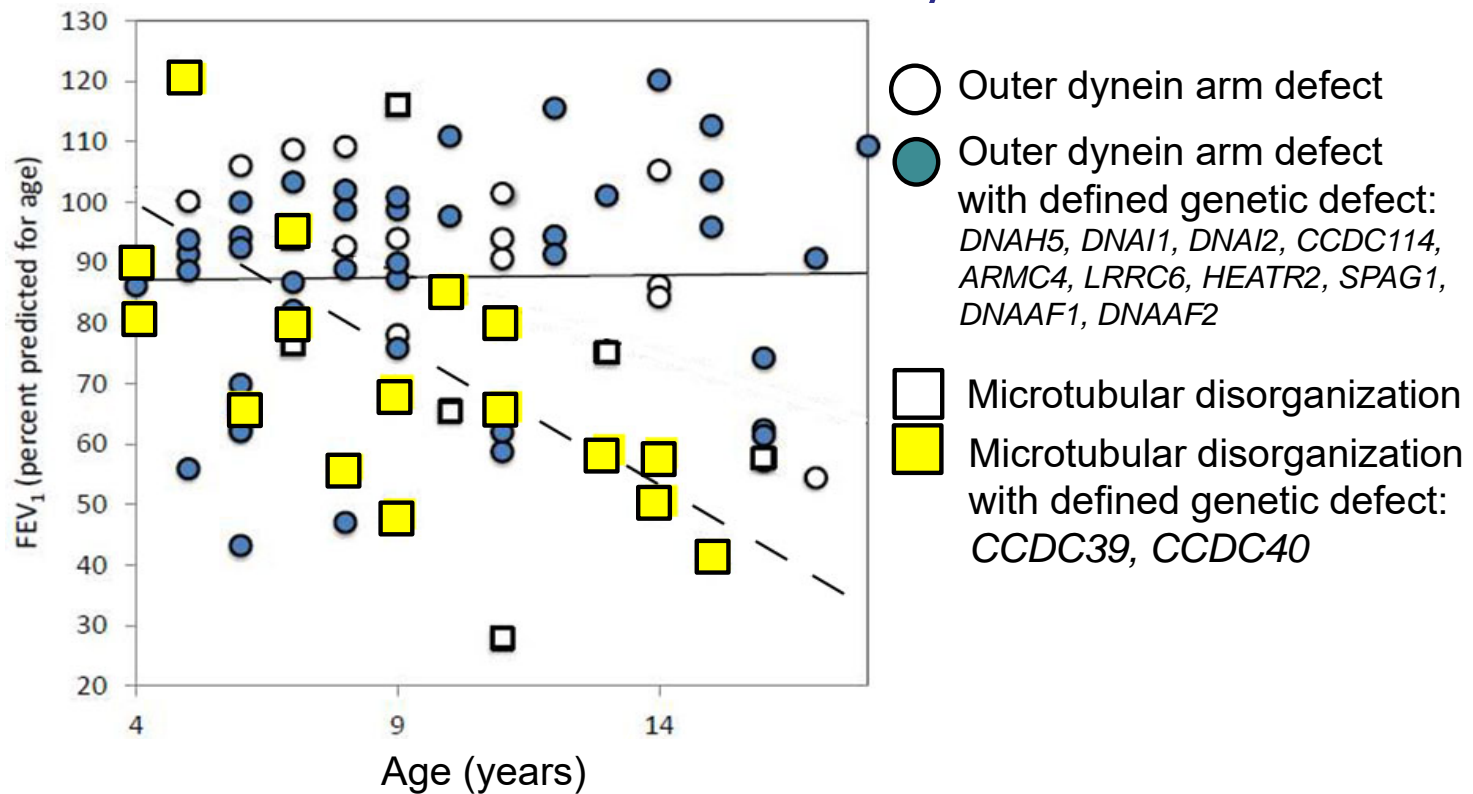
# PCD: Longitudinal change in lung function: Wide range in severity and progression of lung disease



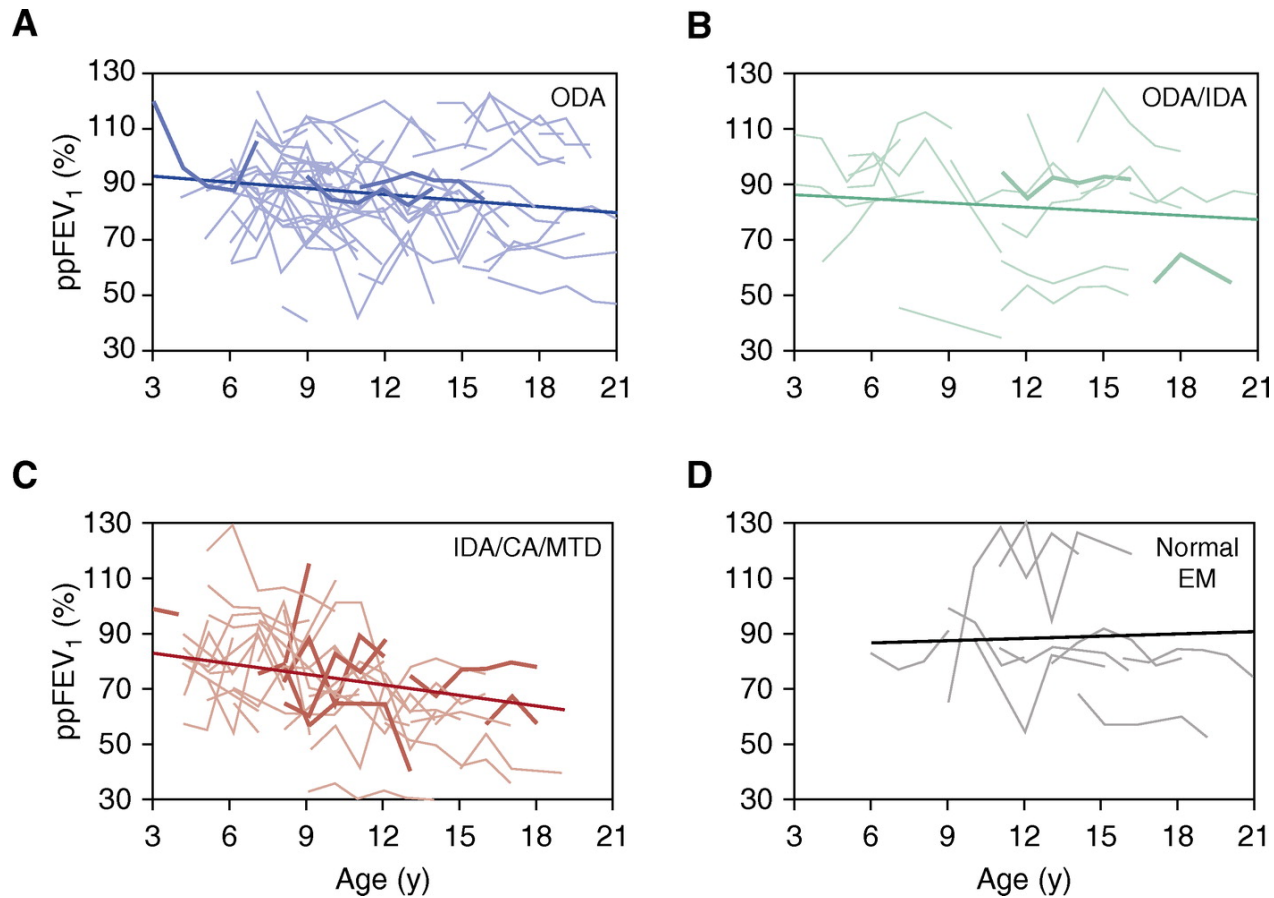
Linear regression of f/u years from 1<sup>st</sup> measured lung function

Marthin: *AJRCCM* 181:1262, 2010

# PCD in Childhood: Lung Function vs Age: Cross-sectional Analysis



# PCD in Childhood: Lung Function vs Age Longitudinal Analysis by Ultrastructural Phenotype



Mean annual change in ppFEV<sub>1</sub> for whole cohort is -0.57% (SE 0.25; p=0.03)

Davis SD et al. Am J Respir Crit Care Med 199:190-198, 2019

# PCD Genotype - Lung Disease Severity

**ODA alone defects**  
**ODA structural proteins**  
*DNAH5*\*\*  
*DNAI1*\*  
*DNAI2*  
*DNAL1*  
*NME8 (TXNDC3)*  
**ODA Docking protein**  
*CCDC114*  
*CCDC151*  
*ARMC4*  
*TTC25*  
**ODA Attachment Factor**  
*CCDC103*

**IDA defect + MTD**  
**N-DRC**  
*CCDC39*\* ← Worse lung disease  
*CCDC40*\* ←

**EM not done**  
*DNAH1*  
*DNAH8*

**IDA alone defect**  
 No gene identified

**ODA+IDA defects**  
**Cytoplasmic pre-assembly factors**  
*DNAAF1 (LRRC50)*  
*DNAAF2 (KTU)*  
*DNAAF3*  
*DNAAF4 (DYX1C1)*  
*DNAAF5 (HEATR2)*  
*CFAP298 (C21orf59)*  
*CFAP300 (C11orf70)*  
*LRRC6*  
*ZMYND10*  
*SPAG1*  
*PIH1D3 (x-linked)*

**Oligocilia**  
**Ciliary biogenesis**  
*CCNO*  
*MCIDAS*

Most prevalent genes  
 \* in 4-10% of PCD patients  
 \*\* in >15% of PCD patients

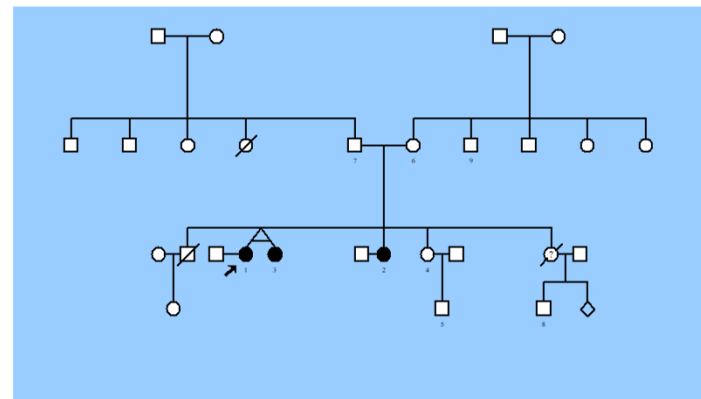
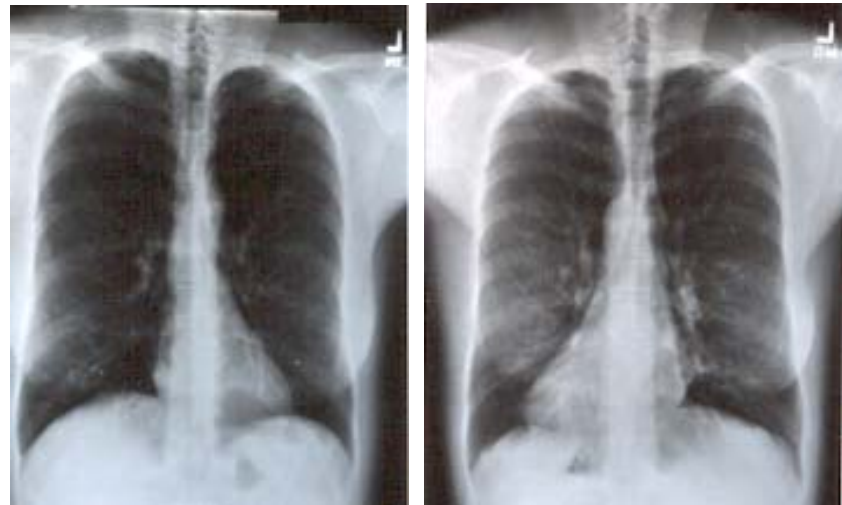
**Normal/Near normal EM**  
**ODA structural protein**  
*DNAH11*\*  
*DNAH9*  
**Central pair protein**  
*HYDIN*  
*STK36*  
**Nexin-link proteins**  
*CCDC164 (DRC1)*  
*CCDC65 (DRC2)*  
*GAS8 (DRC4)*  
**Radial spoke proteins**  
*RSPH1* ← Milder lung dz  
*RSPH3*  
*RSPH4A*  
*RSPH9*  
*DNAJB13*  
**Cilia orientation**  
*GAS2L2*  
**IFT protein**  
*LRRC56*

**PCD + other syndrome**  
**Retinitis pigmentosa +PCD**  
*RPGR (x-linked)*  
**Oro-facial-digital Syn +PCD**  
*OFD1 (x-linked)*

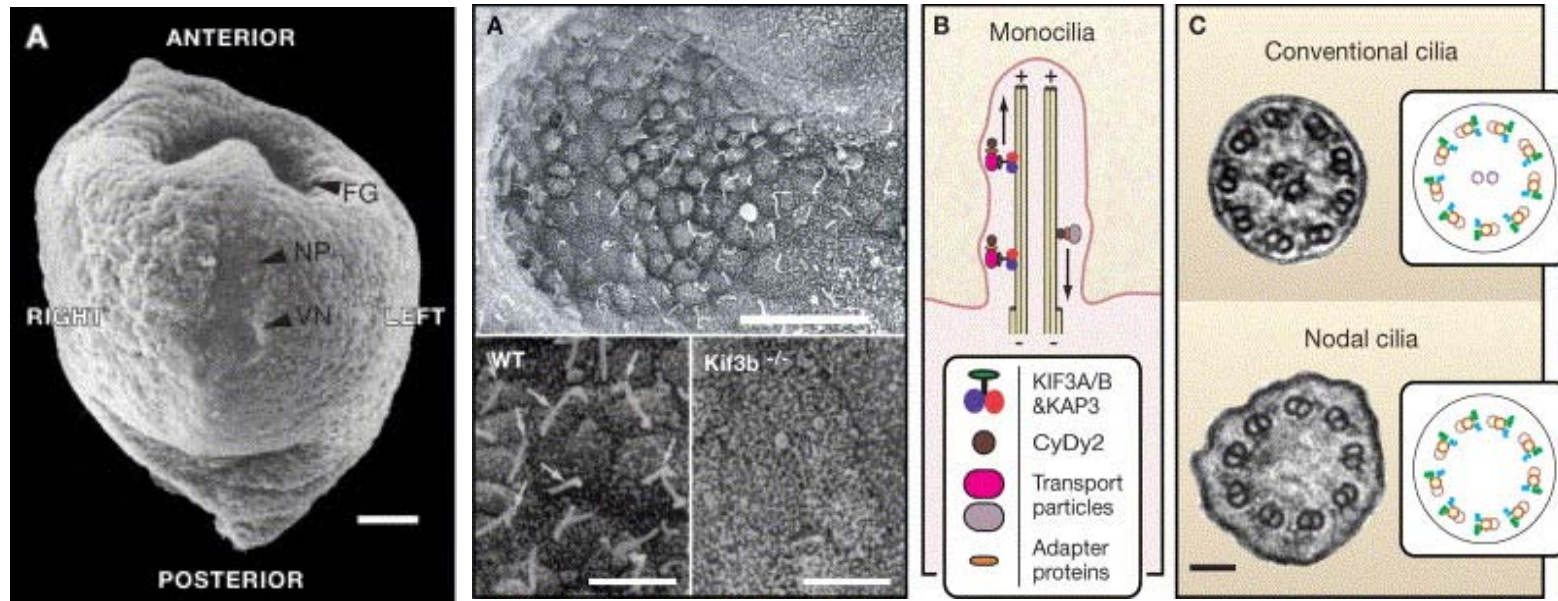
Role of Cilia in Directing Orientation of  
Organs:  
More than Situs Inversus

# Situs Inversus Totalis is Random in PCD: Identical twins with PCD

- Identical (monozygotic) twins with discordant organ sidedness:
  - situs solitus
  - situs inversus totalis
- Supports hypothesis that situs inversus is a random event in PCD



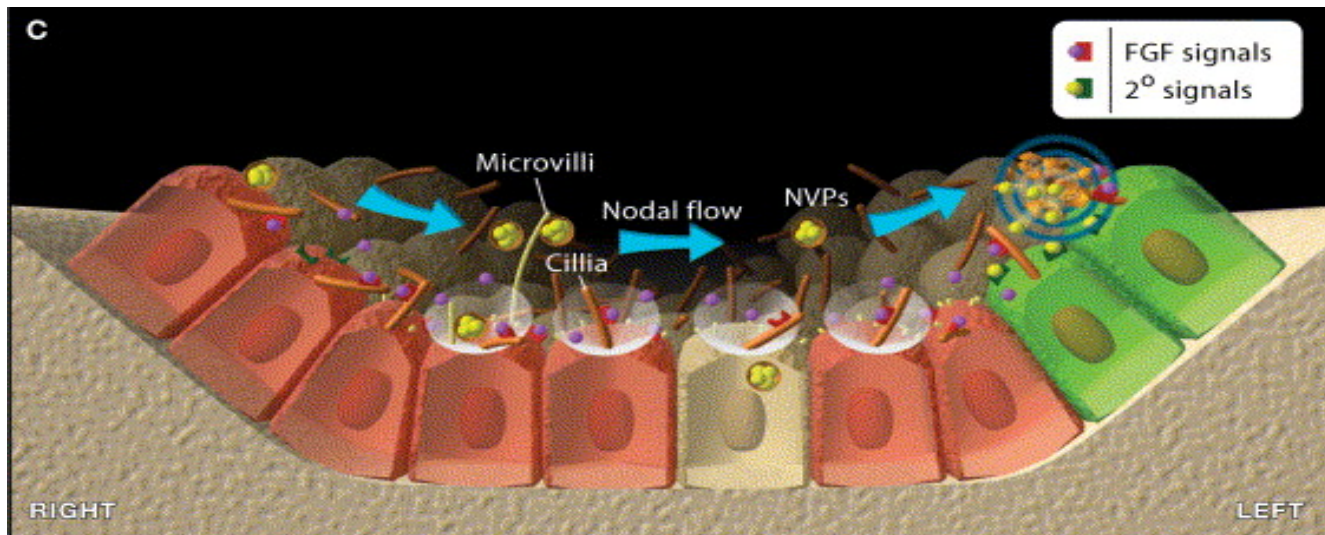
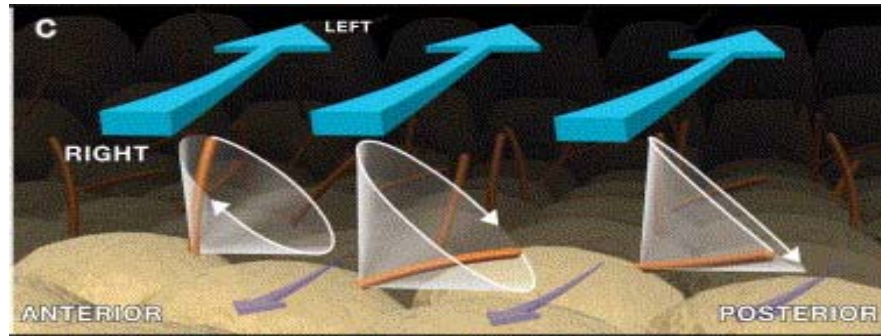
# Nodal Cilia and Left-right Asymmetry



Hirokawa N, Tanaka Y, Okada Y, Takeda S, Nodal Flow and the Generation of Left-Right Asymmetry. *Cell* 125:33-45, 2006



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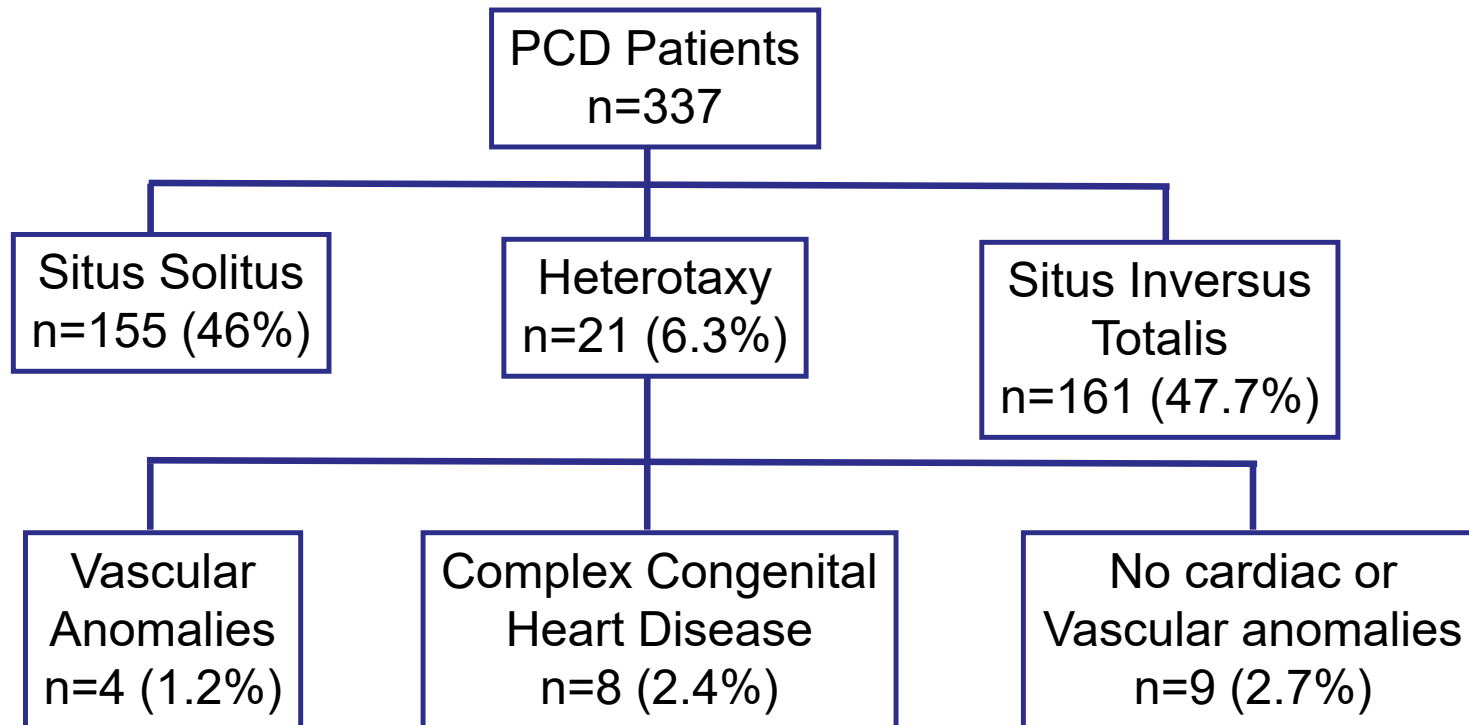


# Congenital Heart Disease and Heterotaxy in PCD

- Background
  - 1982-2005: 3 case reports of PCD with heterotaxy <sup>1-3</sup>
- 2007: International retrospective study of prevalence of heterotaxic defects in PCD<sup>4</sup>
  - 337 PCD patients from 4 countries on 3 continents
    - USA (n=147)
    - Germany (n=128)
    - Canada (n=36)
    - Australia (n=26)

1. Schidlow DV et al. J Pediatr 100: 401-403, 1982
2. Engesath VG et al. Pediat Pulmon 16: 9-12, 1993
3. Schmura K et al. Respiration 72: 427-430, 2005
4. Kennedy MP, Omran H, Leigh MW, Dell S, Morgan L, Molina PL, Robinson BV, Minnix SL, Olbrich H, Severin T, Ahrens P, Lange L, Morillas HN, Noone PG, Zariwala M, Knowles MR. Congenital Heart Disease and other Heterotaxic Defects in a Large Cohort of Patients with Primary Ciliary Dyskinesia, Circulation, 115:2814-2821, 2007

# Congenital Heart Disease and Heterotaxy in PCD



- Retrospective review of clinical data and imaging
- Combined data from Chapel Hill, NC (147), Toronto, Canada (36), New South Wales, Australia (26), Freiburg, Darmstadt & Cologne, Germany (128)

Kennedy MP et al, *Circulation* 115:2814-2821, 2007

# Features Associated with Heterotaxy

## Cardiovascular

- Atrioventricular discordance
- Transposition of great arter.
- Left atrial isomerism
- Right atrial isomerism
- Double outlet right ventricle
- Pulmonary stenosis/atresia
- Single ventricle
- L. vent. outflow obstruction
- Septal defects
- Total/partial anomalous pulmonary venous return
- Interrupted IVC
- Bilateral SVC
- Conduction system defects

## Non-cardiovascular

- Asplenia
- Polysplenia
- Two bi-lobed (left) lungs
- Two tri-lobed (right) lungs
- Biliary atresia
- Abdominal situs inversus
- Thoracic situs inversus
- Intestinal malrotation

# PCD Genotype–Laterality Defect

<p><u>ODA alone defects</u>  <b>ODA structural proteins</b>  <i>DNAH5</i>**  <i>DNAI1</i>*  <i>DNAI2</i>  <i>DNAL1</i>  <i>NME8 (TXNDC3)</i>  <b>ODA Docking protein</b>  <i>CCDC114</i>  <i>CCDC151</i>  <i>ARMC4</i>  <i>TTC25</i>  <b>ODA Attachment Factor</b>  <i>CCDC103</i></p>	<p><u>ODA+IDA defects</u>  <b>Cytoplasmic pre-assembly factors</b>  <i>DNAAF1 (LRRC50)</i>  <i>DNAAF2 (KTU)</i>  <i>DNAAF3</i>  <i>DNAAF4 (DYX1C1)</i>  <i>DNAAF5 (HEATR2)</i>  <i>CFAP298 (C21orf59)</i>  <i>CFAP300 (C11orf70)</i>  <i>LRRC6</i>  <i>ZMYND10</i>  <i>SPAG1</i>  <i>PIH1D3 (x-linked)</i></p>	<p><u>Normal/Near normal EM</u>  <b>ODA structural protein</b>  <i>DNAH11</i>*  <i>DNAH9</i>  <del><b>Central pair protein</b></del>  <del><i>HYDIN</i></del>  <del><i>STK36</i></del>  <del><b>Nexin-link proteins</b></del>  <del><i>CCDC164 (DRC1)</i></del>  <del><i>CCDC65 (DRC2)</i></del>  <del><i>GAS8 (DRC4)</i></del>  <del><b>Radial spoke proteins</b></del>  <del><i>RSPH1</i></del>  <del><i>RSPH3</i></del>  <del><i>RSPH4A</i></del>  <del><i>RSPH9</i></del>  <del><i>DNAJB13</i></del>  <del><b>Cilia orientation</b></del>  <del><i>GAS2L2</i></del>  <b>IFT protein</b>  <i>LRRC56</i></p>
<p><u>IDA defect + MTD</u>  <b>N-DRC</b>  <i>CCDC39</i>*  <i>CCDC40</i>*</p>	<p><del><u>Oligocilia</u></del>  <del><b>Ciliary biogenesis</b></del>  <del><i>CCNO</i></del>  <del><i>MCIDAS</i></del></p>	<p><u>PCD + other syndrome</u>  <del><b>Retinitis pigmentosa +PCD</b></del>  <del><i>RPGR (x-linked)</i></del>  <b>Oro-facial-digital Syn +PCD</b>  <i>OFD1 (x-linked)</i></p>
<p><u>EM not done</u>  <i>DNAH1</i>  <i>DNAH8</i></p>	<p>Most prevalent genes          * in 4-10% of PCD patients          ** in &gt;15% of PCD patients</p>	
<p><u>IDA alone defect</u>          No gene identified</p>		

# Management of PCD Lung Disease

- No published clinical trials to direct evidence-based therapy
- Management based on the “experience” of specialist with chronic lung disease
  - Few centers follow more than handful of patients with PCD

# Management of PCD Lung Disease: General principles

- Enhance airway clearance
- Prevent respiratory infections
- Monitor respiratory cultures and respiratory function
- Treat respiratory infections appropriately
- Avoid exposure to airway irritants
- Maintain healthy lifestyle

Shapiro AJ, et al. Diagnosis, Monitoring, and Treatment of Primary Ciliary Dyskinesia: PCD Foundation Consensus Recommendations Based on State of the Art Review. *Pediatr Pulmonol* 51:115-32, 2016.

## Audience Response Question 3

You are caring for a 7 year old with Primary Ciliary Dyskinesia (PCD). This child's parents inquire about specific therapies for PCD. Which of the following therapies has been tested in randomized, placebo-controlled trials in PCD patients and demonstrated to have clinical benefit?

- A. Recombinant DNase
- B. Hypertonic saline
- C. Suppressive antibiotic therapy with azithromycin
- D. None of the above

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# Priorities for PCD Clinical Care and Clinical Research Centers

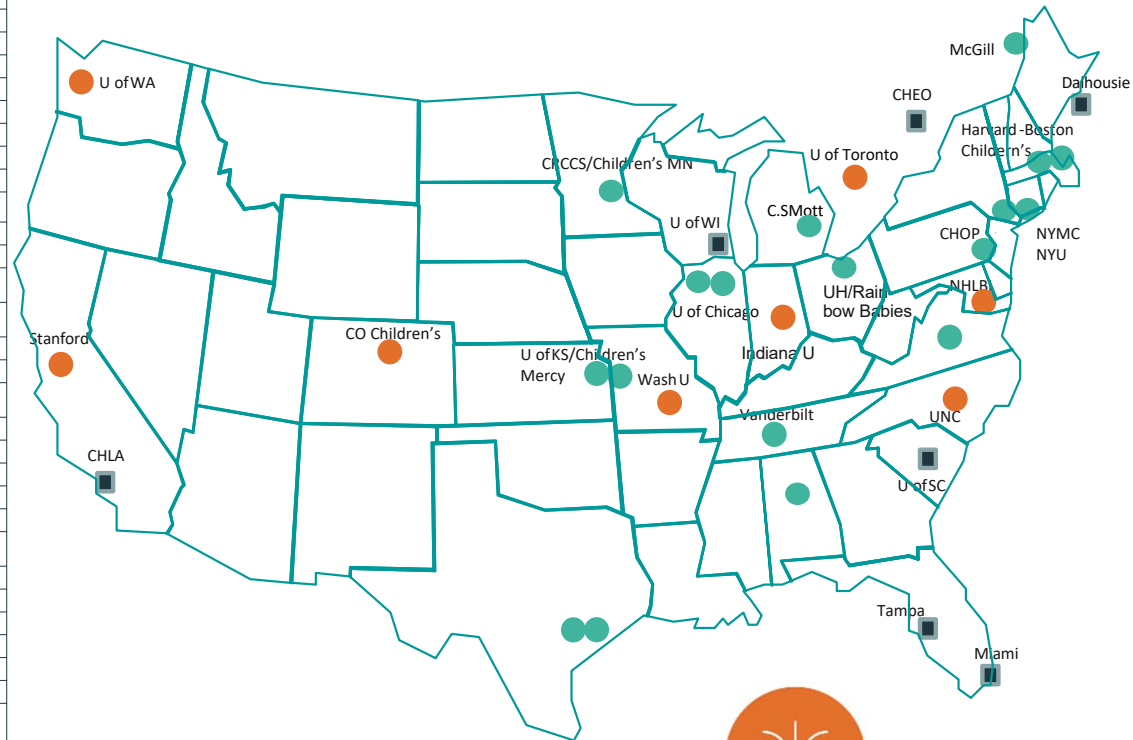
- Create network of PCD Centers of Excellence and Clinical Practice Guidelines
- Make accurate and early diagnosis of PCD
  - Clinical clues / access to diagnostic testing
- Create centralized patient registry
  - Define true prevalence / incidence of PCD
  - Track longitudinal data on large # of PCD patients
  - Identify clinical features linked with prognosis / progression
- Assess outcome measures for clinical trials
  - Lung function/chest CT/ microbiology
  - Health-related Quality of Life Tool for PCD
- Perform clinical trials

# PCD Clinical and Research Centers Network Map

## GDMCC, Full & Affiliate Centers

GDMCC RESEARCH CENTERS	
University of North Carolina	Chapel Hill, NC
NHLBI	Bethesda, MD
Washington University	St. Louis, MO
Colorado Children's Hospital	Aurora, CO
University of Toronto	Toronto, Ontario, CA
Stanford University	Palo Alto, CA
University of Washington	Seattle, WA
Indiana University	Indianapolis, IN
PCDF FULL CENTERS	
Baylor/Texas Children's	Houston, TX
Boston Children's Hospital	Boston, MA
Brigham & Women's Hospital	Boston, MA
C.S. Mott Children's Hospital	Ann Arbor, MI
Children's Mercy Hospital	Kansas City, MO
Children's Hospital of Phil	Philadelphia, PA
CRCCS/MN Children's Hospital	Minneapolis, MN
Lurie Children's Hospital	Chicago, IL
McGill University	Montreal, Quebec
Northwestern University	Chicago, IL
NYMC	Valhalla, NY
NYU/Langone Children's Hosp	New York, NY
UH/Rainbow Babies Hospital	Cleveland, OH
University of Alabama	Birmingham, AL
University of Kansas	Kansas City, KS
University of Chicago	Chicago, IL
University of Virginia	Charlottesville, VA
UT Health	Houston, TX
Vanderbilt	Nashville, TN
AFFILIATE CENTERS	
University of Florida	Miami, FL
Children's Hospital of LA	Los Angeles, Ca
University of South Florida	Tampa, FL
University of Wisconsin	Milwaukee, WI
University of South Carolina	Columbia, SC
CHEO	Ottawa, Ontario, CA
Dalhousie University	Halifax, Nova Scotia, CA

Last Update 4/17/2018



**PCD FOUNDATION**  
PRIMARY CILIARY DYSKINESIA

# PCD Research Teams

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NIH ORD/NCATS/NHLBI  
PCD patients and families

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